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BRIDGE OPENS – Retired Air Force Brigadier General Ronald Rand cuts the ribbon marking the opening of the new Generals Bridge in Quincy Center at an afternoon ceremony Jan. 13. With him are Mayor Thomas Koch (left) and Gov. Charlie Baker.
Quincy Sun Photos/Robert Bosworth

Ceremony Marks Generals Bridge Opening

By SCOTT JACKSON

The new Generals Bridge in Quincy Center is now open to traffic, and one of the men for whom it is named had the honor of being the first to cross the span.

Gov. Charlie Baker, Mayor Thomas Koch and

Ronald Rand, a retired Air Force brigadier general, marked the opening of the bridge at a ribbon-cutting ceremony the afternoon of Jan. 13. Rand was given the honor of cutting the ribbon and was then driven across the bridge in a red Subaru

Outback with his brother, Al, at the wheel and their sister, Dot, in the back seat.

Rand is one of seven generals from Quincy for whom the bridge and nearby Generals Park are dedicated. Family members of the other generals were in atten-

dance for the ceremony, including Joseph McConville, a Navy veteran and the father of James McConville, currently the Army's chief of staff.

Rand said he was honored to be among the gen-

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RETIRED AIR FORCE Brigadier General Ronald Rand waves from a Subaru Outback driven by his brother, Al Rand – the first vehicle to travel the now open Generals Bridge. Riding along in the back seat for the ceremonial first spin along the span is sister Dot Rand.

Construction Of New Public Safety HQ On Hold

By SCOTT JACKSON

Work on the new public safety headquarters that would house both the Quincy Police Department and the administrative offices for the Quincy Fire Department has been put on hold

as the cost of building materials continues to rise.

The new 120,000-square-foot building, which would also house the city's Emergency Management Department, will be built in the

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Road Deaths Down In Quincy, County in 2021

By SCOTT JACKSON

While the number of people killed in car crashes statewide rose by nearly 20 percent between 2020 and 2021, fatalities on the road were down in both Quincy and Norfolk County last year compared to the prior year.

The Massachusetts Department of Transportation recently reported 409 people – drivers, passengers, pedestrians and bicyclists – died as a result of car crashes in 2021, up from 343 in 2020. That is an increase of

66 people, or 19 percent.

The total number of fatalities on Massachusetts roads last year was the highest in any year since at least 2015, the first year for which MassDOT's data is available online.

In Quincy, a total of three car-crash related deaths were reported last year – the fewest since 2018 – according to data available from the MassDOT. There were seven such fatalities in 2020.

Cont'd On Page 11

State Of The City Address Delayed

Mayor To Give Message In February At Earliest

By SCOTT JACKSON

Mayor Thomas Koch's annual State of the City address, which was tentatively scheduled for later this month, has been pushed

back to February at the earliest.

In a recent interview, Koch said his tentative plan to deliver the State of the

Cont'd On Page 14

Manet Announces New Officers, Directors - Page 9
 Real Estate Activity Down In December - Page 10
 Coffee Shop Coming To Quincy Center - Page 11



More Quincy news:
The Quincy Sun.com

Pedestrian/Bicycle Trail Consultants Seek Feedback

The consultant team working with the City of Quincy on the "Presidents Coast: Quincy's Pedestrian Way" project are seeking the public's feedback.

"Presidents Coast" has been envisioned as a city-wide network of pedestrian/bicycle trails that will connect multiple residential neighborhoods to Quincy Center, and shared natural resources like the waterfront and marshes.

The project seeks to study, plan, design and implement a network that takes advantage of existing infrastructure and open spaces throughout the area, enhance physical and ecological conditions of both natural features and built structures, and complete connections with proposed design and engineering solutions.

The completed project would create ADA compliant paths in shared open spaces, implement safe routes to schools for Quincy youth, improve equity of access to waterfront, marshes, and other natural resources for residential neighborhoods, and provide much-needed infrastructure for emergency egress and alternative transportation, including walking or cycling.

With funding from Quincy's Community Preservation Committee, Bishop Land Design, a landscape architecture firm based in Quincy, is working on a master plan and feasibility study for the primary portion of the project. The goal is to understand the community's desires, needs and priorities.

All community members are invited to share their input with the project team by participating in the

CITY OF QUINCY, "PRESIDENTS COAST" STEERING COMMITTEE AND DESIGN TEAM INVITE YOU TO THE

UPCOMING COMMUNITY ENGAGEMENT EVENTS

FOR PRESIDENTS COAST

QUINCY'S PEDESTRIAN WAY
*This is a working title and open to public feedback

To learn more, visit www.bld.partners/presidents-coast
Share your thoughts on social media using #QuincyPresidentsCoast

Questions? Contact info@bld.partners

JOIN US FOR ANY OF THE WALKS AND MEETINGS TO LEARN MORE ABOUT THE PROJECT & TO SHARE YOUR FEEDBACK.

WEDNESDAY JANUARY 26, 2022

COMMUNITY WALK #2
8:30 AM
Germantown Neighborhood Center on Palmer Street

COMMUNITY MEETING #2
6:00 PM
Snug Harbor Elementary School Gymnasium
333 Palmer St, Quincy, MA 02169

WEDNESDAY FEBRUARY 2, 2022

COMMUNITY WALK #3
8:30 AM
Quincy Youth Arena Parking Lot
Passanageset Park Entrance

COMMUNITY MEETING #3
6:00 PM
Broad Meadows Middle School Cafeteria
50 Calvin Rd., Quincy MA 02169

Please follow City of Quincy's public announcements for recommended COVID-19 precautions and potential imposed restrictions. In case of any restrictions on indoor public gatherings, updated information about the meetings will be posted on www.bld.partners/presidents-coast

City of Quincy
BLD BISHOP LAND DESIGN, LLC

upcoming public meetings and community walks. You can also contact the design team by sending an email to info@bld.partners or sharing thoughts using #quincy-presidentscoast on social media.

Citizens are invited to participate in either of these public events to learn more about the project and share their opinion and feedback with the project team.

The following community engagement events are as followed:

Community Walk #2:
Wednesday, Jan. 26, 8:30 a.m., Germantown/Snug Harbor,

Start location: Germantown Neighborhood Center on Palmer Street.

Public Meeting #2:
Wednesday, Jan. 26, 6 p.m., Snug Harbor Elementary School Gymnasium.

Community Walk #3:
Wednesday, Feb. 2, 8:30 a.m., Broad Meadows.

Start location: Quincy Youth Arena Parking Lot,

Passanageset Park Entrance.

Public Meeting #3:
Wednesday, Feb. 2, at 6 p.m., Broad Meadows Middle School Cafeteria.

Follow City of Quincy's public announcements of COVID-19 precautions and potential restrictions. In case of any restrictions on indoor

public gatherings, visit the website <http://www.bld.partners/presidents-coast> for updated information about the meetings.

MassDevelopment Announces Funding For Outdoor Dining Spaces, Pop-Up Parks, Sidewalk Retail, Other Projects

MassDevelopment announces the availability of funding for a new round of the Commonwealth Places program, a statewide initiative that leverages public support for placemaking projects in Massachusetts.

The program funds place-based, community-driven projects that revitalize downtowns and neighborhood commercial districts, such as outdoor dining spaces, pop-up parks and beer gardens, sidewalk retail infrastructure, and more.

"MassDevelopment's Commonwealth Places program provides nonprofits and community groups with the resources to implement creative placemaking projects that draw foot traffic in

our downtowns and commercial corridors," said Housing and Economic Development Secretary Mike Kennealy, who serves as chairperson of MassDevelopment's Board of Directors. "With this new round, I look forward to building on the program's successful track record of increasing activity at local shops, restaurants, and other destinations."

"At the core of economic development is creating places where people want to spend time, belong, and thrive," said MassDevelopment President and CEO Dan Rivera. "Our Commonwealth Places program helps communities improve public spaces to create new economic opportunities for residents and visitors. From public art to pop-up parks to outdoor seating, we're excited to support community-driven placemaking efforts that add vibrancy, connec-

tivity, and foot traffic to cities and towns across Massachusetts."

Nonprofits and other community groups can apply to MassDevelopment for seed grants of between \$2,500 and \$15,000 to fund inclusive community engagement, visioning, and local capacity building that will support future placemaking efforts, or implementation grants of between \$5,000 and \$50,000 to execute a placemaking project. Seed grants must be matched with local funding or in-kind donations, and implementation grants must be matched with crowdfunding donations. Expressions of interest will be accepted on a rolling basis as funds allow at massdevelopment.com/commonwealthplaces.

Applications for Fiscal Year 2023 funding will also be accepted through Community One Stop for Growth, a single application

portal and collaborative review process for community and economic development grant programs that makes targeted investments based on a development continuum.

MassDevelopment will host an informational webinar about the program on Jan. 24. Those interested can register at bit.ly/32LRJtR.

Created in 2016, Commonwealth Places aims to engage and mobilize community members to make individual contributions to placemaking projects, with the incentive of a funding match from MassDevelopment if the crowdfunding goal is reached. Through its first six rounds, Commonwealth Places has launched 132 projects in Massachusetts, with communities crowdfunding more than \$3.1 million and MassDevelopment providing more than \$2.9 million in matching funds.

21 On SNHU President's, Dean's Lists

Twenty-one students from Quincy have received academic honors for the fall semester at Southern

New Hampshire University (SNHU) in Manchester, N.H.

Named to the President's

List are:

Jiajie Mai, Nha Ho, Sierra Brown, Matthew Ruby, Emmanuel Jose, Gabrielle Christensen, Matthew Sweeney, Yin Lok Ng, Leo Cay, Cynthia Lee, Jeremy Krueger, Gabriel Kemp, Kamala Faulder, Michelle Dumas and Christopher Melo.

Named to the Dean's List are:

William Butts, Aisha Khayat, Christina Chase, Maria Arroyave, Lauryn White and Mercedes Garcia-Arias.

Siobhan O'Sullivan On Bucknell Dean's List

Siobhan O'Sullivan of Quincy has been named to the Dean's List for the fall semester at Bucknell Uni-

versity in Lewisburg, PA.

O'Sullivan is a member of the Class of 2024.

More Quincy news:

The Quincy Sun.com

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Rezoning, Tax Relief Among DiBona's Priorities

By SCOTT JACKSON

City councillors could begin the effort to rezone parts of the city to protect neighborhoods from overdevelopment in the coming months, City Council President Noel DiBona said, and he would also like to find a way to give property tax relief to homeowners.

DiBona, age 47, was elected president of the City Council by his peers earlier this month. He is now in his fourth term as an at-large councillor after serving two years on the School Committee.

DiBona discussed his priorities as council president – and his thoughts on the position itself – during a recent interview. He identified rezoning neighborhoods to prevent overdevelopment as his top priority.

“Rezoning is number one. The aesthetics of certain neighborhoods are getting too dense,” DiBona said.

“For myself, as an at-large councillor, there are neighborhoods that I don’t want these high-density developments happening. I don’t want to go over four stories and if we don’t rezone certain pockets of the city then they can go up high and it gets too dense for neighborhoods. These are residential neighborhoods.



NOEL DiBONA
City Council President

“Now, in here (Quincy Center), it is a whole different ballgame. We’re playing by different rules down here. It is commercial-based, and it is the downtown, but in certain areas of the city we need to take a good, hard look at every ward and every area and start to do some rezoning.”

DiBona said he would seek input from the city’s six ward councillors to help determine which neighborhoods should be rezoned.

“I want to work with ward councillors on figuring out what pockets of their ward or what pockets of their neighborhoods we need to take a real look at and have a discussion at the City Council level about rezoning certain areas,” he said.

DiBona added that he is

not opposed to development in places like Quincy Center, but is concerned about overdevelopment in residential areas of the city.

“There is a lot of development going on all over. There are certain areas of the city where we can do that, like right down the street here. We can revitalize this. It’s the downtown. It’s what we’re supposed to do – it’s the economic engine,” he said. “When you start to get into neighborhoods it’s becoming an issue and it is our responsibility as a collective group to figure out what areas we need to rezone.”

The council could kick-off the discussions about rezoning in the coming months, DiBona said; he wants to start that process before the council begins reviewing the budget for the upcoming fiscal year, which typically begins in mid-May.

In addition to rezoning, DiBona said he wants to create a new residential property tax exemption to

provide homeowners with tax relief; Councillors Brian Palmucci and Nina Liang had introduced legislation to create a residential tax exemption in January 2020, but the matter was put on hold amid the pandemic.

“Property tax exemption is my second-biggest goal,” DiBona said. “Long-time property owners, folks who’ve lived here for a long time, maybe giving them some type of a rebate program. Say for instance this year it was a \$230 increase, giving them a \$230 check or like a rebate.”

“There would be a qualification schedule or dynamics of living here a certain amount of time and you would get that as a credit basically – either a credit or a check that would go to you,” DiBona added.

“We’ve been talking about it for a few years. We want to reintroduce it, we want to get it back on there so we can help out those folks.”

“Property values have obviously increased...ev-

ery time a house sells in the neighborhood, the properties are going up, the price. It’s been tough to lower that tax rate to make that even point.”

As council president, DiBona said it would be important for him to both work with his eight colleagues to help them advance their goals and work to advance his own goals.

“I think a combination of both – a combination of both entities, listening to other councillors and what their agenda items are as well as facilitating some of the agenda items I think are important and working together collaboratively, not only with my fellow colleagues but with the mayor and department heads,” DiBona responded when asked how he saw his role as president of the council. “That is very important, to be working with department heads on moving the city forward.”

“The needs and concerns of the residents are key – what are they talking about

that we need to improve in,” he added. “There’s always room for improvement – what areas can we do that in – and working as a group we all do our part. We all bring something to the table.”

As council president, DiBona said it would also be important for him to be “challenging other councillors, challenging the mayor, challenging department heads for our end goal to make Quincy better.”

“That’s kind of my big message – let’s make it better,” he said. “Let’s go to the next level. Let’s not be for mediocrity or average. Let’s strive for excellence. That’s kind of my mindset.”

“Growing up here in the city of Quincy and seeing it evolve, I want it to be a special place to work or raise a family, to be good citizens and have a safe city – a safe city where you know that everybody is looking out for each other,” DiBona continued.

“We’re a city with a small-town feel. I want

Cont’d On Page 11

Pianist Roman Rudnytsky Concert At Library Jan. 23

Pianist Roman Rudnytsky will perform in concert Sunday, Jan. 23 from 3 to 4 p.m. at the Thomas Crane Public Library’s historic Richardson Building. The event will also be livestreamed to the library’s YouTube channel.

Rudnytsky is an American pianist of Ukrainian background who has been performing concerts around the world for many years. Born in New York and a graduate of the Juilliard School, he has now played in 100 countries.

He was prizewinner in 10 international and national competitions, been soloist with many orchestras around the world (playing around fifty different works for piano and orchestra with them), has played concerts and conducted master class-

es in 35 countries through US embassies and consulates (with repeat visits to many), and played recitals on 70 cruises of Cunard and P&O ships.

In addition to his concertizing, Rudnytsky also was a university professor of piano and music for many years, mostly at Youngstown (OH) State University--Dana School of Music--from which he is now retired and is “Professor Emeritus.”

Note that capacity for the Jan. 23rd concert will be limited and masks are recommended. Doors will open 15 minutes before the start of the program.

The event is sponsored by the Friends of the Thomas Crane Public Library.

For more information on this event visit the library’s Events Calendar.

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Moments in time

THE HISTORY CHANNEL

• On Feb. 1, 1884, the first portion of the Oxford English Dictionary (OED) is published. Originally begun in 1857, it was estimated the project would take 10 years to finish. In fact, it took over 40 years. The OED covers all vocabulary from the Anglo-Saxon period (1150 A.D.) to the present.

• On Feb. 2, 1913, New York City's Grand Central Terminal opens for the first time. The terminal, with a towering white marble facade, took 10 years to construct and more than \$4 billion in today's money. It needed a \$100 million restoration starting in 1980.

• On Feb. 5, 1937, President Franklin Roosevelt announces a plan to expand the Supreme Court to as many as 15 judges. Critics immediately charged that Roosevelt was trying to "pack" the court and thus neutralize Supreme Court justices. The Senate struck down the bill by a vote of 70 to 22.

• On Feb. 3, 1959, rising American rock stars Buddy Holly, Ritchie Valens and J.P. "The Big Bopper" Richardson are killed when their plane crashes in Iowa. Singer Don McLean memorialized the musicians in the 1972 hit "American Pie," which refers to "the day the music died."

• On Feb. 6, 1985, in his State of the Union address, President Ronald Reagan defines some of the key concepts of his foreign policy of supporting freedom fighters around the globe. These included covertly supporting the Contras in their attacks on the leftist Sandinista government in Nicaragua.

• On Jan. 31, 1990, the Soviet Union's first McDonald's fast-food restaurant opens in Moscow. Throngs of people lined up to pay the equivalent of several days' wages for Big Macs, shakes and french fries.

• On Feb. 4, 2004, a Harvard sophomore named Mark Zuckerberg launches The Facebook, a social media website he had built in order to connect Harvard students with one another. The previous year, he had created FaceMash, a website where students could vote on which of two randomly selected Harvard women was more attractive, quickly running afoul of both the administration and several women's groups. (c) 2022 Hearst Communications, Inc.

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Called "ladybug" or "ladybeetle" in the United States, this garden favorite is called glückskafer in Austria, slunéčko in Czechoslovakia, leppäkerttu in Finland, paskalitsa in Greece, lieveheersbeestje in Holland, coccinella in Italy, tentou mushi in Japan, kumbang in Malaysia, biedronka in Poland, pikapolonica in Slovenia, mariquita in Spain and ilisikazana esincane in Zulu.

Source: www.celticbug.com

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Sen. Keenan Reflects On 2021 Highlights Statewide Housing, Transportation Policies, Local District Needs Among Sen. Keenan's 2022 Priorities

Sen. John F. Keenan says he will continue to focus on local needs, public health, transportation, and housing as the Massachusetts State Senate enters the new year.

"Following the work of my office and the Legislature in 2021, I look forward to continuing our work on behalf of the people of Abington, Braintree, Holbrook, Quincy, and Rockland in 2022," Sen. Keenan said. "Over the last 12 months, we turned the challenges and obstacles of the pandemic into opportunities to support all the residents of the Commonwealth, particularly the most vulnerable and to make important investments in our future."

The Legislature passed a \$48.1 billion budget for fiscal 2022, as well as a \$4 billion plan to allocate and invest the federal funds from the American Rescue Plan Act and state surpluses this past year. As a member of the Senate Ways & Means Committee, Sen. Keenan advocated for local priorities, infrastructure, behavioral health, and housing matters as the bills were being considered in 2021, while also advancing his own legislative priorities. This session, Sen. Keenan sponsored more than 60 bills and cosponsored roughly 140 more.

"I am proud of the work I did in conjunction with my Senate and House colleagues and look forward to all the progress we will make in the new year," Keenan said. "I will continue to work every day on behalf of residents of the Norfolk and Plymouth District, as well as the rest of Massachusetts."

Fiscal Year 2022 Budget

Because projected state revenues ended up exceeding preliminary estimates, the \$48.1 billion FY22 budget allocated additional funding for priorities like the \$350 million trust fund for the Student Opportunity Act passed in 2019. An additional \$250 million helped reduce the Commonwealth's pension liability by \$690 million over the next 15 years. The budget also committed substantial funds to the Commonwealth's stabilization (rainy day) account, with an expectation that by the end of the fiscal year the account could reach nearly \$5.7 billion, ranking Massachusetts as having the third highest such fund in the nation.

The Legislature undertook these initiatives, as well as increasing funding for workforce development and public education, without increasing taxes. Locally, the budget includes more than \$120 million for communities in the Norfolk and Plymouth Senate District to support vital local priorities like schools, police, fire, public works, libraries, veterans, and seniors.

ARPA Bill

The Commonwealth used funds received from the federal government as well as state-generated surplus revenues to cover expenses incurred by the pandemic and programs already in need of support prior to COVID-19.

Roughly \$500 million allocated in the ARPA spending bill replenished the Commonwealth's Unemployment Insurance Trust Fund. Other major investments tied to COVID-19 include \$260 million to relieve financial strains facing community hospitals hardest hit by the pandemic, \$200 million for local and regional public health systems, and \$400 million to broaden mental and behavioral health resources throughout the Commonwealth.

A total of \$115 million will produce below-market value housing to expand the Commonwealth's residential supply. Another \$115 million will fund new and improve existing rental housing; \$150 million will backstop permanent supportive housing; and \$150 million will address longstanding infrastructure problems in public housing throughout the Norfolk and Plymouth district and across the Commonwealth.

Economic development investments include \$100 million for enhancing workforce training opportunities and \$75 million in grants to small businesses.

Legislation

Sen. Keenan filed and cosponsored bills in 2021 spanning a broad variety of issues.

"Most of the bills I filed have had a public hearing," noted Keenan, "and now we will focus on moving them to the next stage of the legislative process."

His legislative priorities include:

\$782 - More Affordable Care "MAC" Act

Drafted in response to rising co-pays, deductibles, and insurance premiums, Sen. Keenan collaborated with Health Care For All to file this bill that would greatly alleviate expenses for all patients by eliminating cost-sharing for treatments for diabetes, asthma, hypertension, coronary artery disease, congestive heart failure, opioid use disorder, bipolar disorder, and schizophrenia. This bill would especially help patients of color and members of low-income

communities who are disproportionately affected by high co-pays and deductibles. This important bill will also help local small businesses by creating a reinsurance program to lessen expenses for business owners and expand coverage options for their employees.

\$686 - Multiple Sclerosis Bill

For years, Sen. Keenan has advocated on behalf of Massachusetts residents living with multiple sclerosis (MS) who experience setbacks in their treatment and care when their insurance changes.

Nerve damage experienced through MS is permanent, leading to side effects that patients can struggle with for the rest of their lives. Access to medication can help, but changes in insurance formularies and plans can often take a patient off a working medication in favor of a new one. Once passed, this bill would ensure MS patients could remain on helpful treatments regardless of changes in their insurance.

\$1294 - Drug Stewardship Program

Frighteningly often, opioid addiction begins at the medicine cabinet. Through the successful drug stewardship program, the Commonwealth has a mechanism in place to collect and properly dispose of unused medication, thus preventing them from falling into the wrong hands. A recent collection by the Quincy Police Department resulted in the eradication of more than 300 pounds of prescriptions.

Funding by drug manufacturers for this highly beneficial program would have ceased at the end of 2021, so Sen. Keenan worked with his legislative colleagues to extend their funding responsibility for another five years. He will continue to advocate to make this program—and drug manufacturers' responsibility—permanent.

\$1289 - Meth and Stimulant Use Commission

As part of the continued fight against substance use disorder, Sen. Keenan advocated for the creation of a Commission on Methamphetamine Use to scrutinize how this substance impacts residents and treatment resources.

"Public health and medical workers, treatment providers, and first responders across the Commonwealth have seen an uptick in the use of methamphetamine and other illicit stimulants," said Keenan. "We have to better understand recent trends and respond with best practices for prevention, harm reduction, and treatment."

Getting this legislation approved marked a bittersweet occasion. On the one hand, the Commission will highlight many harsh new realities of addiction, but on the other the compilation of valuable addiction data will help us develop strategies for how best to tackle the rise in use.

The Commission began meeting in 2021 and should file its final report, which could shape future legislative efforts, in 2022.

\$1452 - Recovery Coaches

While the road to recovery challenges those dealing with substance use disorder, the right people and programs can help make this undertaking easier. Numerous advocates have identified recovery coaches — healthcare professionals personally assigned to aid people in the recovery process — as measurably reducing relapses. Unfortunately, a lack of professional certification and insurance coverage for the services they deliver means that the wages paid to these essential providers are not adequate, resulting in too few people entering the field.

Legislation Sen. Keenan filed will allow for certification of these coaches, which, in time, will increase wages and expand the number of recovery coaches available.

Committee Work

As chairperson of the Joint Committee on Housing, vice-chairperson of the Joint Committee on Transportation, and a member of six other Senate committees, Sen. Keenan reviewed, researched, and voted on hundreds of pieces of legislation in 2021.

In addition to its work in allocating ARPA funding, the Housing Committee focused on rental assistance and the Commonwealth's approach to evictions. The Committee devoted its entire August hearing to a pandemic-focused agenda including the COVID Housing Equity Bill, which Sen. Keenan co-sponsored.

Following the resignation of Senate Transportation Chair Joseph Boncore, Sen. Keenan, as Vice Chair, worked closely with House Transportation Chair William Straus to set agendas and run committee hearings. In 2021, the committee reviewed more than 350 bills over nine hearings.

As a member of the Joint Committee on Ways and Means, Sen. Keenan played a crucial role in determining how the Commonwealth should best spend the public funds at its disposal.

Cont'd On Page 5

Chief of Staff Mark Stenhouse. This session also saw the passage of several bills.

Scenes From Yesterday



JONAS ENGLUND, proprietor of this auto service station at 470 Southern Artery, published this 1934 postcard. Englund first operated a tire repairing business here and then bought out an adjacent auto repairing shop. He then took on the Sunoco brand of gasoline and motor oil and provided all types of auto services as shown by the various signs. The shop was next to the

Quincy Police Station until Broad Street was built in the 1940s and separated them. In the left background, beyond the two Model A Fords and the tree, can be seen the old City Home, now the site of Father Bill's Place. Englund's site is home today to a Pearle Vision Eyecare Center, directly across the artery from McDonald's.

From the Tom Galvin Postcard Collection

Quincy's Yesterdays

This Week
1983
39 Years Ago

Nicastro Succeeds Golden As Solicitor

Atty. Dean Nicastro has been named City Solicitor of Quincy effective Feb. 7, succeeding William B. Golden who resigned to return to private practice.

Appointment of the 30-year-old Nicastro, who has been an assistant city solicitor since February, 1982, was announced by Mayor Francis X. McCauley.

At the same time, McCauley announced he was moving the city's equal opportunity administrator, Joseph A. "Jay" MacRitchie, into Nicastro's old position of assistant city solicitor.

Nicastro, a summa cum laude graduate of Harvard College and Harvard Law School, served from 1978 to 1982 as a trial attorney in the eminent domain utilities division of the attorney general's office.

\$1,885,000 REVENUE BOND

SOUGHT FOR PILGRIM PLAZA

The Pilgrim Plaza \$1,885,000 industrial revenue bond would be used to finance a new mini-mall at the corner of Quincy Avenue and Scammell Street. It was referred to the council's finance committee.

Approval by the city council would enable the developers, a Boston group, to borrow funds at below market rates since financial leaders can collect interest on the bonds free of federal taxes. Both city and state approval of such bonds are necessary.

QUINCY-ISMS

The Quincy Sunbeams column reported that City Clerk John M. Gillis is not going to run for mayor in 1983 . . . **Rev. John J. McMahon**, pastor of St. Mary's Church, West Quincy, was honored at a testimonial Mass and dinner in observance of his 40th anniversary as a Catholic priest . . . **Patricia Toland**, city councillor at-large and former school committee member, was the featured guest on Quincy Community Television Channel 3 . . . **Edie's Sweet Shoppe**, 550 Hancock St., Wollaston, was opening a six-week diploma course in cake decorating. "We make cake decorating fun and easy." . . . **Robin Starck**, daughter for Mr. and Mrs. Edward C. Starck, 19 Phipps St., South Quincy, won academic honors for the fall semester at Lesley College in Cambridge. . . **Mrs. M. Jane Mudge, R.N., M.Ed.**, health promotions nurse at Quincy City Hospital, led a program entitled "How to Measure Stress." The program was held at the hospital. . . The Luciano Room, 211 Sea St., Quincy, was offering senior citizens one of five full course dinners for only \$4.95. . . **Dorothy A. Lee**, first director of volunteers at Quincy City Hospital, died at the hospital. . . **Rev. Cornelius Heery**, pastor of Sacred Heart Church, North Quincy, delivered the address of welcome during an Epiphany Feast of Lights. Nine area churches participated in the event. . . **Margaret Davidson**, director of the adoption program at the Protestant Social Services Bureau, 776 Hancock St., Wollaston, reported 23 children had been placed in permanent homes by the agency since 1975. . . The Quincy Junior College basketball team bounced Bunker Hill Community College by a margin of 102 to 86. **Coach Brian Buckley** noted that **Steve Belcastro** paced QJC with 27 points. The college's record stood at 12 and 4. . . The Quincy High School wrestling team won three recent victories to improve its record to 9-0. **Carmen Mariano** was the Presidents' coach. . . The Quincy Sons of Italy Lodge was planning an Italian Festival to benefit the United Cerebral Palsy Association. The event will be held at the lodge, 120 Quarry St. . . **Norfolk County Sheriff Clifford H. Marshall** was the honorary chairman of Norfolk County's Fight Against Leukemia. The group was planning a Feb. 5th dance at the Fore River Club House to raise funds for Leukemia Research. . . "An Officer and a Gentleman" starring **Richard Gere** and **Debra Winger** was playing at the Wollaston Theatre. . . The Crust and Crumb Bakery, 110 Willard St., West Quincy, was offering: Italian bread at \$.69 a loaf and whole wheat bread at \$.79 a loaf. . . **Coach Lou Tozzi's** North Quincy Raiders' track team improved its record to three wins and one loss with a 52-34 victory over Brookline.

Lunar New Year Festival Postponed To Virtual Celebration Feb. 20

Due to the recent increase in COVID-19 cases, Quincy Asian Resources, Inc. has postponed the 34th Annual Lunar New Year Festival to a virtual celebration on Sunday, Feb. 20th.

"While we hoped to be able to celebrate in person, the health of our community, staff, volunteers, and attendees is our top priority and we have decided a virtual event is safe

est at this time. More program details will be announced in early February," QARI President and CEO Philip Chong said in an email Friday (Jan. 14). "We look forward to seeing you virtually on Feb. 20th to welcome the Year of the Tiger! Wishing you a safe, healthy and happy new year from the QARI team," Chong added.

Markey Applauds FERC Announcement To Reconsider Compressor Station Authorization

Sen. Edward J. Markey (D-Mass.), chairperson of the Environment and Public Works Subcommittee on Clean Air, Climate, and Nuclear Safety, released the following statement after the Federal Energy Regulatory Commission (FERC) announced it will reconsider the authorization of the Weymouth Compressor Station in Weymouth near the Quincy line.

The facility has been plagued by unplanned gas releases and shutdowns since it began operating in 2020. Last April, Sen. Markey wrote to FERC in response to its request for a paper briefing on the rehearing request, urging the Commission to rehear and rescind the station's in-service authorization.

"The Weymouth compressor station is a clear threat to our communities and the environment and does nothing to address energy reliability in Massachusetts. I am pleased that FERC has finally heeded my repeated calls to revisit the unwarranted approval of this dangerous project," said Sen. Markey. "Local community members and environmental justice advocates have long opposed this project, and its repeated emergency gas releases and shutdowns have only given credence to their concerns. This facility exports fossil gas for profit while importing new dangers to families in Weymouth and the surrounding area. I look forward to continuing to work with the Weymouth community and the

dedicated activists to ensure that FERC does the right thing and finally shuts this project down for good."

In February 2021, Senators Markey and Elizabeth Warren (D-Mass.) and Rep. Stephen Lynch (MA-08) whose district includes Quincy wrote to FERC urging the expeditious approval of the rehearing request for the in-service certificate issued for the Weymouth compressor station.

Following the second emergency shutdown of the station in October 2020 due to two unplanned gas releases, Canadian energy company Enbridge announced it would pause activities at the Weymouth site. In December 2020, against the urging of Sen. Markey, the federal government authorized Enbridge to restart operations. After the third unplanned gas release in April 2021, just days after Senator Markey visited the station, he again urged FERC to approve the rehearing request and called on PHMSA to immediately investigate the release and pause operation of the gas station. In May 2021, the Weymouth Compressor Station was shut down for the fourth time in less than a year.

Last year, Senators Markey and Warren introduced the COMPRESSOR Act, which would block construction or operation of any compressor station built as part of a pipeline project to export natural gas — as the Weymouth station would, with plans to export natural gas to Canada.

Sen. Keenan Reflects On 2021 Highlights

Cont'd From Page 4
Office Changes

Sen. Keenan's office welcomed three new staff members and celebrated the promotion of an existing staff member in 2021. After working six months as communications director, Morgan Simko transitioned into her current role as Legislative Director, which has her working closely with new Chief of Staff Mark Sternman. This summer also saw the

hiring of Legislative Aide Doug Newton and Communications Director Peter Jasinski. Doreen Bargoot continues to serve as Sen. Keenan's Constituent Services Director.

"The second half of this legislative session promises to be quite busy," said Keenan, "and I look forward to working with my legislative colleagues and the Governor to keep the Commonwealth moving forward during these unprecedented times."

583 Students On Central Middle School Honor Roll

Five hundred eighty-three students are listed on the first term honor roll at Central Middle School.

HIGH HONORS

Grade 8: Tristan J. Andre, Queenie Au, Isabel M. Barrios, Nathaniel C. Baryza, Salma Belmekki, Ramona F. Bentzel, Arber R. Beqo, Amy C. Bernard, Tyler K. Boie, Aubrey A. Campbell, Anson Chau, Brendan Chen, Brian X. Chen, Emily Chen, Lily Chen, Sophia J. Chen, Tracy Chen, Willa Z. Chen, Elmira C. Cheung, Nipun Chitluru, Patrick C. Clifford, Amelia E. Crowley, Anna E. Crump.

James A. D'Angelo, Alexandra M. Darcy, Alexandra H. Demopoulos, Madeline N. Dolinski, Henry Duong, Sophia L. Edwards, Audra R. Eshelman, Elizabeth M. Evans, Madison P. Evans, Rida Fatima, Emanuel R. Ferreira Germano, Joshua Ferrini, Kate O. Foley, Aiden S. Gao, Edward A. Giza, Jonathan Guan.

Isabel F. Hagstrom, Sophie M. Hagstrom, May-sie G. Henderson, Eliza A. Henry, Robert J. Hickey, Manlin Hu, Haley Huang, Mark T. Ibrahim, Kiara J. Ikonomi, Daniel Jiang, Lola K. Kelly, Logan A. Lai, Chloe T. Lam, Alex V. Le, Andrew V. Le, Huy D. Le, Michael H. Lee, Esther Lee.

Anna Li, Belle Li, Hao Chen Li, Sarah K. Li, Yufei Li, Ziyi Li, Jingxin Liang, Angelina Lin, Angelina S. Lin, Donald Lin, Emily Lin, Jason Lin, John Lin, Aaron J. Liu, Ethan X. Liu, Edward W. Louie, Marko Mano, Iyanna V. McGee, Tara G. McPhillips, Dylan A. Mercado, Alvin N. Mui,

Maeve E. Murray.

Rosalie M. Neal, Rileigh J. Neil, Kevin Ngu, Anh M. Nguyen, Nathan H. Nguyen, Thienan V. Nguyen, Thienhan M. Nguyen, Alvin Nikolla, Sophia M. Pacioretti, Drini L. Panariti, Casey G. Perdios, Ella L. Pettigrew Lynch, Caroline Pham, Mary Louise Prono, Yu Fun Qiu, Ana C. Rocha Ribeiro, Ashanti N. Rosa, Cyrus Ru, Tingting Ruan.

Solana A. Selinger-Battista, Ryan H. Shuman, Beia L. Sizemore, Amelija M. Slezas, Maeghan C. Smith, Lucas G. Snow, Audrey R. Tallent, Victor Teng, Jenny Tian, Maya I. Tittel, Wilson To, Timothy M. Toland, Natalie Tom, Vivian Tran, Winnie Tran, Anh T. Tran-Nguyen, David Vu, Lanna Wei, Matthew Weng, Ryan M. Wirtz, Ethan Y. Wong.

Helga Xhillari, Kyle Xie, Ethan X. Xu, Yilang Yan, Luxi Ye, Hannah S. Young, Ryan Zeng, Jerry Zhang, Mendel Zhang, Justin Zhao, Tyler B. Zhao, Brian Zheng, Carol Zheng, Leah J. Zheng, Lydia Zheng, Sophia S. Zheng, Jonathan Zhu, Nikkie J. Zhu, Peter E. Zou, Julia A. Zynda.

Grade 7: Ryan A. Ahmeti, Jonas H. Ala, Oday Al-sadeq, Oliver F. Anderman, Luiza B. Baiense, Semaj J. Bell, Elle S. Bleton, Kai A. Bokulich, Arvi D. Bostani, Molly B. Bramlett, Gavin P. Brown, Emily M. Burns, Madyson G. Cassidy, Lailah Castillo Sanchez, Anderson Chen, Annie Chen, George X. Chen, Ryan Chen, Selina X. Chen, Sophia Y. Chen, Lucas Chiang, Grace K. Chiou, Cheuk Yat Cho.

Olivia G. Clifford, Jonathan Cole, Patrick J. Connor, Elizabeth A. Cordero,

Ada M. Cote, Gerald Cuni, Joseph F. Cuniff, Quinn M. Danick, Darwin V. Dao, Emily D. Davis, Elizabeth L. Dawe, Evelyn R. Dawson, Erick P. Delima, Nicholas M. DiBlasi, Brendan T. Duddy, Elijah M. Epter, Aramis X. Fernandez, Patrick J. Ferolito, David M. Flannery Jr., Samantha R. Foley, Tyler J. Gao, Bridget F. Gilmartin, Kevin R. Greene, Riley M. Greene, Kaelen Q. Griego, Garret M. Griffin, Christine M. He, Anya S. Healy, Meghan T. Hoang, Nora A. Hopkins, Melinda M. Huang, Mackenzie R. Ilacqua, Lyla V. Johnson, Bridget H. Kelley, Mia D. Klingentsein, Joseph W. Knox.

Steven B. Lau, McKenna L. Lawton, Ngan T. Le, Junjie Li, Yingjie Li, Catherine Y. Liang, Derrick Liao, Kristy Lin, Tammy Lin, Gabrielle E. Linkiewicz, Oscar Liu, Sophia Liu, Myshtee R. Malavia, Katherine P. Manning, Dante A. Marinilli, Eli J. Matteson, Sydney M. Maynard-Kirby, Amanda R. McClory, Aubrey J. McCoy, Molly F. McLaughlin, Jacky Mei, Lan Fang Mei, Arthur E. Miller, Rashad A. Montrose, Zoe A. Moy, John T. Mullen.

Blake E. Nelson, Zoe A. Nelson, Alice M. Nguyen, Evan P. Nguyen, Vivian T. Nguyen, Lukin W. Nims, Madelyn F. O'Donnell, Grady D. Ober-ton, Ifeanyichukwu N. Onwunaka, Chloe E. Osborne, Junlong Pan, Laurita M. Pan, Lakshiga Periyasamy, Eamon S. Pint, Audrey A. Plumb, Maeve K. Powers, Yash Prakash, Caroline R. Pritchard.

Myles J. Ryan, Ryan T. Sampson, Georgina L. Scott, Tyler C. Sharkey, Emily E. Smith, Natalie E. Smith, Kyle S. Solano, Dennis L. Stankov, Yijian Sun, Julia Tacelli, Cate O. Tallent, Gavin Tang Yu, Aviva M. Tarsky, Ryan L. Thong, Matthew Tian, Elena G. Townsend, Annabelle H. Tran, Kaylin T. Tran, Quang Hai Long Tran.

Therese Williams, Matthew W. Wong, Stella Q. Wong, Isaac J. Wu, Jensen H. Wu, Zihang Xia, Libby Xu, Nicole Xu, Ivan Y. He, Brian N. Zhang, Cindy Y. Zhang, Kristen K. Zhang, Terry Y. Zhang, Jinjun Zhao, Arthur Zheng, Brenda Zheng, Jefferson Y. Zheng, Danny Zou, Nathan Zou, Xin Lei Zou, Xin Tong Zou.

Grade 6: Syed A. Ahmed, Gia K. Albert-Westland, Ronald V. Alexis, Anna F. Allard, Vibha Arun, Lucinda M. Bentzel, Sabantha Boie, Aidan J. Brophy, Margaret R. Brown, Stephanie Chan, Abheri Chanda, Aaden I. Chen, Ivy Y. Chen, Joshua H. Chen, Miao En Chen, Raymond X. Chen, Terrence Chen, Amanda Cheong, Jayden C. Choi, Grace E. Conlon, Maeve S. Connor, Nicholas K. Cook.

Nicholas J. D'Angelo, Naraya R. Dasilva, Isabelle Demo, John J. Demopoulos, Keira Deng, Lyla A. Egan, Mason R. Eldredge, Emma C. Enos, Joana Fang, Luke H. Feldman, Cora R. Fisher, Finn M. Gendron, Iman Habib, Liam J. Harrington, Soren D. Hickman, Isabella R. Huang, Xinyue N. Huang.

Makayla B. Joyce, Brendan M. Kearns, Madeleine A. Keleher, John H. Kennedy, Kenneth M. Kirby Jr., Emily W. Ko, Vish-

nu Charan Kodavaluru, Gautham Kurapati, Zoe A. Kyranis, Rayna C. Law, Oliver C. Lebo, Crystal Li, Kaitlyn Li, David W. Liang, Xujie Liang, Chen Shi Lin, Chloe Lin, Emma Lin, Lindsay Lin, Sarah Lin, Emerson S. Lutts.

Kayleigh M. McCarthy, Henry A. McDuffus, Adriana E. Melo Rodriguez, Sara Mile, Zainab A. Mohamed, Madison E. Moye Emerson, Cooper A. Nelson, Sophie E. Nelson, Heidi N. Nguyen, Aletheia H. Nii-Aryee, Molly J. Perdios, Rithwik Prattipati, Nina K. Prono, Angel Rathore.

Laela J. Serjani, Daniel Sollomoni, William K. Southworth-Mahoney, Adam Tran, Liam B. Triplett, Ahryanah J. Vatalaro, Davion N. Vu, Samantha C. Vukosa, Jacob I. Weng, Christopher M. Witham Jr., Kole C. Wong, Jacqueline N. Wu, Jasmine Wu, Jayden M. Wu.

Darren X. Xu, Jason Xu, Huining Xue, Jacky Yang, Jason Yang, Ayaan Zareen, Annabel Zeng, Melody Zeng, Emily Zhang, Heng N. Zhang, Victoria M. Zhang, Angel Zhao, Raymond N. Zheng, Yeewong Zhong, Brian Zhu, Christopher Zhu.

Honors

Grade 8: Leo A. Baez, Ronan W. Brown, Patrick R. Bryan, Josie Y. Chan, Cherlin Chen, Hanlei Chen, Johnny W. Chen, Vincent Chen, Zhiming Chen, Zoe Chui, Lila V. Cook, Lacey M. Copp, Ellie M. Crump, Aine B. Egan, Kieran P. Feldman, Ellen J. Fin, Ana Gilaj, Connor M. Green, Aniya Groomes.

Ashlee K. Helfrich, Gretchen S. Himmer, Nicole Jiang, Jonathan W. Keane, Kate F. Kennedy, Jim H. Kuang, Nina Lei, Ka Lok Li, Eddie Lin, John R. Lynch Jr., Mitchell P. Mauriello, Colin R. McCarthy, Madelyn L. McGillicuddy, Ally E. McHugh-Durcan, Silas J. McKenney, Owen R. McKim, Gemma R. McRoberts, Amie Nguyen, Jourdin L. Ortiz.

Emma Parks, Olivia M. Petrongolo, James F. Pierce, Marvin J. Pierre, Denzel Pires Moreira, Joanna Q. Ren, Leyi Situ, Philip Wang, Sancho Wu, Qiang Liang Xu, Dacheng Yu, Jocelyn Zeng, Nicholas T. Zeng, Jaden Zhang, Baolin Zhao.

Grade 7: Chase X. Ao, Jesse M. Bargar, Ryan J. Beach, Thomas M. Bradley, Alexandra J. Camargo, Alivia M. Caruso, Michelle M. Chen, Yuying Chen, Lilah C. Colantonio, Benjamin A. Conlon, Damaris B. Depina, Michael Feng, Meah R. Fitzpatrick, Shane R. Flavin.

Nora M. Geary, Lillian F.

George, Patrick F. Gillespie, John A. Glynne, Joseph C. Griffin, Zhenquan Huang, Jhia M. Huynh, Nazir J. Jean-Louis, David Jushaji, Sage A. Keane, Jonathan R. Lanergan, Nathaniel C. Lebo, Marcela M. Llamas, Benjamin M. Loke, Carolina I. Lopez-Garcia, Alston D. Lu, Imani J. Lugo, Kailay A. Lynch.

Tranzle L. Maclin, Maddox M. McCarthy, Kenna M. Moore, Paquulin NI, Jelani K. Ntege, Sky B. O'Campos, Hayden J. O'Connell, Aeden T. O'Connor, Maria G. Pacioretti, Hadley J. Perkins, Selina Q. Ren, Christina E. Romeo, Jenna K. Steinmetz, Ethan V. Tran, Anthony Y. Velez, Mason R. Walsh, Wang Yu, Ciara O. Wood, Ethan Xu, Morris C. Yang, Xijun Zhong, Caroline Zufante.

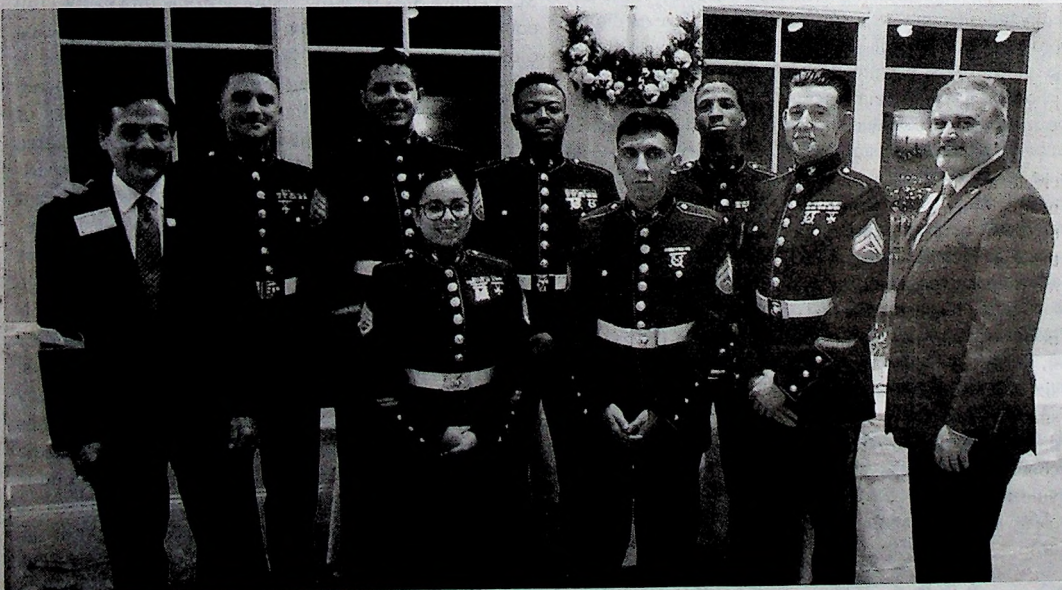
Grade 6: Julian G. Anderson, Nacireem G. Artis, Olivia R. Ballestas, Caleb G. Blaikie, Nicholas M. Blido, David J. Boyd, Alan J. Chen, Chase Chen, Daniel Chen, Leah Chen, Shuying Chen, Stanley Chen, Jack W. Cody, Nathaniel N. Cruz, Ash J. Cuniff, Armand E. D'Attilio, Raneem Dibaj, Emily M. Dinh, Brendan T. Drinkwater.

Isabella C. Frias, Jayden M. Gardner, Christopher Gillis, Christina N. Gjini, Raymond Gonzalez Jr., Sophia Grabowski, Kuba M. Grochowski, Julian Hakani, Raphael He, Brigid B. Hopkins, Aletheia K. Houldcroft, Brad Huang, Kaley L. Hudgins, Cooper R. Ilacqua, Daniella N. Jushaji, Emma Kadilliu, Nathan P. Kane, David D. Kiley.

Ethan T. Lam, Seamus P. Lee, Ghanima E. Levai, Haoyang Li, Jessica Lin, Tengyi Lin, Preston C. Low, Connor P. Lynch, Quinlan R. Maclean, Bryan C. McCarthy, Caroline K. McGrail, Aidan J. McGrath, Hayden L. Miller, Charles P. Miranda, Timothy O. Moon, Joseph A. Morton, Charlie Nguyen, Deborah D. Nguyen, Jacob O'Donnell, Zecheng Pan, Erika I. Piercy, Ava R. Prioli.

Matthew G. Riggs, Fallon V. Rogers, Jake P. Rolston, Cordelia Roman-Moriarty, Tess Ronan, Kevin D. Rosa, Terezze L. San Jose, Sohan S. Savadi, Eleanor C. Schow, Jack M. Stewart, Edwin Tan, Helen Tan, Xiaoling Tan, Neel J. Thakar, Rajan Thana, Matthew R. Travers, Anthony N. Truong.

Samyuktha Vinoth San-kar, Advaita Vivek, Jaylen M. Williams, Maggie M. Wong, Jiayi Wu, Maren N. Xhillari, Wenhao Xue, Hongwei Yang, Randy Yang, Malachi C. Young, Aidan Yu, Evan Zhang, Jonathan Zheng.



SEVEN MEMBERS of the United States Marine Corps representing the Marine Toys for Tots Program were welcomed by IREM International President Chip Watts during the recent Institute of Real Estate Management (IREM) Boston Metropolitan Chapter No. 4 Holiday Celebration and Chapter Awards Night held at Granite Links in Quincy. Donations of toys from IREM Boston Chapter Members and Friends were received by the Marines for distribution to less fortunate children during this holiday season. Toys for Tots traces its beginnings to 1947, when Marine Corps Reserve Major Bill Hendricks was asked by his wife Diane to deliver a few of her handcrafted dolls to an agency that supports children in need. The concept transformed into a national community action program one year later. The Marine Toys for Tots Foundation, an IRS recognized 501 (c) (3) not-for-profit charity, was established in 1991 at the behest of the Marine Corps to help run and support the Marine Toys for Tots Program. "Having members of the U.S. Marine Corps to collect our Toys for Tots contributions made a special night even more distinct," said Melissa Fish-Crane, 2022 president of IREM Boston Metropolitan Chapter No. 4 and principal and COO of the Peabody Companies. "We were delighted and proud to have IREM International President Chip Watts welcome the Marines during this extraordinary event."

'Miracle' Slimming Scams Weigh Down New Year's Resolutions

By BETTER BUSINESS BUREAU

Many consumers are looking to lose a few 'pandemic pounds' or a little extra holiday weight. Better Business Bureau is ringing in 2022 with tips to help people avoid falling prey to overstated weight loss advertisements and scams. The desire to get in shape or lose weight fast creates a risk of being deceived by products that do not work as advertised, come with a host of unwanted side effects, or cause weight gain instead.

Any time you see miracle claims for weight loss, be very skeptical. There is no such thing as a 'secret ingredient' or 'breakthrough formula' that can result in weight loss virtually overnight.

The Federal Trade Commission (FTC) warns consumers of dozens of false weight loss claims. Many consumers end up purchasing and using products such as body wraps, topical creams, dietary supplements, skin patches, and even earrings promising to "melt," "flush," "burn," or "dissolve" away unwanted fat.

Promotions advertising "miraculous" weight loss products and promising immediate results should be viewed as potential scams. These products, if delivered as promised, are often ineffective in delivering their promised results, or worse, can have potentially dangerous side effects.

Fraudulent weight loss products are often advertised alongside images of celebrities and fake endorsements. Additionally, deceptive free trial offers are very common, as investigated in the 2018 BBB study, "Subscription Traps and Deceptive Free Trials Scam Millions with Misleading Ads and Fake Celebrity Endorsements." The study reported that consumers filed nearly 37,000 complaints and BBB ScamTracker reports related to deceptive free trial offers and fake celebrity endorsements since 2015, with an average loss per victim of \$186.

Many consumer complaints described weight loss programs as difficult to cancel, even if the product doesn't work as claimed in the ads.

Some consumers say they believed they were making a one-time purchase but then received recurring charges to their credit cards for more of the product. When they contacted customer service, they were informed that they had signed up for a subscription, which was only disclosed in the fine print of the terms and conditions of their original purchase.

In other, similar complaints, consumers described being notified of an additional shipment of the weight loss product that they did not order. When they tried to contact the company to cancel, the company claimed the item had already shipped, and the consumer struggled to receive a refund for the shipped product.

Many consumers also filed complaints after being unable to reach the weight loss goals stated in advertising for the product.

To help avoid weight loss scams, BBB recommends the following:

- **Always be wary of advertisements and customer endorsements promising "miracle" results or immediate weight loss.** According to the Center for Disease Control and Prevention, evidence suggests gradual loss of 1-2 pounds per week is a healthy goal and is more successful for achieving long-term weight loss. Ask your doctor what an achievable weight loss goal for you would be.

- **Determine your fitness goals.** It's hard work to lose weight. Find a program you can stick with, preferably one that you enjoy. Does a weight loss plan require special foods? Can you cancel if you move or find that the program doesn't meet your needs or is more expensive than anticipated?

- **Avoid products that claim to help lose weight without diet or exercise.** Be especially skeptical of claims that you don't have to give up favorite foods or reduce the amount you consume. Doctors, dietitians and other experts agree that losing weight takes work. Pass up any product that promises miraculous results without any effort.

- **Check a product's ingredients with the FDA.** Be suspicious of taking special pills, powders or herbs. Some products have been recalled for containing ingredients with potentially dangerous effects. Check the list of public notifications from the FDA regarding potentially harmful weight loss products. In Canada, check with Health Canada for guidelines.

- **Be wary of a lack of ingredient list.** Some companies have been accused of not advertising certain ingredients that can come with harmful side effects or mix adversely with prescription drugs.

- **Read all terms and conditions for any weight loss product.** Before clicking check out or purchase, make sure the cart only includes the items you wish to purchase, and does not include signing up for a subscription, unless this is an option you want. Be cautious of any contract that takes pay-

ment from your credit card until you cancel.

- **When participating in online forums and chat rooms focused on weight loss and fitness topics,** be wary of individuals pushing products they claim will help quickly reach goals.

- **Research the company with BBB.org** before purchasing. Read reviews about the company to see if there are any complaints alleging that it's a scam.

- **Be wary of free trial offers, and before signing up, understand all the terms and conditions.** These deals can become "subscription traps" that hook consumers into expensive shipments of products they did not agree to buy.

- **Report the deceptive ads.** Be suspicious of ridiculous positive testimonials on the company website. Testimo-

Grow Herbs Indoors For Year-Round Enjoyment

By MELINDA MYERS

Add garden fresh flavor to your meals year-round. Grow a few of your favorite herbs indoors, harvest and enjoy.

Select a variety of herbs you and your family enjoy and use for cooking, decoration, or fragrance. Basil, chives, cilantro, oregano, marjoram, mint, parsley, sage and thyme are some of the easier herbs to grow indoors. Purchase plants or seeds from your local garden center, favorite garden catalog or produce section of the grocery store.

Most herbs need six to eight hours of bright light each day. A south-facing window in winter is best but an east- or west-facing window may be sufficient. Increase success with artificial lights. Set the timer for 14 to 16 hours a day and keep lights 6 to 12" above the plants.

You will find lots of energy efficient and stylish options for just about any space. Sleeker designs like Gardener's Supply Micro Grow Light Garden can be placed on the kitchen counter or a small table. Furniture grade options like Bamboo LED Grow Light Garden (gardeners.com) make it easy to grow herbs in just about any room in the house.

Use a variety of plants to create an attractive display in a large windowsill planter. Combine plants that have the same growing requirements to ensure success.

Or place each herb plant in its own container. A four-to seven-inch pot is a good size when starting with smaller plants. Growing individual plants in their own container allows you to provide the specific watering, care and transplanting they need.

Select containers with drainage holes or reduce maintenance and increase success with self-watering containers like Viva self-watering planters. Just fill the water reservoir that gradually releases water into the soil for the plants to use. You will need to water less often.

Fill the container with a



ARTIFICIAL LIGHTS ENSURE herbs receive enough bright light to successfully grow indoors. Photo courtesy of Gardener's Supply Company/gardeners.com

well-drained quality potting mix. Many contain a slow-release fertilizer, providing weeks or even several months of nutrients for your plants. Just check the label for details and adjust fertilization as needed.

Water the containers thoroughly whenever the top inch of soil is dry. Pour off excess water so the plant does not sit in the excess and succumb to root rot. Or place pebbles in the tray to elevate the pot above any water that collects in the saucer or tray. This means less work for you and better growing conditions for the plant.

Incorporate a slow-release fertilizer or use a dilute solution of any indoor houseplant fertilizer once the nutrients in the potting mix are spent. Follow label directions and do not overdo as too much fertilizer can harm your plants.

Begin harvesting most herbs when they reach six to eight inches in height and as needed. Use a sharp pair

nials become an easy marketing tool and are easily faked. These are often accompanied with glorious before and after pictures. Call your BBB to report suspicious, confusing or misleading ads to BBB Ad Truth or report a scam with BBB ScamTracker.

- Consumers can also report the ad to the Federal Trade Commission (FTC) by calling 877-FTC-Help.

- You can also report fake ads to the FBI's Internet Crime Complaint Center.

Social

I make house calls!



Interior decorating, home décor sewing, downsizing/decluttering, home staging, decorating seminars

Secretary of the Interior

Creative solutions at reasonable rates
Call Barbara at 617-921-6033
www.sec-interior.com

227 Students On SW Middle School Honor Roll

Two hundred twenty-seven students are listed on the first term honor roll at South West Middle School.

They are:

HIGH HONORS

Grade 8: Olivia M. Amaral, Celine Blanco Sanchez, Adam C. Byrne, Andy Chau, Ava M. Devoy, Anna Huynh, Ryan J. Inthosone, Vivian Le, Jayden Liu, Justin Mbrice, Cam'ron M.

Merritt.

Tara Nakhlestani, Srishti Nigotra, Denzel M. Njuguna, Oluwanifise O. Omolaja, Priya S. Patel, Daniel Setow, Victor E. Silva Lemos Pereira, Stephanie T. Tran, Chizaram M. Ugah, Ian J. Wong, Rachel Zhao.

Grade 7: Maryam A. Alshawi, Adylira I. Alves, Cynthia Blanco Sanchez, Kyleigh M. Brady, Joanna

Y. Fang, Samuel R. Feehan, Brian G. Haviland, Caden P. Jeffery, Jacob B. Kerfien-Paris, Ava V. Le, Yingyan Li, Zihao Liang, Brandon C. Lo.

Aiden Nguyen, Justin L. Nguyen, Ralph Nguyen, Xela D. Pires, Nhat Minh Quang, Emma R. Sampson, John D. Siciliano, Lilyana M. Solis, Kevin Wang, Brady K. Whong, Celia

Zhang, Jinyao Zhang, Will Zhu.

Grade 6: Brendan G. Bazile, Constance Q. Chen, Mia L. Conley, Pedro Henrique Do Vale Fontes, Jaliyah O. Elysse, Juan P. Gentil Doria, Cooper P. Guttenberg, Jasmine Hin, London A. Jenkins, Jason V. Lai, William L. Laido, Nevaeh S. Le, Connie Lin, Elaine Liu.

Maxwell T. McGuire, Newman Nguyen, Damian D. Pham, Axelianys Rodriguez Santiago, Rorie Routhier, Bjorn Sahatqija, Gabriella R. Sampson, Lucas Short, Hailey C. Tang, Bill R. Truong, Charlene Truong, Oscar I. Velasquez, T'erah H. Williams, Linda B. Zhao.

Grade 5: Beatriz Abelar Mariano, Anthony Abreu Armond, Calebe M. Barbosa, Henry Dos Santos, Yuqing Feng, Antonio Martins Coelho, Wilson M. Medrano Castillo, Kenneth Pham, Jhennifer Pinto Chiodi, Yesika Ziyang Qin Chen, Angelina Rehem Araujo.

HONORS

Grade 8: Mohammed J. Alawad, Mathew Argand, Makayla N. Cadet, Damian A. Cortes Pena, Aleeya R. Davis, Elizabeth N. Demaria, Sean M. Doan, Johnson W. Fang, Giovanni C. Faulder, Geovanny L. Frank, Julia Gao, John G. Gnakou.

Isabella M. Haskins, Hayden D. Holcomb, Tiana Huynh, Kaisei O. Iwasaki,

Reginald A. Johnson, Javier A. Kasprzak, Riya Pankaj Koparkar, Kaylani L. Legal, Alora M. Lenane, Michael W. Lomanno Jr., Steven D. Ly, Jariely E. Martinez, Rory F. McHugh, Michael C. Merrick.

Billy J. Ortega Rae, Gulguzel H. Ozdemir, Hua Qian Pang, Ava T. Pham, Raymond Phung, Iyanna Y. Saget, Owen C. Short, Sarah D. Suplee, Niliyany Tejeda-Diaz, Gabriela M. Triplett, Noa F. Van Veen, Kleivi Vokollari, Jeffrey Weng, Isabella K. Young.

Grade 7: Caleb J. Ajavon, Keven Alexis, Lucas Andrade Conde, Nataliah V. Aubrey, Kason F. Barter, Justin A. Brown, Nicholas S. Brown, Maddex H. Chan, William Chu, Shane F. Colleton, Karma J. Cruz, Maria Eduarda A. Da Silva, Pietro Julio D. De Oliveira, Jacob E. Desquitado, Juleana M. Dye.

Icaro Givisiez Pio Dos Santos, Kibalo D. Gnakou, Kibando R. Gnakou, Charles Hall, Dakota F. Hoskinson, Chau H. Le, Keyana L. Legal, Baitao Mai, Enzo P. Marquez, Aleah D. McLaurin, Elijah A. Montrond, Luciano Moronta, Jayden M. Pina, Christina Qin Chen, Neliel Sabine Quiambao.

Emile Rodrigues Dos Santos Barros, Wendrick Rodrigues Oliveria, Trevor Russell, David J. Santana Batista, Elis Ailana Silva Alves, Arunoday Singh, Lu-

cas M. Tam, Nalia Tejeda-Diaz, John J. Tinney, Bryan V. Tran, Cameron V. Turner, Taylor J. Woods, Vincent Xu, Linghui Zhang, Christopher J. Zhen, Hayden S. Zong.

Grade 6: Luiza Alonso De Aquino, Riley E. Anderson, Robert E. Backman, Xavier G. Capone, Sadie Chaisson, Anise Y. Chan, Jack R. Chella, Matthew S. Collura, Shane B. Colmenero, Sophia R. Crowley, Fabia Lara D. De Oliveira, Ryan P. Eleuteri, Liam P. Flaherty.

Cameron Ganno, Diana Gao, Tereza Helena Garcia Correia, Julianna L. Geddes, Meiya R. Griffin, Celeste A. Guerra Rangel, Julien C. Howard, Noah J. Jaspersen, Mithcell E. King, Tevin T. Le, Igli Llanaj, Joseph J. Lomanno.

Christopher J. Maderos, Shlandeh Magalhaes, Daniel J. Mainey, Niranjana Manoj Kadakkethu, Ezechiel Marcelin, Ezray A. Matta, Angel A. Mauras, Kiara N. Moore, Lalit Aditya Mullanuri, Chase Ng, Ashley C. Nguyen, Mason P. Nguyen, Thien Nghia Nguyen, Joel A. Patterson, Sulai Pereira, Adrian E. Perez, Katherine Pham.

Desiraye A. Rodriguez, Joseph Schepis, Vrushali P. Sharma, Divana E. Tavares Goncalves, Hayden N. Tierney, Julius A. Tineo, Vincent M. Tognio, Aya R. Torky, Sarah N. Vu, Mason J. Williams, Claire Zhou.

WHAT'S COOKING

with

Marie & Suzie

By MARIE D'OLIMPIO and SUZIE FALCO



Spiced Pumpkin Molasses Cake

By MARIE

Today's recipe is for spiced pumpkin and molasses cake and has a great combination of savory, aromatic ingredients. It can be served with whipped cream, ice cream and is also delicious on its own.

Pre-heat oven to 350 degrees; lightly grease a bunt pan

Ingredients and directions:

- 3 cups of cake flour
- 1 tablespoon pumpkin pie spice
- 1 teaspoon baking soda
- 1 teaspoon baking powder
- 1 teaspoon salt
- 1 cup molasses
- 1 cup canned pumpkin
- 1/2 cup buttermilk

1/2 cup vegetable oil

1 large egg

Powdered sugar to sprinkle on top of baked cake

In large bowl, whisk together the flour, pie spice, baking soda, baking powder and salt.

Make a well in the center of the mixture.

In a second bowl, whisk molasses, pumpkin, buttermilk, oil and the egg.

Pour the wet ingredients in the well of the dry ingredients and whisk until well blended.

Pour into prepared pan and bake for 50 to 55 minutes or until toothpick test comes out clean.

Just before serving, sprinkle top of cake with powdered sugar.

Grain Free Herb Sesame Crackers

By SUZIE

Crackers are something many folks crave (salty crunchy) with either a dip or with some cheese, and end up eating too many, or eating the kind out of a box made with refined flours and sugars.

These crackers are gluten and grain free, loaded with protein, as well as fiber, calcium, healthy fats, and some important vitamins and minerals not found in your everyday crackers.

Did you know that a serving of sesame seeds contain more calcium than a glass of milk? These are easy too!

Grain Free Herb Sesame Crackers

3 cups almond flour (I use Honeyville brand, you can get online, it is by far, the best and fluffiest)

1 1/2 tps sea salt

1/2 tsp garlic powder

1/2 tsp onion powder

1 cup sesame seeds

2 tablespoons olive oil or avocado oil

2 eggs

Preheat oven to 350. In one bowl combine dry ingredients and in the other combine eggs and oil. I like to mix well with a mixer or immersion blender. Combine and mix well with wooden spoon.

Place dough between 2 pieces of parchment paper and roll to about 1/16 inches. Take off top piece and cut into squares with sharp knife or even a pizza cutter. You can even use cookie cutters.

Bake about 12 minutes until lightly golden.

Stuffed Spinach Meatloaf

By MARIE

This recipe for a stuffed meatloaf will please all of your family and guests. This delicious meatloaf recipe is sure to get raves!

STUFFED SPINACH MEATLOAF

Ingredients:

- 2 pounds of ground meat, any favorite will do.
- 2 cups of tomato sauce, or jarred sauce
- 3/4 cup of Italian flavored bread crumbs
- 1 cup of finely chopped mushrooms
- Salt and pepper to taste
- 1 medium onion, chopped fine
- 2 eggs beaten
- 10 ounces of spinach, thawed and well drained
- 1 cup of mozzarella cheese (or any favorite cheese)

Preheat oven to 350 degrees

Grease a loaf pan with olive or vegetable oil (or bake in a usual meatloaf pan).

In a large bowl, thoroughly mix the beef, and 1 cup of tomato sauce, bread crumbs, mushrooms, salt and pepper, onion, eggs and cheese.

Press half of the mixture into the greased loaf pan. With a large spoon, press an indent down the center of the beef mixture. Stir the spinach and cheese together. Spoon the spinach mixture into the indent, press down lightly. Then top with remaining beef mixture make sure to press edges together to seal.

Bake for 1 hour, then spoon the remaining tomato sauce over the meat loaf, cook 15 or 20 more minutes. Serve with any favorite side.

Tips For Sticking To New Year Resolutions

Don't let 2022 be another year that you let your new year's resolutions slip away. Take out an old fashioned pen and paper, sit down, and take note of these tips to set you up for success and to keep you on track throughout this brand new year.

Dr. Teralyn Sell, psychotherapist and brain health expert, offers her top tips on how to stick to your new year's resolutions once and for all this year.

"Many people start the year off with good intention to stick to a new year's resolution, but within weeks begin to taper off or peter out entirely. This is likely because they take on too much at once and become overwhelmed and also because their brain health hasn't been prioritized to maintain motivation from a neurochemical perspective," says Dr. Sell.

Here are Dr. Teralyn Sell's Top Tips on How to Stick to Your New Year's Resolutions once and for all This Year:

Tip #1: Start Small

Focus on one small goal and build from there. For instance, if you want to improve your movement, pick a time of day that you are less likely to avoid doing it. Also, if you are already moving, start by doing something more than you did before which might be a microgoal instead of a huge goal that will likely lead to a big let down.

Tip #2: Achievable Goals

Incorporate a goal of learning something new. For instance if you have a goal to lose weight. Instead of focusing on the scale, fo-

cus on learning how to cook healthier or learning how to meal prep. By learning something new you are also encouraging the health of your brain so it's a win, win!

Tip #3: Make time for What You Love

Include something you love to do. If you really love swimming, make time for it. Often we forget about the things that we love to do so they don't get included in our goals. Also, don't forget about including hobbies into your plan. Perhaps you've gotten away from hobbies you once enjoyed, those are just as important as physical activities for the health of your brain.

Tip #4: Be prepared

If you have a goal of physical activity or cooking, make sure you have prepared yourself with proper equipment to do it. The act of preparation and planning allows your brain to anticipate the activity, creating those new neural pathways for success.

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Manet Health Board Announces Officers, New Members

The Manet Community Health Center Board of Directors convened their Annual Meeting in December, renewed their commitments, welcomed new members, and installed board officers for 2022.

Board of Directors officers for 2022 include:

Quincy resident and Director of Finance, Administration for the Quincy Housing Authority Grace Murphy-McAuliffe as president; Canton resident and retired IT professional Larry Flanagan as vice president; Quincy resident and attorney Ivan Wong as secretary and East Walpole and former Quincy resident and General Manager at ATI Flowform Products Stephen Keches as treasurer.

New members joining the Board are Anita Christie, of Quincy, retired Direc-

tor of the Division of Clinical Preventive Services for the Bureau of Community Health and Prevention; and Nancy Wryebek, of Hull, a retired nursing executive.

"Manet is an essential community asset and health care provider, and I have seen first-hand throughout the years and specifically during this worldwide pandemic, how imperative the role of community health centers like Manet truly are. I am humbled and honored to serve Manet in the role of Board President with a remarkable group of seasoned and new Board Members representing the communities and patients we exist to serve," Murphy-McAuliffe said.

"Community Health Center Boards must be constituted by a majority of patients to ensure that patient



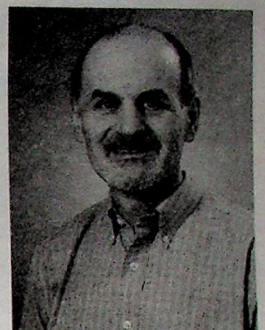
GRACE MURPHY-MCAULIFFE



LARRY FLANAGAN



IVAN WONG



STEPHEN KECHES

voices, perspectives and experiences are guiding and influencing the present and the future of the health center – this distinction was especially important this year. Our patient board members astutely and prominently shared their experiences in care and community throughout the Pandemic. Their perspectives supported and impacted outcomes in this Pandemic year, including site improvement projects, the opening of a Community Outreach office in Quincy, and our mobile, clinical support and technical assistance programming," she added.

In 2022, the Board of Directors remains guided by the mission, "to ensure quality, comprehensive health care for all." The Board will focus in earnest this year on: continuing Manet's response to COVID-19, Operational Excellence and Innovation initiatives, growth of services, includ-

ing yet not limited to Radiology, vision and integrated Behavioral Health, facility updates, expansion of Attleboro location; and preparation for the development of the next Strategic Plan for Manet.

Members returning to the Manet Board with Board President Murphy-McAuliffe include:

Anne Bisson, retired Director of Department of Human Services and Council on Aging for the City of Taunton and resident of Fall River; John Brothers, of Braintree, Senior Director of Workforce Development Strategy for the MA Biotechnology Education Foundation; Samantha Chen, of Quincy, business analyst for healthcare systems at NTT DATA Services; Zachary Eaton, of Quincy, Owner of Acton Auto Boutique; Lawrence Flanagan, retired and resident of Canton; John Galluzzo, resident of Haver and Grants Manager

for Codman Square Health Center; Past-President Bob Griffin, of Quincy, retired attorney/partner of Krokidas & Bluestein, Neda Hovaizi, DDS, of Milton and Owner and Practicing Dentist at Lumiere Dental Spa in Quincy; Linda Kelly, of Quincy, Disabilities Advocate; Jane Kisielius, of Quincy, retired and former Quincy Public Schools Coordinator of Health Services; Donna Maher of Weymouth, retired COO of Morton Hospital in Taunton; Joseph M. Reardon, of Milton, Vice President for Community Development and Advance Planning at Keohane Funeral Home; and Karen Ward of Quincy, Regulatory Compliance Manager at Bill & Melinda Gates Medical Research Institute.

Founded in 1979, Manet Community Health Center, Inc. is a 501(c)(3) not-for-profit Federally Qualified Health Center (FQHC)

dedicated to providing preventive, primary, same-day, mental health, and substance use (behavioral health care) for all. With three practice locations in Quincy, one in Hull, one in Taunton, one in Attleboro and a Community Outreach and Prevention Services office in Quincy, Manet serves patients from across the South Shore and Southeastern Mass.

Manet is accredited by The Joint Commission, recognized as a Level 3 Patient Centered Medical Home by the National Committee for Quality Assurance (NQCA), and PCMH PRIME certified by the MA Health Policy Commission. Manet has a primary affiliation with Boston Medical Center Health System.

For more information, visit www.manetchc.org or follow us on Facebook www.facebook.com/ManetCommunityHealthCenter or Twitter @ManetCommunity.

Social Security Matters

Ask Rusty: How Do I Get Back Benefits Withheld Due To The Earnings Limit?

By RUSSELL GLOOR

National Social Security Advisor

at the AMAC Foundation, The Non-Profit Arm of the Association of Mature American Citizens

Dear Rusty: If I work and take Social Security before my full retirement age, how can I find out how I will be paid back the money withheld after I pass the earnings limit? **Signed: Returning to Work**

Dear Returning: What you're referring to is that Social Security limits how much you can earn while collecting early benefits (before your full retirement age, or "FRA"). The earnings limit for 2022 is \$19,560 and if your earnings exceed that while collecting early SS benefits, you'll be required to pay back some of your benefits.

Except during the year in which you attain your FRA, you'll have to give SS back benefits equal to \$1 for every \$2 you are over the limit, which can be done either by having your benefits withheld for a time or repaying what is owed in a lump sum. In the year you reach your FRA, the limit goes up by about 2.5 times and the amount you need to pay back is less, and after you reach your full retirement age there is no longer a limit to how much you can earn. But if you have benefits withheld because you exceeded the limit while collecting early benefits, you will get some of that withheld money back after you have reached your full retirement age.

When you reach your FRA, Social Security will automatically adjust (increase) your benefit to reflect the number of months your benefits were withheld. So, for example, if you originally claimed Social Security at age 63 but were still working and, over time, you had benefits withheld for 12 months because you exceeded the earnings limit, they'll recompute your benefit at your FRA as though you applied 12 months later than you actually did. That will happen automatically and will slightly increase your monthly benefit amount starting at your full retirement age. So, you don't get all withheld money back in a lump sum – rather they increase your benefit a bit at your FRA so that eventually, over time, you may recover what was withheld because you exceeded the limit.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit amacfoundation.org/programs/social-security-advisory or email ssadvisor@amacfoundation.org

Tips To Pay Off Holiday Credit Card Debt

The holidays may be over but their financial impact is likely to add extra strain in the new year for the 36 percent of individuals who took on debt to pay for gifts, decorations and more in 2021, according to LendingTree.

"It's easy to feel overwhelmed if you brought holiday debt into the new year," said Michael Sullivan, a personal financial consultant with Take Charge America, a nonprofit credit counseling and debt management agency. "But with a little focus and hard work, you can create a plan of action that will pay off that debt as quickly as possible so you can focus on your other big money goals for 2022 like buying a home or taking a dream vacation."

Sullivan shares six tips to help you quickly pay off your holiday debt:

- **Stop using credit cards.** To start, you must stop incurring new debt. Stop using your credit cards as you work to pay off your balances.

- **Eliminate (or minimize) expenses.** To free up additional cash for debt payments, scour your budget

or online bank ledger for expenses you can eliminate or minimize. Is there a subscription you can pause or cancel? Try negotiating a lower rate for your phone or cable bills, or switch service plans or providers to save.

- **Explore gig work.** The quickest way to pay off debt is with more income. Consider gig work like food delivery with DoorDash or Postmates, or driving for Uber or Lyft. Depending on your skills, you could

perform odd jobs like dog walking or errands with TaskRabbit. You can find part-time remote work on sites like FlexJobs or Up-Work. Apply your gig earnings toward your debt.

- **Pause non-essential savings.** Have you been saving for a new car, vacation or home? Consider hitting pause temporarily and redirecting those funds to your holiday debt.

- **Use holiday gifts.** It's not as exciting as buying

new clothes or splurging on a night out, but using cash gifts you received can help put a dent in your holiday debt.

- **Consider a balance transfer.** Explore a balance transfer to save on interest charges. Many card issuers offer 0% interest on balance transfers for a period between 12 and 18 months. Remember to factor in the transfer fee, which usually is a percentage of the balance being transferred.



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Real Estate

Quincy Real Estate Transactions Jan. 10 - Jan. 14

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER	BUYER	AMOUNT	ADDRESS
Srinivas Mikkilineni	Ru Zheng & Haiying Chen	\$358,000.00	200 Falls Boulevard, Unit H301
Markia M. Jones & Kobie O. Garcia	Eva Qako	\$530,000.00	46 Tinson Road, Unit 46-8-A
Frank & Laura Mazzulli Nominee Realty Trust	Frank R. Papia	\$825,000.00	403 Washington Street
Rafael & Irina Nasyrova	Vladimir & Irina Bulgakova	\$300,000.00	185 Quincy Shore Drive, Unit A-25
KPLD Realty LLC	PT & T Management LLC	\$10,000,000.00	29-33 Newport Avenue
Susan C. McCann	Evan R. Davis-Drennan	\$500,000.00	295 Southern Artery
30 Town Hill Street Trust	Samarth B. Upadhyaya & Aastha Poudel	\$635,000.00	30-36 Town Hill Street, Unit 30A
Donaldo P. Macedo & Lilia I. Bartolome	Lin Chen & Zehang Zhang	\$530,000.00	160 Quincy Shore Drive, Unit 104
David G. Montani	Norma L. Thorpe	\$305,000.00	308 Quarry Street, Unit 203
Coquina LLC	Michael R. Kiley	\$400,000.00	134 Bellevue Road
Alexander Torres	Peng Wang & Ben Senderling	\$334,000.00	10 Weston Avenue, Unit 110
Robert & Kelly Ranalli	David J. Larkin Jr.	\$360,000.00	250 Whitwell Street, Unit 7
EJS Investments Inc	Daniel & Trisha C. Wu	\$580,000.00	50 Desmoines Road, Unit H3
36 Town Hill Street Trust	30 Town Hill Street Trust	\$629,000.00	30-36 Town Hill Street, Unit 30B
Tuyet & Anna L. Pham	Emily Correa	\$612,000.00	48 Robertson Street
Hoa Nguyen	Hannah Kennedy	\$390,000.00	200 Falls Boulevard, Unit E304

O'Donnell: County Real Estate Activity Down In December

Document Volume Down 24%, Number Of Deeds Decreased By 17% Compared To December 2020

Norfolk County Register of Deeds William P. O'Donnell reports that December real estate numbers relative to Norfolk County real estate activity were down, but there were a few aspects of the real estate activity to be hopeful about.

"The Norfolk County real estate market has continued to slow entering into the winter months," O'Donnell noted in his report. "There were 14,794 documents recorded at the Norfolk County Registry of Deeds a 24% decrease over last year's December document volume but slightly more than last month.

"The number of deeds which evidence real estate sales and transfers, both commercial and residential, decreased by 17% in December. However, the average sales price during the month was \$1,501,882, an impressive 43% increase compared to December 2021. Total dollar volume of commercial and residential sales also showed solid gains, increasing

19% to over \$1.5 billion," O'Donnell said.

Despite the deeds figure holding its own, overall lending activity showed a decrease again for the month of December. A total of 2,972 mortgages were recorded during the month, a 40% decrease compared to December 2020.

"It appears that many consumers have already refinanced given the past low interest rate environment," O'Donnell said.

One continuing cause for concern, however in Norfolk County, was foreclosures. A moratorium on foreclosures enacted on April 20, 2020 due to the COVID-19 pandemic expired on October 17, 2020. The Norfolk County Registry of Deeds has been closely watching the foreclosure market. During December 2021 there were 7 foreclosure deeds recorded as a result of foreclosure processes taking place in Norfolk County. In addition, there were 19 Notices to Foreclosure Mortgages, the first step in the foreclo-

sure process, recorded here in Norfolk County in December 2021. In December 2020 there were 3 Foreclosure Deeds and 16 Notices to Foreclosure Mortgages filed.

"These numbers remind us that some of our neighbors continue to face financial challenges," O'Donnell said. "We will continue to monitor these numbers."

For the past several years, the Norfolk County Registry of Deeds has partnered with Quincy Community Action Programs, 617-479-8181 x376, and NeighborWorks Housing Solutions, 508-587-0950 to help anyone facing challenges paying their mortgage. Another option for homeowners is to contact the Massachusetts Attorney General's Consumer Advocacy and Response Division (CARD) at 617-727-8400.

"If you are having difficulty paying your monthly mortgage," O'Donnell said, "please consider contacting one of these non-profit

agencies for help and guidance."

Homestead recordings by owners of homes and condominiums decreased this year at the Norfolk County Registry of Deeds in October. There was a 15% decrease in homestead recordings in December 2021 compared to December 2020.

"A recorded Declaration Homestead," O'Donnell explained, "provides limited protection against the forced sale of an individual's primary residence to satisfy unsecured debt up to \$500,000. It is great to see folks protecting the biggest asset most of us have, our homes.

"I would urge anyone who has not availed themselves of this important consumer protection tool to consider doing so. Please visit the Registry website at www.norfolkdeeds.org to get more information on homestead protection."

O'Donnell concluded: "Without question December was a mixed bag

month for real estate activity in Norfolk County. Available real estate inventory continues to be a source of concern in Norfolk County. It's especially a problem for first-time homebuyers, attempting to crack the market. Also, things may be slowing down compared to past real estate indicators. The Registry of Deeds was operational every work day during the pandemic.

"The Registry of Deeds continues to be open to the public for business, however that is being evaluated as the COVID-19 developments unfold. The drop-off box located at the main entrance of the Registry Building will continue to be available for use by those members of the public who may not be comfortable entering the Registry of Deeds Building. The volume of documents

recorded electronically for many of our institutional users continues to increase.. We are also receiving documents in person, via regular mail, Federal Express, UPS and from our drop-off box located just outside our main entrance at 649 High St., Dedham, MA."

To learn more about these and other Registry of Deeds events and initiatives, like us at facebook.com/NorfolkDeeds or follow us on twitter.com/NorfolkDeeds and instagram.com/NorfolkDeeds.

The Norfolk County Registry of Deeds is located at 649 High St. in Dedham. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information.

All land record research information can be found on the Registry's website www.norfolkdeeds.org.

Residents in need of assistance can call the Registry of Deeds Customer Service Center at (781) 461-6101, or email registerodonnell@norfolkdeeds.org.

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Coffee Shop Coming Quincy Center In March

By SCOTT JACKSON

A new coffee shop that will also feature video games and pool is set to open in Quincy Center this March.

The Board of License Commissioners on Jan. 11 granted a common victualer license, a pool table license and a pinball/video license for three games to Shi Shi Boba for the premises located at 1456 Hancock St. The new coffee shop will be permitted to open from 10 a.m. to 10 p.m. seven days a week.

The space is currently being renovated, according to manager Tam DucPhan, who is planning to open for business on March 1. Patrons will be able to purchase coffee and tea as well as play video games and pool.

"I want to open a coffee and tea store combined with some arcade games," he said, as well as one pool table.

DucPhan had initially

gone before the licensing board on Dec. 21. Last month's hearing was continued, however, so board members could further review the applicant's proposal for the space.

At the Jan. 11 hearing, Police Chief Paul Keenan said he had been skeptical of the proposal but was able to support the application after viewing plans for the site.

"It looks it is going to be pretty upscale," Keenan said. "It looks like it is not going to be just a pinball machine or a pinball parlor, so I would be supporting it."

In other business on Jan. 11, the board approved the annual renewal of all liquor licenses. The board in November approved Mayor Thomas Koch's request to waive the \$2,000 renewal fee for all holders of on-premises liquor licenses for 2022 amid the pandemic.

City Clerk Nicole Crispo said four on-premises licenses were not renewed by their holders this year.

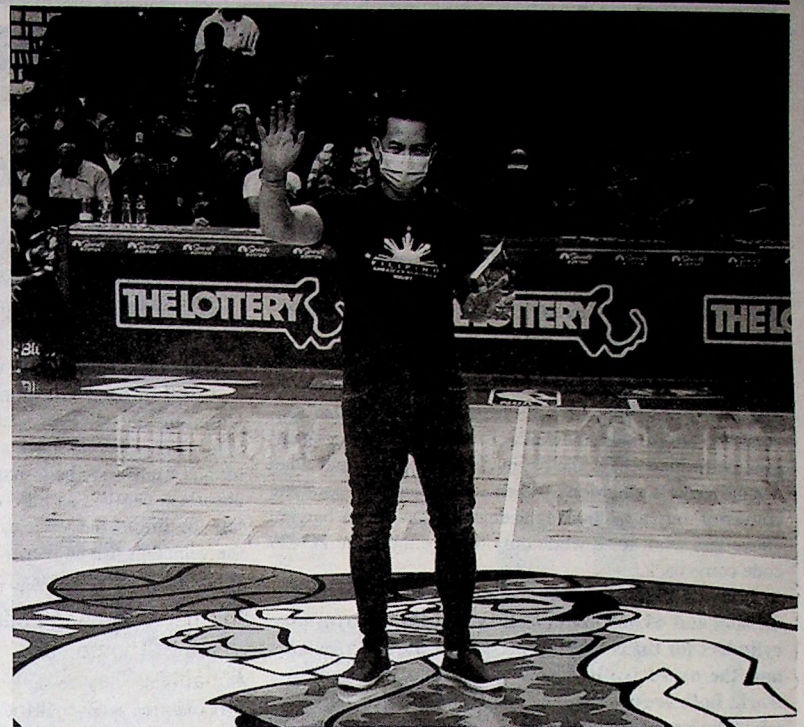
Those not renewing their licenses are: 797 Quincy Shore Drive Inc., who held the license formerly assigned to the Beachcomber; Delaney's Pub on Franklin Street; Grumpy White's on Sea Street; and Webster's Restaurant on Scammell Street.

In addition, Crispo was reelected chairperson of the licensing board for the current year and Jay Duca, the city's director of inspectional services, was reelected as vice chairperson.

Keenan said Crispo is a good person to work with on the board.

"She's done a wonderful job. She is caring and compassionate. She is a good person to work with and to work for," Keenan said. "I think it is a great fit."

Duca, Keenan added, "is a consummate professional and does an outstanding job" on both the board and in his role as inspectional services director.



HERO AMONG US – Harold Mortel of Quincy was recently honored as one of the Boston Celtics' Heroes Among Us at the team's Nov. 22 game against the Houston Rockets at TD Garden. Mortel was recognized by the Celtics for his thoughtful fundraising initiatives and generous spirit. Mortel, who was born in the Philippines, moved to Quincy when he was 10 years old. In an effort to provide support to the Philippines, which was hit hard by the COVID-19 pandemic, Mortel organized basketball tournaments, table tennis tournaments, and other events to raise the vital funds needed to feed and supply thousands of families in their time of need. Since its establishment in 1997 by the Boston Celtics, The Heroes Among Us program has recognized outstanding individuals who have made exceptional and lasting contributions to their communities. The award is presented at every Celtics home game and pays tribute to the heroic achievements of these outstanding citizens.

Photo Courtesy Boston Celtics

Road Deaths Down In Quincy In 2021

Cont'd From Page 1

Last year, a pedestrian was killed in May near the intersection of Newport Avenue and Willow Avenue; a motorcyclist was killed in a crash on Dorchester Street in July; and a passenger was killed on I-93 north near Exit 7 in September.

All seven individuals killed in 2020 were pedestrians. The first was killed on Quincy Avenue in June; the second was killed on I-93 north near Exit 9 later that month; the third was killed in the vicinity of 1000 Southern Artery, also in June; the fourth was killed in July on Quincy Avenue; the fifth was killed in August near the intersection of Quincy Shore Drive and West Elm Avenue; the sixth was killed on Elmwood Avenue in November; and the seventh was killed on School Street later in November.

Four individuals were killed in Quincy as a result of car crashes in 2019; three fatalities were reported in 2018; seven fatalities were reported in both 2017 and 2016; and six fatalities were reported in 2015.

Car-crash related fatalities were also down in 2021 across the whole of Norfolk County, according to District Attorney Michael Morrissey. He said there were 36 such fatalities countywide in 2021, compared to 44 in 2020. Norfolk County, he added, has averaged 36 such fatalities annually since 2017.

The Norfolk District At-

torney's Office has a team of 11 attorneys with advanced training in motor vehicle homicide and crash investigation, Morrissey said. They respond to the scenes of major collisions to assist police in those investigations.

"Having the attorney who will prosecute a case involved from the very beginning has proven very productive," Morrissey said in a statement.

Traffic safety and the prevention of impaired and distracted driving have been central efforts of Morrissey's terms as district attorney, his office said in the statement. The DA's office has sponsored TIPS training for alcohol servers around the region and underwritten ACTAR crash reconstruction training for municipal

police.

Morrissey has also provided prevention programming to 31 high schools in Norfolk County, including grants for substance-free post-prom and post-graduation celebrations, partnered with AAA to bring its Shifting Gears education program for new drivers on marijuana impairment, and brought the Arbella Insurance Distractology safe-driving program to the high schools through his peer leadership program, among other initiatives.

"It is hard to attribute the disparity (in deaths) to any single factor," Morrissey said. "We are going to continue to work with our partners in the schools and local police departments to prevent every death we can."

Understanding Elder Financial Abuse Online Program Jan. 25

The public is invited to join Debbie Lyn Toomey, RN, coordinator of the Tufts Medical Center's Injury Prevention Program, Tuesday, Jan. 25 from 10 to 11 a.m. live online for a program focused on "Aging Strong: Understanding Elder Financial Abuse."

The program will continue on the second and fourth Tuesdays.

Guest for the Jan. 25th session will be Maryann Blatsos from Thrive Financial Solutions.

Everyone is welcome and encouraged to attend

any of all of the sessions in this multi-part program that teaches and empowers aging adults and those who care for them with skills and ideas that decrease falls and increase independence.

Join on Zoom using meeting ID 874 7134 0892 or visit the library's Events Calendar for Zoom info. Using the free Zoom app is recommended. Call (646) 558-8656 and use the same meeting ID to listen to the audio. You can also view the program live on the library's YouTube channel.

Rezoning, Tax Relief Among DiBona's Priorities

Cont'd From Page 3

people to wave and say hi to each other. That's my goal and we can do that here in a city of 101,636 if we make it a community. I want it to be a small-town feel, but we live in a city. That's what I want and if we continue to do Hancock-Adams Common, Kilroy Square, the farmers market, you'll get that small-town feel when you walk into certain areas or certain parks and playgrounds.

"I want that. I don't want people to not know their neighbors. I want people to know who their neighbors are and be able to say hi to them and wave to them across the street. That is my goal. We have it in some neighborhoods, but some of them need some improvement."

"That's really my main goal as president – how can we bring this city together."

Five of the nine city councillors met in person for the council's inaugu-

ral meeting on Jan. 3; two councillors participated in that session remotely while two others were sworn in earlier that day.

Moving forward, DiBona said councillors would continue to meet remotely – as they have since March 2020 – until the current surge in COVID-19 cases statewide settles down.

Under state law, local bodies like the City Council can continue to meet remotely until April 1.

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Public Access Channel 8

Thursday, January 20
6:00pm: Bethany Congregational Church
8:00pm: High School Basketball

Friday, January 21
11:30am: LIVE: Currently in Quincy
7:00pm: AM Quincy: State Rep. Tackey Chan

Saturday, January 22
12:00pm: On the Road with Jazzy Bill
1:00pm: High School Basketball

Sunday, January 23
11:30am: Good News
1:00pm: The Call

Monday, January 24
11:30am: LIVE: Currently in Quincy
5:30pm: CIQ Interview: Quincy Public Schools

Tuesday, January 25
7-9am: LIVE: AM Quincy with Joe Catalano
7:00pm: AM Quincy: Mayor Thomas Koch

Wednesday, January 26
6:00pm: Good News
7:00pm: The Call

Government Access Channel 9

Thursday, January 20
12:00am: State View: Representative Tackey Chan
7:30pm: TCPL Presents: Aging Strong

Friday, January 21
12:00am: Meet the Author
6:30pm: For Your Health: Winter Safety
7:00pm: Good Deeds: Norfolk Registry of Deeds

Saturday/Sunday, January 22/23
10:00am: At Your Library: January Happenings
10:30am: For Your Health: Winter Safety
11:00am: TCPL Presents: Aging Strong
12:00pm: Massachusetts House of Representatives
8:00pm: State View: Representative Tackey Chan
8:30pm: Good Deeds: Norfolk Registry of Deeds

Monday, January 24
11:00am: TCPL Presents: Aging Strong
6:30pm: LIVE: Quincy City Council

Tuesday, January 25
4:00pm: LIVE: Board of License Commissioners
5:30pm: LIVE: Zoning Board of Appeals

Wednesday, January 26
7:00pm: Indian Cooking Made Easy

Programming is subject to change.
For a complete list of programs, please visit our website at qatv.org

Shock Absorbers, Collectible Car Prices, Engine Knocks

Ask John Paul: AAA New England's Car Doctor
Senior Manager, Public Affairs and Traffic Safety

I have a Chevy Aveo and I am having issues with the P0420 code. Both oxygen sensors we're changed. The wire connections are good. I use quality Shell gas. The car runs great and has 117,500 miles but the check engine light still comes on. What is wrong?

The code is looking at catalytic converter efficiency. More than likely the converter just can't perform properly and that is determined by the front and rear oxygen sensors. You are correct you won't notice any difference in engine performance, but the engine is producing higher than normal vehicle emissions. When you replace the catalytic converter, buy a quality replacement. I have seen bargain converters work for a while only to have the same P0420 code come back.

I have a 1985 Chevrolet Corvette with the 4+3 transmission and 48,000 miles. I recently had both hydraulic cylinders for the clutch replaced. Now the reverse lights and the overdrive indicator in the info center do not work. Both are obviously transmission related. Any idea what the issue could be?

When the transmission was removed the reverse light switch located on the side of the transmission needed to be disconnected. The overdrive switch is located on the shifter. I suspect that during the repair these items may have been left disconnected or perhaps even damaged. At this point go back to the shop that did the repair and have them inspect their work.

What do you think of the new Ford Bronco and what about the Bronco Sport?

I have had the opportunity to evaluate both vehicles within 30 days of each other. Before driving them I expected to not like the Bronco Sport – since it is based on the Ford Escape platform and love the full sized Bronco. In reality I liked the Bronco Sport a lot. It rode well, had off road capability and was quite functional inside and out. The full-sized Bronco was sharp looking, got plenty of attention and is an off-road champion but maybe because of all the hype I came away a little disappointed. The interior in places seemed a bit to plasticky and fit and finish was average. And then there was the price: the Bronco I drove was approaching the price of the off road capable and more luxurious Land Rover Defender.

I have a 2008 Toyota Avalon which is the best car I have ever owned. I purchased it new but the one problem that I have is the high beam bulbs have shattered or blown out every few years. My mechanic said Toyota had sent a bulletin to the dealers about the problem. It is my understanding that some 2008-2010 models have a problem with the bulb housing – not the bulbs – and the fix is to replace the housing. The problem is Toyota doesn't consider this a defect and only covered the issue for the original warranty that expired nine years ago. To me it is a manufacturing or design defective, and the car should be recalled. The local dealer just shrugs and tells me it is an old car. To replace both headlight assemblies and bulbs will cost nearly \$1,000. Any suggestions?

As you stated, there is a technical service bulletin that describes the problem. The repair does in fact require replacing the housing and bulb. My only "guess" is this isn't a recall since the low beam light will still function when the high beam light fails. At this it couldn't hurt to file a complaint with the National Highway Traffic Safety Administration on their website: www.safercar.gov. There are aftermarket replacement parts from online companies such as RockAuto and CARiD with the parts costing much less. Since this is the best car you have ever owned and it probably has some additional life in it, spending \$500 or even \$1,000 on headlights to me is money well spent.

I have a 2015 Nissan NV 200 van. The maintenance guide does not mention shock absorber replacement.

Do you have a car question?

Every question gets a personal reply.

Email John jpaul@aaanortheast.com

Are the shocks lifetime of the vehicle?

I glad to see you reading the vehicle owner's manual. Unfortunately, not every part in a vehicle has a specific replacement interval. Shock absorbers, like ball joints, radiator hoses and drive belts, require periodic inspection. Shock absorbers can last as little as 20,000 miles and may even last the life of the vehicle, depending on how and where the vehicle is driven. Periodically the shocks should be inspected for oil/seal leaks. If there is oil on the shock absorber it needs replacement. The old standard testing bouncing a car still is a good test. Go to one corner of your van and push down hard. When the van rebounds it should only bounce once and then settle down. If it continues to bounce, it is time for new shocks. If it is time for new shocks, they should always be replaced in pairs.

I have a question regarding my 1968 Pontiac GTO that I have owned for almost 20 years. It's been restored and is a low mileage California born and bred car. My problem is that the car runs smoothly at normal in town speeds (up to 60 MPH) but on the freeway, once you reach 68-70 MPH the car tends to shake as if the wheels are out of balance. I recently installed a set of expensive Firestone redline wide oval radial tires purchased from Coker Tire. When they were first installed by a local shop, due to the vibration, I felt that they were not balanced properly so I had a different shop rebalance them. Unfortunately, there was no change. I have disc brakes up front and drums in the rear. Both were replaced, including the drums, within the last 1,000 miles. Most front-end components and suspension parts were also replaced. Could you suggest what the next step I should take to diagnose this issue. The issue only seems to be noticeable at high speeds. A friend of mine suggested that the drive shaft could be out of balance. I'm anxious to have this car run as good as it looks.

First off, I don't believe it is a driveshaft balance issue. If it were you would feel the vibration in the body of the car much more than the steering wheel. Back in the 60s, 70s and even 80s we would use an on-the-car wheel balancer. These balancers would not just balance the wheels and tires but the hubs, rotors and drums. With a little investigating you may find a shop with one of these balancers. The other possibility is that the tires, wheels and hubs need to be better matched to each other. Every tire, wheel and hub have a high and low spot. If the high spot of the wheel is mounted on the high spot of the hub, even if the wheel and tire is perfectly balanced you can get a vibration. At this point it will take some time with a dial indicator and runout gauge to get everything as close to perfect as mechanically possible.

I have a 2022 Chevy Bolt EUV. I have a question about charging the system to a maximum mileage. When I first got the car, it was charging up 296 miles, now it charges only up 241. Would the cold weather have any effect on how much it charges?

Certainly temperature, accessory use and climate control will all have an effect on mileage/range of an electric car. AAA testing of electric cars has shown that in very cold weather range can be reduced by as much as 30 percent and in very hot weather range can be reduced by 15 percent. Looking at the specification of the 2022 Bolt, the 241 mile range is still higher than the advertised number. General Motors did issue a recall on some Bolt models due to a possible battery fire. GM has advised owners to set the maximum charge at 90 percent and avoid depleting the battery



JOHN PAUL
AAA's Car Doctor

to less than 70 miles of range. They also recommend charging more frequently and not charging the battery indoors at night. The last that I read GM did have a fix for the battery issue, but are like everyone else waiting for parts.

With new and used car prices going up and limited inventory due to chip shortages, have you noticed increase collectible car prices. I read Hemmings Motor news and some other old car publications and it seems as if these cars are also getting more expensive.

Collector cars prices can be very cyclical; there have been fortunes gained and lost buying a selling some collector cars. Prices are determined by several factors, condition, rarity and market demand. Value will always be determined by how much a buyer is willing to pay. There are tiers of the buying public that have plenty of available disposable income, time and storage space that can drive prices up on some popular vehicles.

I recently had to replace the engine in my Toyota Camry. It had 234,000 miles, and the newer engine has around 150,000 miles on it. I've notice when it's really cold, the car does not warm up when driving at highway speed. When it's idling or going slow, the engine warms up and therefore the heater works OK. What's up?

Start with a check of the engine thermostat. If the engine was sitting in a salvage yard for a while, the thermostat may be opening at too low a temperature. This would be most noticeable at highway speeds. If the thermostat is okay, then the problem could be air in the cooling system. This could be a result of a faulty engine head-gasket, which is why the car could have been in the junk yard.

I love my 1998 Volvo and plan to drive it as long as it will go; it only has 223,000 miles so far. Volvo parts are really expensive so I have been buying parts online. I'd like to understand after-market parts. Are there various qualities? Should I be asking for a specific manufacturer, given I plan on keeping this car as long as I can keep it running.

I have no problem with aftermarket parts. In fact, that said, many replacement parts are equal to and in some cases may surpass the original equipment parts. Look for name brands from reputable parts stores such as NAPA. I have also had good luck with online parts retailers such as Rock Auto and CARiD. When I'm shopping online, I tend to look for brand names that I am familiar with that will provide good service. As a general rule, if the replacement part is dramatically cheaper than the original equipment part, the quality may be questionable.

I recently purchased a 2013 Nissan Pathfinder with only 27,000 miles on it. I hear a knock from the engine that is fairly apparent until the car warms up for a minute or two. I took the car to Nissan and had someone drive and test it. They told me there are no trouble codes and the knocking noise cold is normal. Does my truck have a problem?

It is not unusual to hear a slight knocking noise when the engine is cold. There is so much aluminum in engines today that parts will expand and contract as they warm up. As long as the noise goes away quickly I would agree with the dealer and call it normal.

I have a 1999 Honda Accord and the "service engine" light came on. The repair shop told me it was the evap system but they couldn't find anything wrong. They said the problem wasn't on the fuel side. They reset the computer. I filled the gas tank and only drove about 100 miles but all has been well for almost three weeks. Then the light came back on. What exactly is the evap system and should I be concerned about the light?

The evap system is the term used for the evaporative emission control system, which prevents gasoline fumes from escaping into the atmosphere and causing additional pollution. Since 1996 most cars have had an onboard test of this system to ensure it doesn't leak. Although in this case,

Cont'd On Page 31

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Ceremony Marks Generals Bridge Opening

Cont'd From Page 1

erals for whom the bridge was named, saying they represent all from Quincy who have served in the armed forces.

"I'm honored as always to be part of the group that represents everybody who served," he said. "I just want to thank these two men for making it all happen."

The bridge and park had been dedicated during a ceremony the morning of Sept. 11, but Baker was unable to attend. Koch said the ribbon-cutting ceremony was held as a way to thank the governor for his support of the project.

"Today was scheduled so we could incorporate the governor into this project visibly because he was behind the scenes with the project. You look at the beautiful bridge, it would not have happened without Governor Baker and the support of the legislature," Koch said. "We wanted to get him out here to do the official ribbon cutting to thank him once again."

"I'm just so grateful to the governor," Koch added, saying he was sad Baker would be leaving office at the end of his current term next January. "I said we weren't doing speeches, but I did want to publicly thank I think the greatest governor in the United States."

Baker said he regretted not being able to attend the dedication ceremony in September and called Quincy a special place given the role its residents have played in the nation's history.

"I'm sorry I missed it, but it was a day of special remembrance I think for all of us," the governor said.

"What makes this particular project so important is that it is also a remembrance to a great city that over the course of many years has produced a tremendous number of very important leaders who made an enormous difference in the success of our democracy."

The bridge, approximately 350 feet long, forms part of a new roadway network connecting Burgin Parkway to the city-owned garage on the former Hancock Lot via General Dunford Drive, formerly known as Cliveden Street.

The bridge has one 11-foot travel lane in each direction, plus a five-foot shoulder, and a sidewalk. Motorists can only take a right-hand turn onto the bridge and a right-hand turn off it.

The state picked up the tab for the construction of the bridge and related roadwork on Burgin Parkway, totaling about \$10 million. The Massachusetts Department of Transportation



FAMILY MEMBERS of the seven generals honored at the Generals Bridge and Park gather with Mayor Thomas Koch and Gov. Charlie Baker at a ribbon cutting ceremony Jan. 13th marking the opening of the new span that is part of a new network of roads that connect Burgin Parkway with the city-owned garage at the former Hancock Lot.

Quincy Sun Photos/Robert Bosworth

PHOTO RIGHT: Gov. Charlie Baker (left) and Mayor Thomas Koch (right) with retired Air Force Brigadier General Ronald Rand before cutting the ribbon marking the opening of the Generals Bridge Jan. 13.



PHOTO BELOW: Mayor Thomas Koch shakes hands with Gov. Charlie Baker after the ribbon was cut at the Generals Bridge. "I'm just so grateful to the governor," Koch said at the ceremony. "I said we weren't doing speeches, but I did want to publicly thank I think the greatest governor in the United States."



oversaw the project.

The city paid the roughly \$25 million cost for improvements in the area of the former Ross Lot, including new and improved roadways – General Dunford Drive and General McConville Way – and new subsurface infrastructure. Those funds were set aside in a \$61 million district-improvement-financing bond city councillors approved in June 2019 that will be paid back with new tax revenue generated in Quincy Center.

In addition to James McConville and Ronald Rand, the other five generals honored at the bridge and park are: Marine Corps Gen. Joseph Dunford Jr., former chairman of the Joint Chiefs of Staff; Gordon Sullivan, former Army chief of staff; Major Gen. Francis McGinn of the Army National Guard; the late Major Gen. Charles Sweeney of the Air Force; and the late Major Gen. Stephen Keefe Jr. of the Air Force Reserve.

Construction Of New Public Safety HQ On Hold

Cont'd From Page 1

vicinity of the current police station at 1 Sea St. The new building had originally been scheduled to open in the fall of 2023 but, in a recent interview, Mayor Thomas Koch said he anticipates it would now open in the summer of 2024.

The delay is because the cost of building materials has kept increasing, the mayor explained. It also means the city will not have to find a temporary home for Father Bill's Place while construction of its new housing resource center at 39 Broad St., slated to open in two phases in 2023, is ongoing. The organization's present location at 38 Broad St. will be razed to make way for the new public safety building.

"When the teams met and tried to figure it out, the numbers were higher than what we had expected it. As we all know, the prices of things have just gone crazy," Koch said.

"There was that piece and then there was a component where we were going to temporarily house Father Bill's. Well...we need a little bit more time to figure out the supply chain issues, let's eliminate that temporary thing and save several million dollars. By that time maybe things will stabilize on the supply side so we can get that number back down.

"Six, eight, ten months is not going to kill us."

The cost of materials is presently about 15 percent higher than originally anticipated, Koch said, and the city will use the pause to try to bring the costs of the project down.

"I think it was like 15 percent higher than we anticipated overall. We're breaking everything down with the contractor, which is Suffolk Construction. They know that world tremendously," the mayor said.

"Everything was included in that - the road improvements on Broad Street, all that - so we're looking, 'OK, how do we slice this up a little bit?'" Maybe the Broad Street stuff goes with our regular street contracts where we have good bids on that stuff.

"We're looking at every aspect of it - how can we break it down. A few bucks here, a few bucks there, a few bucks there, all of a sudden it adds up. And we still may need an appropriation with the [City Council], but before I do that I want to go through this exercise of looking at every opportunity where we can perhaps save or find some economies."

While the city is looking at ways to reduce the cost of the project, Koch said he

would not sacrifice the quality of the building.

"I did not want a sacrifice in quality. I've seen that over the years in building construction. I'm not going to start naming names or anything - sometimes things are done on the cheap and all of a sudden ten years later you've got to go in and spend an awful lot of money because you did things on the cheap," he said. "It just doesn't make sense to me. I want it to be a 50- to 100-year building. We're going with the best of systems and roofs so we don't have to revisit it.

"You look historically, the old school buildings from around that 1900 period, they're solid buildings. Yes, new boilers, you fix the roof here or there, put new windows in them, but they are solid. That's what I want to do."

The City Council last April approved a \$120 million bond to pay for the construction of the new building and a 267-car garage. The bond also included funds for nearby infrastructure improvements, such as those planned for Broad Street.

Councillors in December 2019 approved a \$32 million bond, which included money to design the new building and purchase five parcels of land, among other project costs. The parcels the city purchased include the Stop & Shop gas station at 450 Southern Artery, the former home of the Bryan Post at 21 Broad St., a single-family home at 12 Field St., and the commercial building at 39 Broad St., where the new housing resource center is being constructed.

The fifth parcel of land purchased with those funds was a vacant lot at 47 Quincy Ave., which is located across the street from the current headquarters of the Quincy Fire Department at 40 Quincy Ave. The city plans to build a new firehouse at 47 Quincy Ave. to house the apparatus currently located at departmental headquarters; the department's administrative offices will move to the new public safety building on Sea Street.

Plans for that new firehouse are still being drawn up, Koch said.

"We're going through iterations with the architect, so there hasn't been a final design at this point," he said.

"That design and construction is a whole lot simpler than the public safety headquarters. It's essentially a big garage with living quarters in it really - far less complicated so it will be far less costly, but until we get the design finalized, we re-



ARTIST RENDERING of the new public safety headquarters at 1 Sea St., which will house the Police Department, the Emergency Management Department and the Fire Department's administrative offices. City councillors approved a \$120 million bond to pay for construction of the building and nearby infrastructure work in April, 2021. Construction of the new facility has been delayed due to rising cost of building materials - about 15 percent higher than anticipated, Mayor Thomas Koch said last week.

Rendering Courtesy City of Quincy

ally can't put a number to it."

After the new firehouse opens, Koch said the Traffic, Parking, Alarm and Lighting Department could move into the existing Fire Department headquarters at

40 Quincy Ave. TPAL currently has its offices at 55 Sea St., home to the Department of Public Works, and also leases storage space elsewhere in the city.

"That whole operation might operate out of

there. You can't have these \$150,000 bucket trucks out in the weather. You can't. You've got to protect those," Koch said.

"Those aren't nearly as heavy as a fire truck, so my

guess is we could probably do some things there. And you're not having people living in the building in an operation like that."

"Right now that would be my first choice," he added.



MAYOR THOMAS KOCH - who delivered his "State of the City" address last March outside the James R. McIntyre Government Center and the Hancock-Adams Common - says he is hopeful this year's message can be given inside the Great Hall sometime in February.

Quincy Sun File Photo/Robert Bosworth

State Of The City Address Delayed

Cont'd From Page 1

City this month is on hold given the rise in COVID-19 cases, linked to the omicron variant, seen throughout the northeast in recent weeks. Koch was optimistic that new cases would soon be on the decline.

"I had temporarily put Jan. 26 in my book," for the date of the State of the City, he said. "I think we're going to move it because of what's going on."

"I don't want to speak to an empty room, I really don't, and there's no urgency to it. We're just putting it off for now, watching to see how omicron continues. All the experts are now saying it's going to crash quickly.

That's what happened in South Africa. I don't know if you saw the reports in the Boston papers - the measurement in the effluent going out has dropped tremendously," Koch continued, referring to a steep decline in the level of COVID-19 detected in Boston area sewage last week.

While he has yet to pick a new date for the address, Koch said it would likely be given sometime in February during the daytime.

"That is my hope," he said.

The mayor said there is no urgent need to give his remarks, as he is not planning to make any major announcements.

"I'm pretty transparent on news. It's not like I have this major announcement anyway," he said. "We're going to be doing the State of the City, so we'll give an update on everything."

While he has not begun to write the speech - adding that he might even deliver his remarks off the cuff - Koch said he does not plan to linger long on the pandemic.

"I think there is a COVID weariness right now. I don't expect myself to spend a lot of time on COVID, particularly if we're on the back end of it and things are going well," the mayor said. "I think people have had enough. I really do, so I

don't expect to spend much on that."

Koch delivered his most recent State of the City address last March outdoors on the Hancock-Adams Common. Koch is hopeful this year's address can be given in the Great Hall of the McIntyre Government Center, though it could be moved outdoors again if necessary.

"We're monitoring it. If things don't improve - which I think they are going to improve drastically, all signals are pointing that way - then I'll go outside," he said.

"We're not going to have a jammed hall. No matter what the situation is, we're going to be smart about it."

Frank Collins Marks 53rd Anniversary Of Heart Surgery With Blood Donation

Frank Collins will celebrate the upcoming anniversary of a heart surgery he had as a child by donating blood to Boston Children's Hospital.

Collins, a Braintree native, was a member of Quincy's Bethany Congregational Church growing up and played basketball there. While playing basketball, Collins became fatigued before other players and, because of that, his parents took him to Quincy Hospital, where he was diagnosed with a heart murmur.

The family then went to Boston Children's Hospital where, Collins recalled, "the doctors listened and listened and took many x-rays and EKGs." Collins was then diagnosed with an atrial septal defect (ASD), a congenital heart defect present at birth.

Collins underwent heart surgery on Feb. 14, 1969 – two days after his tenth birthday. Dr. William F. Bernhard, a cardiovascular surgical pioneer, performed the surgery that day.

"I remember the staff coming into my room at 7:20 a.m. and wheeling me down

to the operating room," Collins recalled. "The nurse said, 'Frank, I'm going to put you to sleep now' as she put the mask over my face."

"After six hours, Dr. Bernhard brought news to my mother that he had just finished working on me and that his team is now closing him up. The defect was the size of a half dollar which he stitched together rather than putting in a patch. Frank will have a normal life now!"

Collins said 23 pints of blood were used in a heart and lung machine that day to help keep him alive during the surgery. The blood had been donated by Masons from his father's chapter, the Delta Lodge of Braintree.

The operation cost \$2,700 and was paid for by the American Heart Fund, Collins said.

Collins remembered waking up nine and a half hours later with his parents by his side and a picture of a new baby beagle puppy. He would spend the next 13 days in the hospital recuperating before returning home.

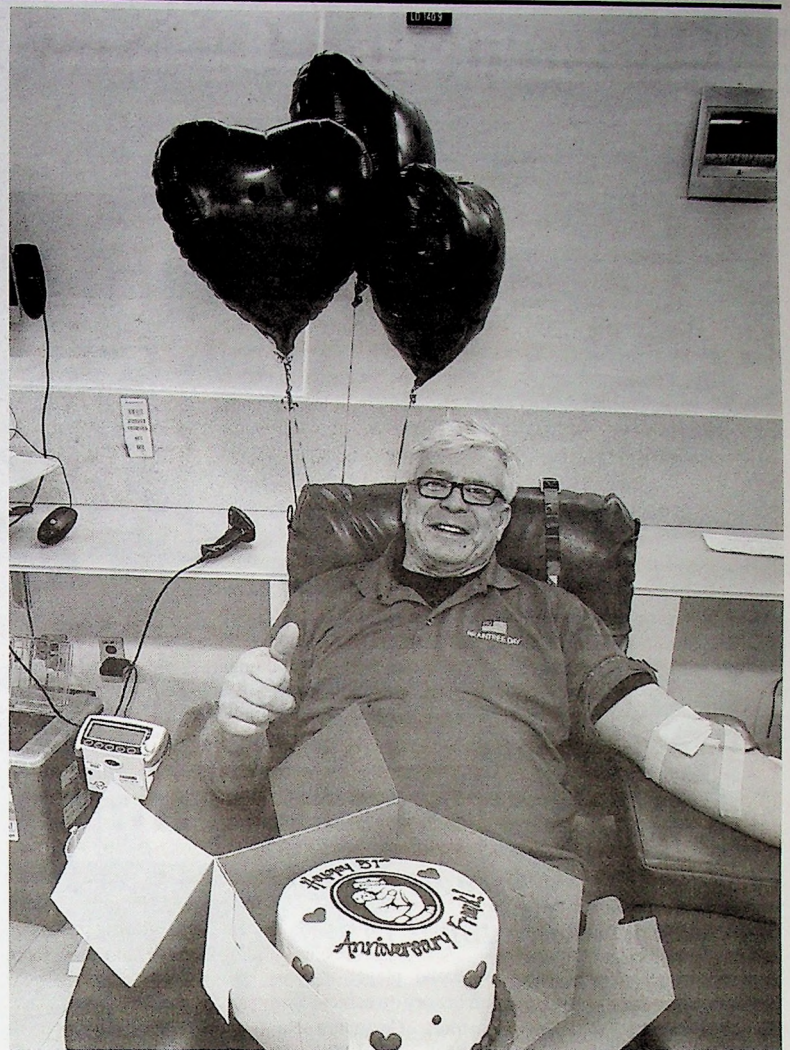
"After some time, I

was able to put on a baseball glove and started on a Little League team and of course back on the basketball court," he said. "I played high school soccer for Braintree and Braintree Youth Hockey."

At age 18, Collins joined the United States Marine Corps as a jet mechanic, where he served at the South Weymouth Naval Air Station for many years. He served a total of 22 years in the military – 12 with the Marine Corps, five in the Navy, and five in the Massachusetts Air National Guard – before retiring in 2000 on the USS Constitution.

Collins said he is the proud father of a son, Jordan, now 30, and has remained active in the community. He is also a frequent blood donor.

"I support the Boston Children's Hospital blood center with frequent blood donations. Without the Boston Children's Hospital cardiac center, none of this story would have ever happened," he said. "I have been truly blessed and am most thankful!"



FRANK COLLINS, who grew up playing basketball at Bethany Congregational Church, underwent heart surgery at Boston Children's Hospital on Valentine's Day 1969 when he was 10 years old. Collins has become a frequent blood donor since then. Here he is pictured donating blood on Feb. 14, 2020 – the 51st anniversary of his surgery.

Photo Courtesy Boston Children's Hospital

Koch Looking To Honor Leaders Joseph Brill, Paul Moody

By SCOTT JACKSON

Mayor Thomas Koch said he is looking at potential ways to honor two local leaders of the Sons of the American Legion who passed away in recent months.

Joseph Brill, a Navy veteran who was serving as the commander of SAL Squadron 294, died in November at age 66. Paul Moody Sr., who led the same squadron for eleven years before an illness forced him to step down in July 2020, died in December at the age of 75.

Moody began Flags for Veterans Island in Fort Square in 2009, decorating a traffic island with 10 American flags, each representing a living or deceased veteran or an active-duty service member. The island grew from there and Moody had to cap the number of flags placed at the island at 400 to keep it looking dignified and neat. Instead, the squadron began selling bricks and more than 600 inscribed bricks, likewise dedicated to veterans and active-duty service members, have been installed on the island to date.

In a recent interview, Koch said he is looking at ways to honor Brill and Moody at the city-owned island.



JOSEPH BRILL

lot of thought," he said. "It probably makes sense to do something for both of them at the island of flags. Both of them, their heart was in it. Even before Joe stepped in for Paul, he was at Paul's side for all those years. Then

you throw Guy [Ferris] in the mix – it was really the three of them."

"I'm also mindful that I don't want to put a headstone and make it look like a grave," Koch added. "I don't it to be a sad thing. I'd



PAUL MOODY

Koch said the deaths of Brill and Moody were losses for the community and himself personally.

"Two great, great guys. Very different people in their own right, but they both left their mark," the mayor said of Brill and Moody. "Those were unique Quincy guys. People say, 'what is it about Quincy?' We've got a lot of these characters that are unique but step up and get stuff done."

"It's a loss to the city but I knew them both extremely well – it was a personal loss too. The Moodys go back generations with my family and Joe used to tell everyone how my father sold him his first car, the Rambler station wagon, so we knew the Brills all our life."

"It's a tough loss."

like to give it some thought and it be uplifting service- how can we honor them, wise rather than a downer."

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MAGGIE LYNCH, right, watches her shot fly past Marshfield goalie Ava Peterson for a goal in Quincy-North Quincy's 6-4 win Jan. 12. With the victory, Q-NQ improved to 3-3 on the season. Quincy Sun photos/Tom Gorman



MAGGIE DINEEN controls the puck at mid-ice for the Quincy-North Quincy girls' hockey team against Marshfield.

Quincy/North Quincy Downs Marshfield, 6-4

*Maddie Bailey, Maggie Lynch
Net Scoring Milestones In Win*

By TOM JOYCE

The Quincy/North Quincy High girls' hockey team had a strong performance when it needed it most Jan. 12.

Q-NQ hosted the Marshfield Rams at the Quincy Youth Arena and while the game was tied going into the third period, the team got a couple of goals and pitched a shutout on defense to secure the win. Q-NQ won this one 6-4 and improved to 3-3-0 on the season as a pair of its veteran players achieved career milestones.

Q-NQ struck first in this one. Maggie Lynch found an opening on the left side of the net and slapped in a goal with 12:23 remaining to put the team up 1-0. Lynch, a junior, had a hat trick to reach 100 goals in her career becoming only

the second player in program history to achieve that milestone. (Cassandra Davis is first with 125 career goals.)

It was a milestone game for senior captain Maddie Bailey, too. Bailey assisted on the first goal and added a goal and another assist to eclipse the career 100-point mark becoming only the sixth player in program history to do so.

Marshfield responded with a goal of its own with 9:28 remaining in the first period; it was unassisted.

It wouldn't take Q-NQ long to regain the lead 2-1. Orla O'Driscoll netted a goal with 7:42 remaining in the first. She outmaneuvered a host of Marshfield defenders as she put the puck in the back of the net unassisted.

Marshfield added another

Cont'd On Page 17



Q-NQ'S ORLA O'DRISCOLL, right, gets the puck past Marshfield goalie Ava Peterson for a goal.



Q-NQ'S Clara Folan surveys the ice waiting for a pass.



ORLA O'DRISCOLL, left, and Caroline Snyder, right, put the pressure on Marshfield's Maegan Condon, center.



Q/NQ'S Maddie Bailey, left, races to a loose puck with Marshfield defenders in pursuit.



HAILEY CONCANNON, center, knocks away the shot of Marshfield's Anna Sullivan, right.
Quincy Sun photos/Tom Gorman



MORGAN NOVAK, left, tries to beat Marshfield's Kayla Leonard to a loose puck.



ABIGAIL NEWTON, center, makes a move on Marshfield's Kayla Leonard, right.

Quincy/North Quincy Downs Marshfield, 6-4

Cont'd From Page 16

goal late in the first period, tying things at two apiece.

At the start of the second period, QNQ took the lead once again; this time, the team capitalized on a two-on-one offensive chance. Bailey fed the puck to Lynch

and she scored her second goal of the game with 14:17 remaining to put the team up 3-2.

Over the next two minutes, Marshfield put up a pair of goals and took its first lead of the day. With

13:26 remaining of the second, Marshfield took advantage of a second-chance scoring opportunity, burying a goal to tie it, 3-3.

About a minute later, Marshfield found an opening on the right side of the net shortly after winning a faceoff in QNQ territory. Marshfield scored once again and took a 4-3 lead with 12:24 remaining in the second.

Cont'd On Page 18



QUINCY-NORTH QUINCY'S Ashlenn Folan checks Marshfield opponent at the boards.

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NQ Girls' Basketball Down Pembroke For 7-0 Start

By TOM JOYCE

A hot start to the second half helped the North Quincy High girls' basketball team turn a close game into a blowout.

The Raiders had no is-

sue coming out on top once again in their road contest against the Pembroke Titans last Friday night. After entering the locker room at halftime with a four-point lead, the Raiders took what

could've been a win for either team – and made it a sizable victory. The Raiders won this one 54-35 and improved to 7-0 on the season.

The Raiders jumped out to an 8-4 lead in the first few

minutes of the first quarter; sophomore guard and captain Orlagh Gormley, who scored a team-high 25 points for the Raiders, had six of those eight points. The Raiders would lead 14-

10 after the first quarter as each side put up three baskets in the second half of the first quarter. Gormley, sophomore center Autumn O'Campus, and sophomore forward Jillian Jaehrig had

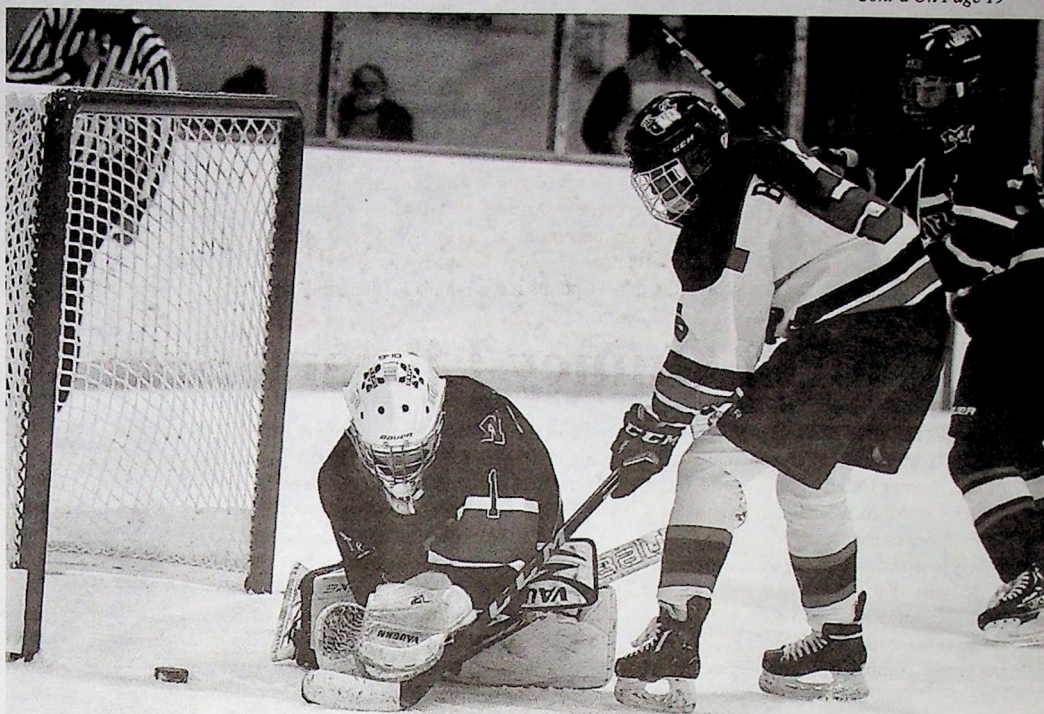
baskets in that stretch.

The second quarter was a stalemate; each side added 12 points to its total. Pembroke started the quarter with two missed free throws.

Cont'd On Page 19



QUINCY-NORTH QUINCY girls' hockey senior captain Maddie Bailey (left) had a goal and two assists in a 6-4 win over Marshfield Jan. 12th to eclipse the career 100 point mark becoming only the sixth player in program history to do so. She joins teammates Maggie Lynch (right) and Orla O'Driscoll in the club. In the same game, Lynch, a junior, had a hat trick to reach 100 goals in her career becoming only the second player in program history to achieve that milestone. Cassandra Davis is first with 125 career goals. *Courtesy File Photo*



QUINCY-NORTH QUINCY'S Maddie Bailey, right, tries to get the puck past Marshfield goalie Ava Peterson in Q-NQ's 6-4 win over the Rams Jan. 12. *Quincy Sun photo/Tom Gorman*

Quincy/North Quincy Downs Marshfield, 6-4

Cont'd From Page 17

Going into the third period, the game was tied at 4-4. That's because O'Driscoll scored with 1:53 remaining in the second. She faked out a Marshfield defender, got an opening and her shot was successful.

Neither team scored in the first half of the third period. Bailey scored the go-ahead goal for QNQ in this one. She skated past a pair of Marshfield defenders and got her third point of the day

on a goal. It put QNQ up 5-4 with 4:57 remaining.

About 10 seconds later, QNQ doubled its lead. Lynch scored once again on a shot assisted by Bailey; QNQ won the faceoff and immediately got a strong rush down the ice.

QNQ was able to protect its lead and secure its third win of the season.

In the win against Marshfield, QNQ tied for its second highest goal total of the regular season thus far. Of-

fense has been a strength for the team this season; with 29 goals through six games played, the team was averaging more than 4.8 goals per game.

The roster for QNQ this season includes: junior goalie Hailey Concannon (Quincy), freshman forward Madeline Case (Quincy), senior defender Morgan Novak (Quincy), senior forward and captain Maddie Bailey (Quincy), eighth grade forward Siena Nichol

(middle schooler), sophomore defender Caroline Snyder (North Quincy), junior forward Maggie Lynch (Quincy), freshman forward Megan Caldwell (Quincy), freshman forward Ciara Folan (Quincy), eighth grade defender Lila Cook (middle school), freshman defender Ashlinn Folan (Quincy), freshman forward Maggie Webber (North Quincy), eighth grade forward Kaile Campbell (middle school), junior defender Maggie

Dineen (North Quincy), eighth grade forward Emily Lim (middle school), freshman forward Chloe Melchin (North Quincy), junior forward Abigail Newton (North Quincy), junior forward Angel Bresnahan (North Quincy), senior forward and captain Orla O'Driscoll (North Quincy), and junior goalie Katelyn Stirling (Quincy). The team's head coach is Jeff Craig.

In other action, QNQ defeated Whitman-Hanson/

Silver Lake 10-5 on Jan. 15 to improve to 4-3 on the season. Maddie Bailey had four goals, Maggie Lynch 3 and Orla O'Driscoll three in the win.

QNQ has a pair of games this week. They faced the Pembroke Titans at the Quincy Youth Arena on Wednesday, Jan. 19 (8 p.m.). Then, on Saturday, Jan. 22, QNQ will face Haverhill on the road at Zapus Arena in Randolph (2 p.m. start time).

Quincy/North Quincy Alpine Race Team Competes In Inaugural Race

The new Quincy/North Quincy Alpine Race Team had their inaugural race at Blue Hills on Jan. 12th.

The team is part of the Ski East League, which is comprised of 10 member schools and over 300 racers. The athletes participate in Slalom and Giant Slalom disciplines, both of which will be heavily featured in the upcoming Winter Olympics.

Standout sophomore Avery Abrahamovich had a terrific showing during her debut high school race finishing in 9th place overall for girls.

"I'm thrilled with this group of dedicated athletes," said Coach Erik Abrahamovich. Most of them have skied only recreationally before this year. For them to be able to come out here and compete at the varsity level on a highly technical course in their first race is remarkable."

Ski team members are:

Senior Captains Alexandra Abrahamovich, Caroline Cavicchi, Harry Gaudiano; Senior, Rachel Hoban; Juniors Mattea Garrett, Julia Gillespie, Cady Hansbury; Sophomores Avery Abrahamovich (Technical Captain), Lito Breslin, Faye Fitzpatrick, Brooklyn Geary, Lucy McLaughlin; Freshmen Max Gaudiano, Henry Lebo, Tabitha Lee, Aidan McCarthy, Steele Smith and Matthew Wallace. Coaches are Erik Abrahamovich and Lisel Couture.

This year, the team will compete in the Ski East League as a club team. The goal is to achieve full varsity status for next year, which will allow individual racers and the team to qualify for the state tournament.



THE COMBINED Quincy/North Quincy team is competing in the Ski East League (<https://www.skieastracing.org/>).

Photo Courtesy Erik Abrahamovich/Head Coach QNQ Alpine Race Team

NQ Girls' Basketball Down Pembroke For 7-0 Start

Cont'd From Page 18

Then, sophomore captain and guard Ava Bryan (19 points) hit a free throw for the Raiders, scoring the first points of the quarter.

Although Pembroke tied the game at 19 apiece in the first half, they wouldn't go into halftime with the lead. Gormley hit a pair of free throws to make it 21-19 on what would end up being a 7-0 run for the team. Pembroke missed a pair of free throws once again, and Gormley responded with a three-point play: she hit a layup, got fouled, and made

the free throw. Additionally, Bryan made a basket on the run to make it 26-19 in the team's favor.

One good run from Pembroke to start the second half could have wiped away the Raiders' lead. However, that didn't happen. Rather, the Raiders had a dominant run, holding their foe to four points in the entire third quarter while adding 18 points themselves.

The Raiders started the second half on a 6-0 run that ended up becoming a 13-2 run. On it, Gormley scored the first 11 points for

the Raiders. Her first four points of the run came on free throws, followed by a fast break layup with 5:10 remaining in the third. This forced Pembroke to call a timeout. While Pembroke responded by making a basket, Gormley hit a three-pointer followed by a two-pointer to give the Raiders a 37-25 lead. That would be all of the points the Raiders needed to win the game. Additionally, sophomore guard Molly Tolland hit a deep two-pointer during this run. Bryan added five more points in the final minute-

and-a-half of the third.

An 18-point deficit proved too big for Pembroke to overcome in the final eight minutes of the contest. The Raiders continued to play tough defense and put in a handful of reserves in the final few minutes of the game. Pembroke's best offensive run of the game came in the final two minutes of this one. The team finished the game on a 6-2 run; all of those points came on layups. It cut the team's deficit to 19 points as it took a loss at home.

While the Raiders were

unbeaten as of the start of this week, they had been dominant in most of those games. They had won every game they played in thus far by more than 10 points.

The roster for the Raiders this season includes: junior guard Mollie Nelson, junior guard Marybeth Smith, sophomore guard and captain Orlagh Gormley, senior guard Sara Joma, junior forward and captain Bridget Capone, sophomore center Autumn O'Campus, sophomore guard and captain Ava Bryan, senior guard Stephanie Huang, sophomore for-

ward Jillian Jaehnig, sophomore guard Molly Tolland, junior guard Keira Murphy, sophomore guard Ava McGrath, junior center Mia Pecevich, sophomore guard Ruby Ahern, and sophomore forward Caroline O'Donnell. The team's head coach is Matt Ramponi.

The next game for the Raiders will take place this Friday, Jan. 21 at home against the Quincy Presidents (5 p.m. start time). The Quincy and North Quincy boys' basketball teams tip off at 7 p.m.

North Quincy Library Branch Reopening Feb. 1

By SCOTT JACKSON

The North Quincy branch of the Thomas Crane Public Library is set to reopen on Feb. 1 after being closed for nearly two and a half years.

Mayor Thomas Koch said the ongoing renovations to the building should be nearly complete by that date.

"It may not all be done, but most of it will be enough that the public can get in and use," he said.

The branch library initially closed in August 2019 because of damage to its roof. Asbestos was later found on site and, as the

cost of the renovation work increased, the city was required to make accessibility upgrades to the building to comply with the Americans with Disabilities Act.

"They had some issues with the roof leaking and different things. This is the problem when you start to open up the door a little bit, when you start to peel back the onion, all of a sudden 'oh boy, we've got a problem here, oh boy, we've got a problem here' asbestos, mold, whatever it may be," Koch said.

"These aren't easy fixes and then of course you're

starting to spend money, that trips the ADA issues, because...if it exceeds a certain number, now you've got to address all the ADA issues, so that got tripped.

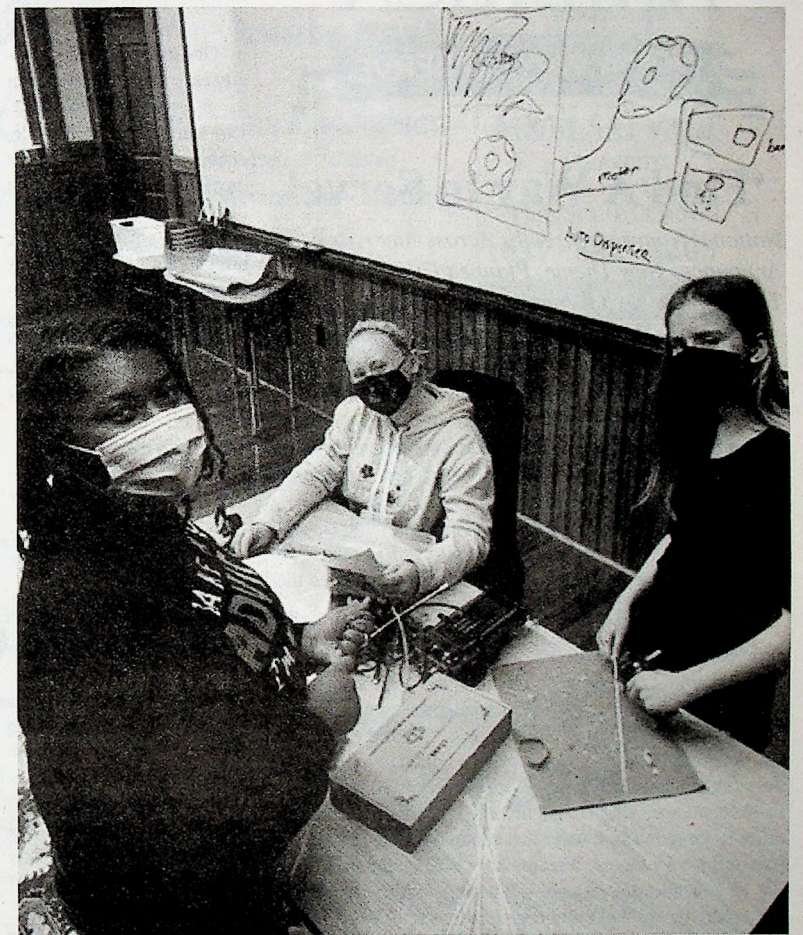
"So, it just snowballed, but at the end of the day it wasn't a patch job. It's going to be in great shape for a long time."

The North Quincy branch is located at 381 Hancock St. Beginning in February, the branch will be open five days a week - Mondays, Wednesdays and Saturdays from 9 a.m. to 5 p.m. and Tuesdays and Thursdays from 1 to 5 p.m.

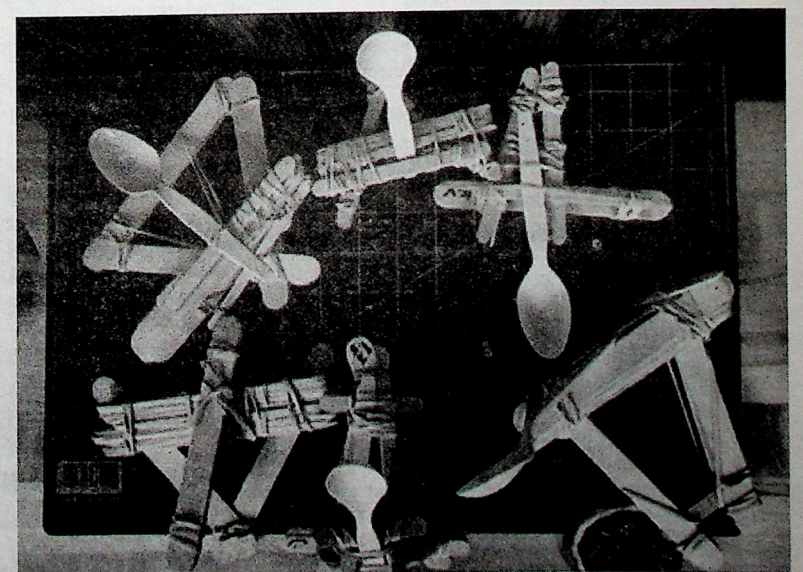
The Thomas Crane Public Library also has branches at 41 Beale St. in Wollaston

and 519 Sea St. in the Adams Shore Neighborhood,

in addition to the main library at 40 Washington St. in Quincy Center.



WOODWARD SCHOOL STUDENTS (left to right) Victoria Beliard (Mattapan), Beatrix Cohen-Raymond (Milton) and Fiona Philbin (Hanover) discuss their design for an automated candy dispenser. Photos Courtesy Woodward School



THE ENGINEERING CLUB'S first design project, catapults! Notice how different each is.

Introducing Girls To Engineering At Woodward

This year at The Woodward School up to 11 students (ranging from sixth grade to eleventh grade) meet once a week for the Engineering Club.

The objective of the Engineering Club is to understand the engineering design process and how it allows us to think critically about things around us - how do tables support the weight? How do streetlights turn on at dusk?

The girls who joined the club are interested in architecture, 3-D printing, robotics, coding, art, and wanting to do something fun together!

Woodward teachers understand how girls learn best - through experiential learning, being engaged in the "how" if they understand the "why", collaboration and teamwork in STEM subjects, and developing a growth mindset.

The Engineering Club is co-facilitated by Math Department Head, Jessica

McNamara, and Computer Science teacher Niko Arranz who utilize the above elements of learning to have the Club become a magical space.

"The Woodward School affords the space for exploration. Within this space girls can jump as high as they want and can take the time to explore all the different elements of their project," Arranz said.

"In the club," McNamara explained, "we focus on the Engineering Design Process. The students are given an objective, but we don't tell them how to get there. They learn that there are multiple ways to solve a problem."

During the design process, the students sketch out their ideas first and after building they contemplate improvement for the design, then rebuild again. It's a cycle they go through: Ask, Imagine, Plan, Create, and Improve. Some innovations have success on the first try

- most need redesign.

The Engineering Club's first assignment was to make a catapult - the design success was judged by how far it could throw a small object. Each team had to find a solution using the same size materials of popsicle sticks, rubber bands, and plastic spoons. McNamara brought in mathematical tidbits, teaching students how to measure the arc of the parabola using quadratic equations to improve performance.

This week, the club teams are sketching plans for an automatic dispenser. Is it any surprise that three of the four diagrams involve dispensing candy!

The Woodward School, located in historic Quincy Center, is an independent, secular all-girls school offering grades 6 - 12. Woodward has been educating and empowering young women for college to be leaders and exemplary citizens for over 125 years.

The public is invited to a virtual Information Session, Jan. 20th: Mastering Science, Technology, Engineering and Math at Woodward. To learn more: www.thewoodwardschool.org.

More Quincy news:

The Quincy Sun.com

Movie Review: 'Scream'

By BOB GARVER

I love the original Wes Craven "Scream" from 1996. Not only do I count it among my favorite horror movies of all-time, it's also one of my favorite comedies. The Ghostface mask worn by the film's killers has given me plenty of sleep-

less nights, and I consider some of its jump scares to be among the best in cinema history. Then there's all the reflexive humor about the characters being trapped in a horror movie and needing to follow certain "rules" to stay alive. Add in some likeable, memorable char-

acters (I even have a soft spot for Rose McGowan's Tatum, though some fans can't see past a bad decision that leads to her death), and you've got a true modern classic.

I didn't much care for the sequels, though. The subsequent films could never come up with characters, jokes, or kills that could match the magic of the original. But now there is a "re-quel" version of "Scream" in theaters, and it comes the closest to re-capturing my love for the 1996 film.

Perhaps the biggest surprise in the original "Scream" was the death of the heavily-promoted Drew Barrymore in the opening scene in the film. In the 2022 "Scream," the biggest surprise comes just after the opening scene, where Tara (Jenna Ortega) is attacked by Ghostface. I came to really care about the character in an awfully short time, with her making selfless decisions and admiring horror movies that aren't all about blood and guts.

The return of Ghostface brings Tara's sister and new main character Sam (Melissa Barrera) back to the town of Woodsboro. Sam is the daughter of Billy Loomis (Skeet Ulrich), one of the killers from the original film. She's allowed her parentage to ruin her life, and

she expresses her frustration in a surprisingly emotional sequence for a series largely associated with gore and smart-aleck humor. She arrives with her well-meaning boyfriend Richie (Jack Quaid) in tow, and quickly acclimates herself with Tara's circle of friends, including Amber (Mikey Madison), Chad (Mason Gooding), Mindy (Jasmin Savoy Brown), Liv (Sonia Ben Ammar), and the groaningly-named Wes (Dylan Minnette). Sam, and to a lesser degree Tara, are great new characters, but most of the others fall flat. Amber says that Liv is "too boring" to be the killer at one point, and from the audience I heckled, "that could be any of you." These movies lend themselves well to heckling.

Fortunately, the film knows that we aren't really here for the new kids. It's not long before we get the return of series stalwarts Dewey (David Arquette), Gale (Courteney Cox), and original main character Sidney Prescott (Neve Campbell). They can be in the movie, but the movie can't be "about" them, so sayeth the rules of the re-quel.

All the pieces are in place for a great slasher, and while I can't say I agree with all the moves they make, the movie does a lot right. There are some fun detours, like

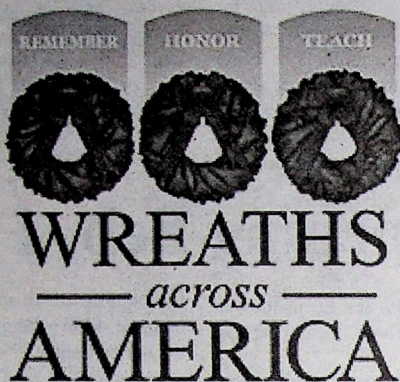


Dewey riding in a car with a determined Sam and thinking he might have better chances against Ghostface. But the movie can't quite stick the landing in the third act, with too much attention given to uninteresting characters and the identity of killer(s) maybe chosen at random by dartboard for all the sense it makes. Still, this is a worthy successor to the 1996 film, which is more than I can say for the three

preceding sequels. It is the first "Scream" not to be directed by the late Wes Craven (it is credited to Matt Bettinelli-Olpin and Tyler Gillett) and it seems they understand the series better now than he did in later installments.

Grade: B

"Scream" is rated R for strong bloody violence, language throughout, and some sexual references. Its running time is 114 minutes.



FIND A WAY TO SERVE

'Find A Way to Serve'

National Nonprofit Wreaths Across America Announces New Theme, Planned Curriculum To Teach the Next Generation In 2022, Beyond

Each year, millions of Americans come together to remember the fallen, honor those that serve and their families, and teach the next generation about the value of freedom. This gathering of volunteers and patriots takes place in local and national cemeteries in all 50 states - most recently at more than 3,100 participating locations - as part of National Wreaths Across America Day.

Each year, a new theme is chosen to help volunteers and supporters focus their messaging and outreach in their own communities. Today, the national nonprofit announces the theme for 2022 is "Find a way to serve."

The inspiration for this year's theme came from a few different places and seemed to be a recurring conversation throughout the last year. Notably, the American Rosie Movement, whose mission is to find and capture the stories of the World War II-era women known as Rosie the Riveters, or simply "Rosies." These women pulled together to do the work that needed to be done for our freedom. The movement encourages youth to get involved in their own communities to serve in small ways that can make a big impact. As part of this new theme, Wreaths Across America is revamping its educational curriculum working with the American Rosie Movement and other organizations to develop action plans to inspire young people across the country to find a way to serve in 2022 and beyond.

"You don't have to be in military service to serve your community and country," said Karen Worcester, national executive director, Wreaths Across America. "Serving others, or being in service to others, gives purpose and I've seen first-hand from Gold Star Families to Veterans, how it can help people heal."

In 2021, more than 2.4 million veterans' wreaths were placed by volunteers on headstones at 3,136 participating locations around the country in honor of the service and sacrifices made for our freedoms, with each name said out loud. Wreaths Across America volunteers work year-round to ensure military laid to rest are remembered, their families and living veterans are honored, and the next generation is taught about the value of freedom.

"Every person has something to give, whether it is their time, ideas, compassion, or resources," added Worcester. "What can seem like the simplest act or gift, can start a nationwide movement and that is our hope that this theme will spark in people. I think Mother Teresa said it best, 'the greatest good is what we do for one another.'"

This year, National Wreaths Across America Day is Saturday, Dec. 17. It is a free event and open to all people.

For more information on how to volunteer locally or sponsor a wreath for an American hero, visit www.wreathscrossamerica.org. To follow stories throughout the year from across the country focused on this theme, use the hashtag #FindAWay2022

State To Distribute Rapid COVID-19 Tests To Students, Staff

By SCOTT JACKSON

Gov. Charlie Baker on Tuesday announced the state would begin distributing rapid at-home COVID-19 antigen tests to school districts to allow weekly testing of students and staff later this month.

The new at-home testing initiative will be optional for districts to participate in as an alternative to the state's test and stay program, Baker said at a State House press conference. Districts can opt to participate in the at-home testing program provided they offer symptomatic testing and/or pool testing.

The new rapid-testing initiative will be optional for students and staff to participate in; pool testing and test and stay are likewise optional.

The test and stay program allows in-school close contacts to COVID-19 posi-

tive individuals to remain in school provided they take a rapid antigen test daily for five days and continue to test negative. Baker said 503,312 tests had been administered as part of the program and 496,440 of those tests came back negative.

"The data from our test and stay program confirms without a doubt that in-school transmission is extremely rare - far more rare than transmission that is happening outside of school," the governor said.

"Remember these tests are given to kids who are identified as close contacts in school with someone who tested positive. Out of half a million tests, 99 percent of them came back negative."

The test and stay program, Baker continued, "requires significant resources both in the form of tests and

school staff time to identify possible close contacts and then contact trace." Baker said districts that opt into the at-home testing program and also provide tests for symptomatic individuals and/or pool testing would be able to discontinue contact tracing and the test and stay program.

"That will allow schools to focus time and resources on identifying symptomatic individuals," he said.

"This new testing option will allow health personnel to focus directly on symptomatic individuals rather than identifying asymptomatic close contacts," added state education commissioner Jeffrey Riley.

"At this point in time, we need to shift our attention and resources to mitigation efforts. Schools that want to keep the testing initiatives they currently have in place will be able to do so, but we recommend they make the switch that will enable them to provide weekly at-home tests."

The test and stay program began in September at the start of the current school year. Riley noted that since

September, COVID-19 vaccines have been made available to all children ages 5 and up. Rapid tests are also more readily available now than they were in the fall, he said.

Districts can begin opting into the new at-home testing program this week, Baker said. Districts who are participating in the program will receive at-home tests for staff starting next week and at-home tests for students the following week. Baker last week announced plans to purchase 26 million rapid tests over the next three months, and the tests for the new school initiative will come from that order.

The at-home tests will be distributed to individuals in kits of two every two weeks, Riley said. One test would be taken each week, regardless of whether or not the person taking the test was symptomatic. Those that test positive for COVID-19 would then have to notify their school and primary care provider.

If an individual tests positive, they must in-

Natasha Durand On Dean's List At Eastern Connecticut State

Natasha Durand of Eastern Connecticut State University in Willimantic, CT. Durand is a psychology major.

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THE MIRACLE PRAYER

Dear Heart of Jesus, in the past, I have asked for many favors.
This time, I ask you this very special favor (mention favor). Take it dear Heart of Jesus, and place it within your own broken heart where your father sees it. Then in his merciful eyes it will become your favor, not mine.
Amen.

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7-11
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247 Atlantic Ave.

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17 Beale St.

7-11
751 E. Squantum St.

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25 Scammell St.

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100 Willard St.

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42 Beale St.

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265 Beale St.

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308 Willard St.

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RATES

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- ☐ Instruction
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OBITUARIES

Rose J. Marini, 96

A funeral Mass for Rose J. Marini, 96, of Braintree was celebrated Jan. 14 in St. Catherine Greek Orthodox Church, Braintree.

Mrs. Marini died Jan. 9 of heart failure.

Beloved wife of the late Brantizio Marini, and devoted mother to the late Margret Marini Sears. She leaves behind her daughter Amarjit (Lisa) Khalsa, sons in law, Gurjot Khalsa and Doug Sears, and many loving nieces and nephews.

Mrs. Marini was born in Boston's South End and spent most of her life in West Quincy. She was a graduate of Boston Clerical College. Mrs. Marini worked for ten years for the City of Quincy's HUD Department. She got great satisfaction in helping disabled people make adaptive changes to their homes.

Mrs. Marini loved her home, and loved to cook for



ROSE J. MARINI

her family and friends. She was smart and spunky and made people laugh with her wit and intelligence up to the very end.

Interment at Mount Wollaston Cemetery, Quincy.

Memorial donations may be made to your favorite charity.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Jennie Beatrice, 103

Jennie (Mirabelle) Beatrice, age 103, a longtime resident of Quincy, died peacefully Jan. 9 in the comfort of her home.

Mrs. Beatrice was born in Yatesville, Pa., to the late Paul and Emanuella (Seratore) Mirabelle. Raised and educated there, she was a graduate of Jenkins High School. She lived in Quincy for over eighty years.

Mrs. Beatrice was a longtime parishioner of St. John the Baptist Catholic Church. Active in community affairs, she was a former member and secretary of the South Quincy Civic Association, and helped run one of the first successful flea markets in Quincy.

Following the Blizzard of 1978, Mrs. Beatrice wrote a bill titled "Walking Sunday" which was signed by former Governor Edward J. King and called for neighborhood walks on the second Sunday in June to foster the spirit of getting to know your neighbors.

Most of all, Mrs. Beatrice was devoted to her family, actively supporting their many activities and accomplishments.

Beloved wife for seventy years of the late Frank

Beatrice. Devoted mother of Joan M. Thiboutot of Braintree and her late husband John, Frank J. Beatrice of Middleboro, Janet A. O'Neil and her husband Rev. Paul O'Neil of Hillsboro, NH, and the late Robert J. Beatrice. Loving grandmother of twelve and great-grandmother of twenty-two. Mrs. Beatrice was the last of seven siblings and is also survived by many nieces and nephews.

A memorial Funeral Mass will be celebrated in Saint John the Baptist Catholic Church, 44 School Street, Quincy at 10 a.m. Relatives and friends are invited to attend. The Archdiocese of Boston requires a mask or face covering be worn in church. The Mass will be livestreamed at [youtube.com/watch?v=OXICnq2pAs](https://www.youtube.com/watch?v=OXICnq2pAs).

Interment private.

Memorial donations may be made to Catholic TV, PO Box 9196, 34 Chestnut St., Watertown, MA 02471 or to the charity of your choice.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Sandra J. Burke

Sandra Jean (Backofen) Burke, of Quincy, passed away peacefully on Jan. 10, surrounded by her loving family.

Sandy's entire life was lovingly focused on her family, friends and the greater community. She adored her grandchildren and children and was a nurturing role model to her entire family. She had a fun spirit and enjoyed many years of trips to Sanibel Island and Cape Cod with her husband George, to whom she was married for over 62 years. They enjoyed these excursions with lifelong friends and played tennis and card games; she loved playing Hearts where she got to "Shoot The Moon."

She belonged to The Sagamore Beach Colony Club, and also played tennis at the Quincy Tennis Club, and The Weymouth Club. Prior to raising her family, she worked as a registered nurse at the Peter Bent Brigham Hospital in Boston. After raising her family, she worked as a successful real estate agent. She had an incredible compassion for humanity. She donated to many worthy causes throughout the years. Sandy will be remembered for her kind soul, philanthropic spirit, optimism, and unconditional love. Her presence in our lives was a cherished gift.

Beloved wife of George G. Burke, II of Quincy. Daughter of Richard and Marjorie (Ewing) Backofen, of Connecticut. Lov-



SANDRA J. BURKE

ing mother of Jeannie Hanlon and her husband Bill of Quincy, Susan Burke-Lewis and her wife Karin of Quincy, Joanne Burke-Sherman and her husband Eric of Braintree, George G. Burke, III of MI, and Debra Burke Corley of Quincy. Cherished Gramma to Katie, Billy, Kerry, Ezekiel, Eilam, Evania, Trevor, Shane, Liam, Gwen, Bryce, Maeve, Sebastian and Clayton.

Relatives and friends are respectfully invited to greet the family during the visiting hours on Sunday, Jan. 23, from 2-6 p.m. in the Keohane Funeral Home, 785 Hancock St., Quincy. A Celebration of Life Service will be held in the funeral home at 9:30 a.m., on Monday, Jan. 24, prior to the Funeral Mass in St. Ann's Church, Quincy at 10:30 a.m. Burial will be in Pine Hill Cemetery, Quincy.

In lieu of flowers, memorial donations may be made to Melinda Alexander at QCAP's Southwest Community Food Center, 1 Copeland St., Quincy, MA 02169. See www.Keohane.com for directions and online condolences.

Robert L. Morris, 76

A funeral Mass for Robert "Bob" L. Morris, 76, of Quincy and Meredith, NH, will be celebrated Friday at 10:30 a.m. in St. Agatha Church, Milton.

Mr. Morris died peacefully Jan. 9.

He was born in Boston to Herbert and Helen (Hogland) Morris and raised in Quincy. Mr. Morris graduated from North Quincy High School in 1963 and enlisted in the U.S. Marine Corps Reserve where he earned the rank of sergeant. He then earned his Bachelor's degree in marketing from Belknap College in Center Harbor, NH.

Mr. Morris enjoyed spending his time skiing in North Conway, NH, at the Polecat Ski Club, where he met his wife, Joanne. He also cherished his summers on Bear Island and boating on Lake Winnepesaukee. He has many lifelong friends from college, the ski club, Winnepesaukee Colony Club, and Scalisi Marina.

Mr. Morris was selfless, helpful and would do anything for his family and friends. He will be missed



ROBERT L. MORRIS

by all who knew him.

Beloved husband of Joanne McCabe Morris. Devoted father of Meredith Lee Morris and Joseph Francis Morris (QFD) both of Quincy. Loving brother of Judith Mullen and her husband Paul of Weymouth, and Jayne Crowther and her husband John of Laconia, NH. Cherished uncle of Jack (Kristen) and Geoffrey (Emily) Crowther. Also survived by many cousins, nieces and nephews.

Visiting hours are 4 to 8 p.m. Thursday in Keohane Funeral Home, 785 Hancock St., Quincy. A celebration of life service will be held Friday at 9:45 a.m. in the funeral home.

Richard E. Laracy, 89

Richard E. Laracy, Detective Sergeant, Quincy Police Department, Retired, age 89, a longtime Quincy resident and 30-year winter resident of Naples, Fla., died unexpectedly Jan. 15.

Richard was born in Weymouth, to the late Edward P. and Edna M. (Ross) Laracy-Shand. He was raised in Quincy and was a graduate of North Quincy High School, Class of 1950, where he played all sports, and was inducted into the North Quincy High School Baseball Hall of Fame. Dick received a Bachelor's degree in law enforcement from Northeastern University in 1978, and a Master's degree from Anna Maria College in criminal justice.

Dick was a Quincy Police officer for 37 years. He was appointed to the department in 1961 and was promoted to sergeant in 1971, serving as a patrol supervisor before becoming a detective sergeant and liquor inspector in 1986, a position he held until his retirement in 1997. After retirement, he conducted alcohol awareness seminars for local cities and towns.

As a young man, Dick worked for the New Haven Railroad until he was drafted into the U.S. Army. At the rank of sergeant, he proudly served his country during the Korean War. He was a member of the American Legion Post 95 and a Life Member of the Braintree DAV Post 29.

As an avid baseball enthusiast, Dick was active in all phases of baseball throughout his life.

Dick was proud to be a catcher throughout his playing years. Working out with teams such as, the Boston Red Sox, the Boston Braves, the Cincinnati Reds, Chicago White Sox and Pittsburgh Pirates. While serving in the Army he played for the Fort Eustis Wheelers on the same team with Willie Mays and Vern Law.

After his playing years, he turned to umpiring from 1956 through 1960. In 1969 he began coaching. He coached the Quincy Police Boys Club, the Quincy Elks, and Quincy Legion Post 95 Baseball, winning many city championships in his twenty plus years of coaching. He was also the coordinator of the Quincy Police Jimmy Fund canister drives for 20 years.

After his retirement from the Quincy Police Department, at the age of 65, he played on many softball and baseball leagues both in New England and Florida until the age of 80.

In 1997, at the age of 65 he was the over 50 MVP at the Boston Red Sox Fantasy Camp. He also played many



RICHARD E. LARACY

years in the "Legends of Baseball games" in Cooperstown, N.Y., receiving the Baseball Lifetime Achievement Award.

The only thing Dick loved more than baseball was his love for family. He enjoyed attending sporting events for his grandchildren and summer cookouts with family.

Beloved husband for 64 years of Nancy J. (Classon) Laracy. Together in retirement, Nancy and Dick enjoyed taking multiple cruises and vacationing in Aruba.

Devoted father of Edward P. Laracy and his wife Mary Ellen of Weymouth, Lori J. Johnson and her husband Richard of Middleboro, Robert H. Laracy, Lt. Q.F.D. and his wife Mary of Abington.

Loving grandfather of Stephen Johnson and his wife Alexandra, Michael Laracy and his wife Margaret, Lindsay Damaso and husband Brian, Jennifer Laracy, Amanda Johnson and Robert R. Laracy.

Cherished great-grandfather of Penny and Chloe Laracy.

Dear brother of Frederick J. Laracy, Captain, Q.P.D., Retired and his wife Dorothy of Braintree. Dick is also survived by several nieces and nephews.

Visiting hours will be held at the Sweeney Brothers Home for Funerals, 1 Independence Avenue, Quincy, on Friday, Jan. 21, from 4 - 7 p.m. Relatives and friends are invited to attend. The family requests that those attending Dick's services wear a mask or face covering.

Funeral services will be conducted at the funeral home on Saturday, Jan. 22, at 10:30 a.m. Interment, with military honors, to follow at Pine Hill Cemetery, West Quincy.

For those who wish, donations in Dick's memory may be made to the Jimmy Fund, Dana-Farber Cancer Institute, P.O. Box 849168, Boston, MA 02284-9168 or St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105.

You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

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Michael W. Nurmi, 54

Michael W. "Mike" Nurmi, 54, of Quincy, died Jan. 11 at the Leonard Florence Center in Chelsea.

Born and raised in Quincy, Mr. Nurmi was taken too soon from his family with an ALS diagnosis that within hours had him on a ventilator and feeding tube, unable to speak or move any of his limbs.

Mr. Nurmi was a graduate of Quincy Vocational Technical High School, Class of 1985. He worked at Body Craft in North Quincy while attending school. Mr. Nurmi also worked at Boston Financial Data Services in North Quincy and Canton, working his way up to a manager of mail services for about 30 years. He most recently worked at Quirk Motors in Quincy as a delivery driver.

Mr. Nurmi's family and the world has lost a kind, caring, and respectful young man. He was hard working and devoted to his family. Mr. Nurmi took over the care of the family home as his father's health was failing. Mr. Nurmi enjoyed his family trips to his sister Cheryl's home in Florida, so he could play lots of golf. He loved his cars. Mr. Nurmi always dreamed of having a 67 Chevrolet like the one his dad owned. He was always working on his family's broken down cars.

As a devoted dad, while working two jobs, he never



MICHAEL W. NURMI

missed a chance to see his son Michael's Quincy football games or improv and dance shows at Fitchburg College.

Mr. Nurmi was the beloved husband of Rosemary (Brundige) Nurmi of Quincy. He was the devoted father of Michael W. Nurmi Jr. of Quincy. He was the cherished son of Susan E. (Clark) Nurmi of Quincy and the late William O. Nurmi. He was the loving brother of Cheryl A. Hindle and Alan of Dunnellon, FL, and the dear uncle of Max W. Hindle of Dunnellon, FL.

Mr. Nurmi's funeral services and interment will be held privately.

Memorial donations may be made to Compassionate Care ALS, PO Box 1052, West Falmouth, MA 02574. Compassionate Care ALS was so kind and helpful to Mr. Nurmi and his family during this difficult time.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Kevin M. McVeigh

Kevin M. McVeigh, of Quincy, died suddenly at home on Jan. 13, surrounded by his loving family.

Kevin's family meant the world to him. He was married to the love of his life, Kathleen for 48 years. He adored his daughters and they in turn worshipped him. He was an avid Boston sports fan having a special fondness for the Bruins as a former season ticket holder as well as the New England Patriots and Monday Night Raw Wrestling matches.

He was a plumber for various companies as well as being self employed. He was a man of deep faith and volunteered as a eucharistic minister, served on the marriage preparation team, as well as a Past Grand Knight of the Knights of Columbus, Redberry Council #116 in Dorchester. Kevin was a longtime participant and mentor of a Men with Cancer support group through Beth Israel Hospital. Mr. McVeigh was originally from Dorchester (OFD) and was proud member of St. Mark's Parish in his youth. He was also proud of his Irish heritage.

Beloved husband of Kathleen M. (Monahan) McVeigh of Quincy. Loving father of Erin Leary and her husband James of Dorchester, Kelley McVeigh of Quincy, and Maureen



KEVIN M. McVEIGH

Cugini of Weymouth, who was treated as a third daughter by the family. Brother of Edward B. McVeigh and his wife Emily of Rockland, Eileen Cook of Quincy, and Kathleen Uberti of Raynham. Brother-in-law to Jack and Tom Monahan. Godfather to the late Beth McVeigh. Dear friend of Dr. Allan Yacubian of Quincy. Also survived by many nieces and nephews.

A funeral Mass for Mr. McVeigh was celebrated Tuesday in Sacred Heart Church, Quincy.

Burial was in Pine Hill Cemetery, Quincy.

Funeral arrangements were made by the Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to the Yacubian Family Education Scholarship Fund, c/o Colonial Federal Savings Bank, 15 Beach St., Quincy, MA 02170

See www.Keohane.com for online condolences.

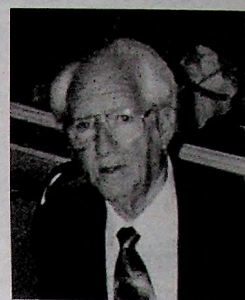
John J. 'Dapper' O'Neil, 95

John J. "Dapper" O'Neil, of Quincy, and formerly of Dorchester and Milton, died peacefully Jan. 13. He was 95 years old.

Born in East Boston on Nov. 26, 1926, he was the son of the late John J. and Olive M. (Tibbitts) O'Neil. John was raised in East Boston. As a young man, he worked as a tunnel worker and longshoreman. He was the proprietor of many Boston taverns; The Famous Café in the South End, the 1310 Lounge, Peggy O'Neil's, and Blend. John would have never retired if it was up to him. He loved the business.

His life lessons and example are part of his legacy that continue through his family. When not working, John loved looking at the views of Quincy Bay and Boston skyline from the deck of his home in Houghs Neck. He was an avid Pool player, his favorite shot, the "3 Cushion Side". He enjoyed sports, traveling, music, dancing, and spending time with his family. He was well respected and will be dearly missed.

John was the beloved husband of the late Margaret M. (Peggy) (Morgan) O'Neil, who passed away in 2011. The two were married for 57 loving years. He was the devoted father of John



JOHN J. "DAPPER" O'NEIL

"Jay" O'Neil Jr., Cheryl Farrell of Weymouth, Caron M. O'Neil-Susan O'Malley of Weymouth, Deborah A. O'Neil, late John Rice of Florida, Darren J. O'Neil and his wife Debbie of Hanover, Tracy A. Campbell and her husband Paul of Weymouth, Peggy O'Neil-Simone and her husband Richard of Quincy, Lianne C. McGarry and her husband Kevin of Weymouth, William and Gary O'Neil of Raynham and Theresa "Terry" O'Leary of Quincy. John was the loving grandfather of John "Jay" III, Jaclyn, the late Jayme, D.J., Devin, Dylan, Kevin Jr., Courtney, Caitlin, Kyle, Corbin, and Colby. He was the dear brother of the late James "J.O." O'Neil and the loving uncle of Jimmy, Johnny, and Joseph O'Neil. And many more nieces and nephews.

John leaves those who he loved, and those who loved him, his advice on living a happy life; "We're not here for a long time, we're here for a good time."

Relatives and friends are respectfully invited to greet the family during the visiting hours on Friday, Jan. 21, from 4 to 8 p.m. in the Keohane Funeral Home, 785 Hancock St., Quincy.

A Celebration of Life Service will be held in the funeral home at 9 a.m. on Saturday, Jan. 22, prior to the Funeral Mass at Holy Trinity Parish in Most Blessed Sacrament Church, Quincy at 10 a.m. Face masks are required to be worn by all guests who enter the church.

Services will conclude with interment in Blue Hill Cemetery, Braintree.

Memorial contributions may be sent in John's name to The Home for Little Wanderers, 271 Huntington Ave., 2nd Floor, Boston, MA 02115.

See www.Keohane.com for online condolences and directions.

Janet Y. Hartnett, 84

Janet Yvonne (Reid) Hartnett, of Plymouth, formerly of Quincy, died peacefully Jan. 14, at the Life Care Center of Plymouth. She was 84.

Born in Quincy on July 9, 1937, she was the daughter of the late Avon and Adrienne (Jardine) Reid. Janet was raised in Quincy, attended local schools, and graduated from Quincy High School with the Class of 1955. In addition to raising her family, Janet worked as a secretary in the import-export industry.

Janet was an artist and enjoyed painting. She also loved to travel with her husband to the Caribbean, Hawaii, and her favorite vacation destination, Aruba. Janet and her husband have been vacationing in Aruba for the last 44 years.

Janet was most passionate about being a mother. She valued family more than anything in the world. Janet was the type of person that people could depend on. She was artistic, creative, loving, and selfless. Her life lessons and example are part of her legacy that continues



JANET Y. HARTNETT

through her family. She will be missed by all the lives she touched.

Janet was the beloved wife of Gerard E. Hartnett, with whom she shared 66 loving years of marriage. She was the devoted mother of Robert R. "Bob" Hartnett and his wife Joan of West Barnstable, Denise M. Daudelin and her husband Michael of Hanover, and the late Jennifer Hartnett. Janet was the loving grandmother of Elyse and Garrett Hartnett, both of San Diego, Kristen and Matthew Daudelin, both of Hanover. She was the dear sister of Gwenneth Braveman of Hanover and Shirley Shea of Oklahoma. She was preceded in death by her siblings: Salvie Reid, Carlita Hunt, and Helen Kubic. Janet was the cherished aunt of Robert Braveman, and Diane Brey.

an and her husband Robert, all of Hanover; and the cherished great aunt of Michael Brissette of Bridgewater, and the late Eric Breyan.

Relatives and friends are respectfully invited to greet the family during the visiting hours on Monday, Jan. 24, from 4 to 8 p.m., in the Keohane Funeral Home, 785 Hancock St., Quincy.

A Celebration of Life Service will be held in the funeral home at 9 a.m. on Tuesday, Jan. 25, prior to the Funeral Mass in St. Ann's Church, Quincy at 10 a.m.

Services will conclude with interment in Mt. Wollaston Cemetery, Quincy.

In lieu of flowers, memorial contributions may be sent in Janet's name to the charitable organization of one's choice.

See www.Keohane.com for directions and online condolences.

NOTICE TO READERS

Obituaries appearing in The Quincy Sun and posted on the newspaper's website are written by the funeral home handling arrangements with input from the deceased's family.

They are not written by The Quincy Sun. Obituaries are submitted by the funeral homes and are printed in The Sun space permitting.

408.149.006.1

Peter W. Federico

Peter W. Federico, of Quincy, died Jan. 14.

Peter's life revolved around his family, faith and love of country. He adored his wife Vincenza and they were married for over 60 years until her passing a year ago. His daughter remembers him telling corny "Dad" jokes as well as his passion for gardening, carpentry, travel, and baking. He was famous for his creme puff pastries and acquired his love of cooking in his teens while working at Simpcos and the Bagel Bakery, both in Dorchester.

Peter was a graduate of Boston Technical High School as well as the Boston Business School. A faithful man, he attended Mass weekly and was generous in supporting many Catholic charities. Peter served his country in the U.S. Army during the Korean conflict. He will be remembered as a quiet and reserved gentleman, who always tried to live an honest life.

Beloved husband of the late Vincenza "Franny"



PETER W. FEDERICO

(Tortorici) Federico. Loving father of Christina Jones and her husband James of Quincy. Brother of Louise Tomasi of Pembroke, and the late Lil Imbernino, Domenic Federico, Ann Li-azza, and Virginia Federico. Grampa to Daniel, Peter, and Richard James. Also survived by many nieces and nephews.

Funeral services were private for the family.

Memorial donations may be made to The Italian Home for Children, 1125 Centre St., Jamaica Plain, MA 02130-3495.

See www.Keohane.com for information and online condolences.

More Obituaries On Page 24

and online at

www.TheQuincySun.com

AAA: Gasoline Prices Fall One Penny

Massachusetts's average gas price is one cent lower than last week (\$3.37), averaging \$3.36 per gallon. Monday's price is 3 cents lower than a month ago (\$3.39), and \$1.02 higher

than Jan. 17, 2021 (\$2.34). Massachusetts's average gas price is 5 cents higher than the national average.

"Prices remain high compared to a year ago, but the relative stability in recent weeks is some measure of

good news for motorists," says Mary Maguire, director of Public/Government Affairs.

AAA Northeast's Jan. 17 survey of fuel prices found the current national average to be 1 cent higher than last week (\$3.30), averaging \$3.31 a gallon. Monday's national average price is the same as a month ago, and 93 cents higher than this day last year (\$2.38).

LEGAL NOTICE

CITATION GIVING NOTICE OF PETITION FOR APPOINTMENT OF CONSERVATOR OR OTHER PROTECTIVE ORDER PURSUANT TO G.L. c. 190B, §5-304 & §5-405
Docket No. NO21P3195PM
Commonwealth of Massachusetts The Trial Court Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
In the matter of: Charles Dudley Of: Quincy, MA RESPONDENT
(Person to be Protected/Minor)

To the named Respondent and all other interested persons, a petition has been filed by Boston Medical Center of Boston, MA in the above captioned matter alleging that **Charles Dudley** is in need of a Conservator or other protective order and requesting that (or some other suitable person) be appointed as Conservator to serve **Without Surety** on the bond.

The petition asks the court to determine that the Respondent is disabled, that a protective order or appointment of a Conservator is necessary, and that the proposed conservator is appropriate. The petition is on file with this court.

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of 02/02/2022. This day is NOT a hearing date, but a deadline by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

IMPORTANT NOTICE

The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: December 29, 2021
COLLEEN M. BRIERLEY
Register of Probate

1/20/22

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO21P3253EA
Commonwealth of Massachusetts The Trial Court Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of: Mary L. Roberts Date of Death: 08/21/2021

To all interested persons: A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by **Thomas R. Mullen, Esq. of Quincy, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Thomas R. Mullen, Esq. of Quincy, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration**.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 02/09/2022. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: January 04, 2022
COLLEEN M. BRIERLEY
Register of Probate

1/20/22

More Obituaries online at www.TheQuincy-Sun.com

PLEASE RECYCLE THIS NEWSPAPER

LEGAL NOTICE

CITATION ON PETITION FOR ORDER OF COMPLETE SETTLEMENT
Docket No. NO14P0699EA
Commonwealth of Massachusetts The Trial Court Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of: Thomas D. Donnelly Date of Death: 1/19/2014

A Petition for Order of Complete Settlement has been filed by **Lillian Burgess of Brighton, MA** requesting that the court enter a formal Decree of Complete Settlement including the allowance of a final account, and allowance of 1st-7th accounts and other such relief as may be requested in the Petition.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this court before: 10:00 A.M. on the return day of 02/09/2022. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: January 6, 2022
COLLEEN M. BRIERLEY
Register of Probate

1/20/22

OBITUARIES

Rita M. Kipp

Rita M. (Gibbons) Kipp of Abington, died peacefully at home on Jan. 14.

Rita, or Ree Ree, the youngest daughter of Wilbert and Rita Gibbons, was born at Quincy Hospital on New Year's Eve in 1952. She grew up in Quincy, MA, with her 7 siblings and graduated from Quincy High. Rita was married for many years to Dana Kipp and they raised their 3 daughters in Quincy and Braintree. Rita started working as a cashier for Stop and Shop, eventually moving to a job in the corporate office in Quincy. It was there that she began working in payroll. She most recently worked at Tempus Unlimited (formerly Cerebral Palsy Massachusetts) where she met and grew to adore her co-workers.

Rita's greatest joy, second only to reading books on a beach, was spending time with family and friends. She adored summer days down the Cape. She loved having morning coffee on her back deck. She was thrilled to watch the deer run through her yard, until they ate her flowers. She found happiness in her MG group, her sober life, and her new friends. She looked forward to camping with her friends and weekends away. She loved floating on a raft or in a boat. Ree loved chatting with her nieces and nephews in the kitchen until all hours of the morning. She loved sewing and HGTV, bringing food

into work to share, watching people open presents, sending money in the mail, and having a good Italian meal. She loved going to shows with her siblings and she cherished every special moment with her kids and grandkids.

Rita was the loving mother of Rachael Kipp of Brockton, Melissa Kipp and Frank Lenardis of Quincy, Vicki and Joe Graham of Abington, and doting Grammie of Ashley Gouthro, Trey, Quin, Tristan, Kariana, Matthew and Isabella Graham. She was a beloved sister of her siblings and in-laws Diane and Buster Loud of Fla., Linda and David Schofield, Ann Johnson, Michael and Elaine Gibbons, James and Sinuon Gibbons, Robert Gibbons, all of Quincy, and Richard and Carol Gibbons of Kingston. Ree Ree was also the ador-



RITA M. KIPP

ing Auntie of many nieces, nephews, great nieces, and great nephews. She leaves behind many other family, friends, and loved ones who will miss her dearly.

Relatives and friends are respectfully invited to greet the family during the visiting hours on Thursday from 5 to 8 p.m. in the Keohane Funeral Home, 785 Hancock St., Quincy. Cremation will follow.

Memorial donations may be made to The Recovery Center of America at Westminster, 9 Village Inn Rd., Westminster, MA 01473.

See www.Keohane.com for directions and online condolences.

Frances V. Denvir

Frances V. (Signorello) Denvir of Weymouth, formally of Quincy, passed away on Saturday, Jan. 15.

Frances was born, raised, and educated in Brooklyn, NY. She lived in the Houghs Neck section of Quincy since 1958 where she was an active member of the community. She was a Girl Scout leader, member of the PTA for Atherton Hough Elementary School, member of the Most Blessed Sacrament women's organization which included helping to run the annual Christmas bazaar, and hours helping the Houghs Neck Community Council.

Frances worked at Granite Co-Operative Bank starting as a teller and then working up to be a branch manager. After retirement, she enjoyed being treasurer for various senior groups within Quincy, doing activities including lots of trips from fall foliage to going

to various shows to going to the casinos. She enjoyed spending time with family, especially holidays and special events for her grandchildren.

Wife of the late Robert "Bob" F. Denvir; beloved mother of Carol Johnson of Whitinsville, MA, Virginia DelGreco of Pembroke, MA, Frances MacDonald and her husband Ken of Mansfield MA and the late Lorraine Hubrich and her husband Paul; loving grandmother of Kathleen, Kristina, Robert, Julie, Tina, Keith, and Addison; Frances is also survived by 4 great grandchildren.

Family and friends are invited to visiting hours on Thursday, Jan. 20, from 4 to 7 p.m. at the Dennis Sweetney Funeral Home, 74 Elm St., Quincy Center. On Friday there will be a service at the funeral home at 10 a.m. Burial to follow at Pine Hill Cemetery, Quincy.

Quincy Point Congregational

On Sunday, Jan. 23, live-streamed worship begins at 10 a.m. at Quincy Point Congregational Church, 444 Washington St., Quincy.

There will be no in-person worship until further notice.

Guest preacher, Rev. Emma Brewer-Wallin, Emma minister for Environmental and Economic Justice, will join church members virtually to celebrate the Third Sunday after Epiphany. Join for live stream worship on Sunday morning or see older services anytime on the church website at www.quincypointcong.org, on the Quincy Point Congregational Church YouTube channel, Vimeo or on the church Facebook page. The service is also broadcast on

Quincy Access Television at 6 p.m. on Wednesdays. Need help connecting? Give the office a call at 617-773-6424.

What "live streaming" means is that only those directly participating in worship will be physically present during the service. Those participating will still be socially distance, wear masks when necessary, and take every available precaution. Church friends and members will be able to watch the service from home as it is being conducted, or as it is happening "live."

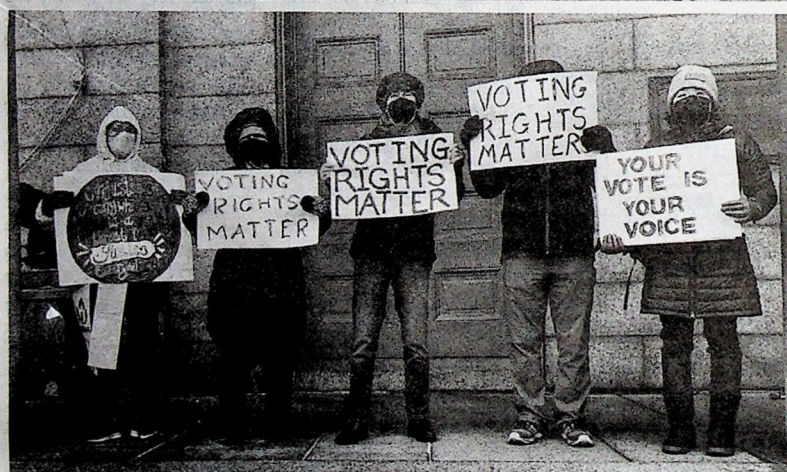
The building itself will remain open to the groups that are using the church. The church will strongly encourage the groups to have their members wear masks and follow CDC protocols.

1/20/22



REMEMBERING MLK, JR.—StandOutQuincy4BlackLives held a remembrance of Rev. Martin Luther King, Jr. on MLK Jr. Day Monday outside United First Parish Church in Quincy Center. The remembrance was co-hosted by QUINCY VOTES, United First Parish Church and QFTC. As requested by the King family, the groups focused on voting efforts and on promoting fair voting rights legislation.

Courtesy Photos



REQUEST FOR PROPOSALS

REQUEST FOR PROPOSALS

CITY OF QUINCY, MASSACHUSETTS
PURCHASING DEPARTMENT
1305 HANCOCK STREET, QUINCY, MA 02169

In accordance with M.G.L. Chapter 30B, the City of Quincy requests proposals for furnishing and delivering to the City:

ASSESSORS DEPT WEBSITE DESIGN & DEVELOPMENT February 3, 2022 @ 11:30 A.M.

The City of Quincy acting on behalf of the Assessors' Department values and determines the taxes for nearly 27,000 real and personal property parcels. It is also one of the departments taxpayers interact with on a daily basis, either through direct communication or via the department's website.

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM.

All questions regarding this bid should be directed to Kathryn R. Logan, Purchasing Agent through email to: purchasing@quincyma.gov Questions will be accepted until January 28, 2022 @ 12:00 p.m.

Non-Price Proposals must be submitted in a sealed envelope and Price Proposals must be submitted in a separate sealed envelope. The outside of the sealed envelopes are to be clearly marked "RFP - NON-PRICE PROPOSAL ENCLOSED" with time/date of RFP and "RFP - PRICE PROPOSAL ENCLOSED" with time/date of RFP opening.

Proposals will be received at the office of the Purchasing Agent until the time and date stated above, at which time and date they will be opened and registered. Late proposals, delivered by mail or in person, will be rejected.

The right is reserved to reject any or all RFP's or to accept any part of an RFP or the one deemed best for the City, and waive any informalities in the bidding, if it is in the best interest of the City to do so.

Thomas P. Koch, MAYOR
Kathryn R. Logan, Purchasing Agent

State To Distribute Rapid COVID-19 Tests To Students, Staff

Cont'd From Page 20

form their school and their healthcare provider of the result," Riley said. "Schools will report positive cases to DESE as part of our weekly COVID-19 reporting that is already in place."

Riley said he anticipates school districts would advise individuals what day of the week it would be best to take an at-home test to maximize the amount of coverage provided by the state's different testing programs. For example, a district that does pool tests on Mondays might advise individuals to

take the at-home tests on Wednesdays or Thursdays.

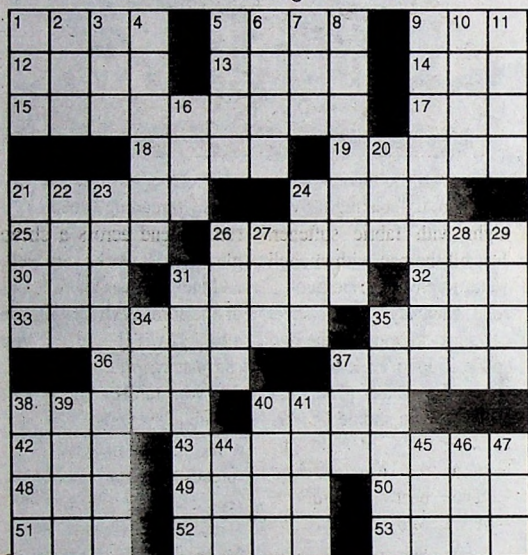
The new at-home testing program will continue until April vacation, Riley said, and could be extended further into the school year.

The Quincy Public Schools are participating in both the test and stay and pool testing programs this school year. The Quincy School Committee is slated to meet Wednesday evening and could discuss the new initiative at that time. The committee's next meeting is scheduled for Feb. 9.

SUN FUN PAGES

King Crossword

- ACROSS**
- 1 Hula swivelers
5 Kvetch
9 Comedian
Margaret
12 Inky stain
13 Stead
14 Bond rating
15 Sooner State native
17 "The A-Team" actor
18 Trails
19 Rose parts
21 Halloween disguises
24 Rating unit
25 iPhone downloads
26 Skunk relatives
30 "— was saying ..."
31 Passion
32 — tai
33 Olympic winner
35 Poet of yore
36 Dutch cheese
37 Arm bones
- 38 Peer in a box
40 The Emerald Isle
42 Branch
43 Intermediary
48 "Patience — virtue"
49 Thus
50 Corn recipe
51 PC linkup
52 Calendar squares
53 Fill up
- DOWN**
- 1 "Veep" aier
2 Sort
3 D.C. figure
4 Celery servings
5 Drain blockage
6 Intends
7 Actor Stephen
8 Groan-inducing humorist
9 TV station employee
10 Injure
11 Feed-bag filler
- 16 Possesses
20 Tic — -toe
21 Sir's counter-part
22 Church section
23 Peter Parker's alter ego
24 Coin aperture
26 Prudish
27 Takes too much, in med. lingo
28 Skater Lipinski
29 Faction
31 Fear-stricken
34 Big fuss
35 Censors
37 Internet address
38 Hoosgow
39 Celestial bear
40 Jittery
41 Altar vows
44 Roth svgs. plan
45 Extinct bird
46 Picnic crasher
47 Born



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MAGIC MAZE • GRAPHS AND CHARTS

PIEBYVVSQNKHEBYW
TRO(HISTOGRAM)LJG
EBYWURERPVNKTIP
GDBZXVLXASQORMI
KIGECATRAHCRABE
YWUSQPISNLCJHHC
FECAAATOLPYECDH
XVTUBSQPNEMKEIA
JAHLEFCBZRBYNRR
DNEGELACSTXAIGT
VSUTRTRAHCWOLFQ

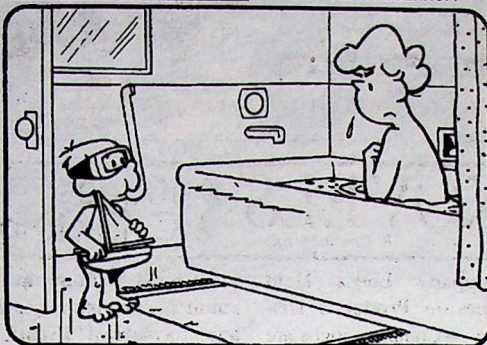
Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
Unlisted clue hint: A CHART WITH SLICES

- | | | | |
|------------|-----------|------------|------------|
| Axes | Grid | Line chart | Title |
| Bar chart | Histogram | PERT | Tree chart |
| Data | Labels | Plot | Variables |
| Flow chart | Legend | Scale | |

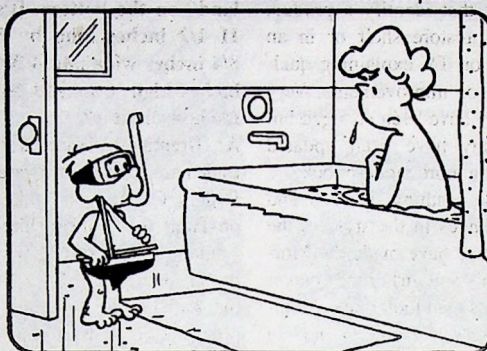
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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Mirror is smaller. 2. Tube is shorter. 3. Mat is different. 4. Boat is different. 5. Soap dish is missing. 6. Curtain is shorter.

Trivia test

by Fifi Rodriguez

1. FOOD & DRINK: What grain is the Japanese wine sake made from?
2. MEDICAL: What is the common name for the condition called aphonia?
3. ANIMAL KINGDOM: What is a gastropoda?
4. HISTORY: In what city was the United States' Declaration of Independence signed?
5. GENERAL KNOWLEDGE: What word does the "R" movie rating stand for?
6. MUSIC: How old was Mozart when he began composing music?
7. MOVIES: Who voiced Mufasa in the animated

movie "The Lion King"?

8. ASTRONOMY: What is the largest moon orbiting a planet in our solar system?
9. TELEVISION: What is the family's last name in drama series "Blue Bloods"?
10. U.S. STATES: Which state goes by the nickname "Green Mountain State"?

Answers

1. Rice
2. Complete loss of voice
3. A snail
4. Philadelphia, Pennsylvania
5. Restricted
6. 5 years old
7. James Earl Jones
8. Ganymede
9. Reagan
10. Vermont

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Wishing Well®

4 7 2 8 7 5 7 2 3 8 5 3 2
S D W A O B N I O G E T N
5 3 6 4 3 8 4 2 8 3 8 5 7
F H N W E I E W F R T L O
8 3 5 7 5 4 2 5 7 3 2 7 2
A S E T X E I I B E T E H
8 7 2 3 6 7 4 7 2 6 2 7 8
R A W N O Q T U I C L I R
2 3 6 3 2 8 2 7 8 7 8 6 2
L V L Y P I O T V T E O W
5 8 4 6 7 5 6 7 6 5 6 2 3
B S S U E L D R S E T E Y
6 3 4 3 2 4 6 4 6 4 6 4 4
O O U U R C D C A E Y S S
HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

Salome's Stars

ARIES (March 21 to April 19) You're eager to take on that new opportunity opening up as January gives way to February. Now all you need to do is resist quitting too early. Do your best to stay with it.

TAURUS (April 20 to May 20) Doff a bit of that careful, conservative outlook and let your brave Bovine self take a chance on meeting that new challenge. You could be surprised at how well you do.

GEMINI (May 21 to June 20) You might not want to return to the more serious tasks facing you. But you know it's what you must do. Cheer up. Something more pleasant will soon occupy your time.

CANCER (June 21 to July 22) As you dutifully tidy your end-of-the-month tasks, your fun self emerges to urge you to do something special: A trip (or a cruise, maybe?) could be just what you need.

LEO (July 23 to August 22) Your achievements are admirable as you close out the month with a roar. Now you can treat yourself to some well-earned time off for fun with family or friends. (Or both!)

VIRGO (August 23 to September 22) Be sure you know the facts before you assume someone is holding back on your project. Try to open your mind before you give someone a piece of it.

LIBRA (September 23 to October 22) You might feel comfortable in your familiar

surroundings, but it might be time to venture into something new. There's a challenge out there that's just right for you.

SCORPIO (October 23 to November 21) Your love of things that are new gets a big boost as you encounter a situation that opens up new and exciting vistas. How far you go with it depends on you.

SAGITTARIUS (November 22 to December 21) That recent workplace shift might not seem to be paying off as you expected. But be patient. There are changes coming that could make a big difference.

CAPRICORN (December 22 to January 19) While few can match the Goat's fiscal wizardry, you still need to be wary in your dealings. There might be a problem you should know about sooner rather than later.

AQUARIUS (January 20 to February 18) Easy does it when it comes to love and all the other good things in life. Don't try to force them to develop on your schedule. Best to let it happen naturally.

PISCES (February 19 to March 20) A surprise decision by someone you trust causes some stormy moments. But a frank discussion explains everything, and helps save a cherished relationship.

YOU BORN THIS WEEK: Sometimes you forget to take care of yourself, because you're so busy caring for others. But you wouldn't have it any other way.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: R equals M

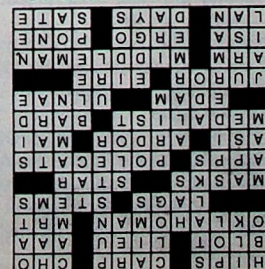
XNOJ RZSNJ AWQ MZIDMORK JNK
FROEEKFJ XWGDKG OJ O FJKKE-
RODZMS UOIZEZJA?
"GQMJ WU JNK RZEE."

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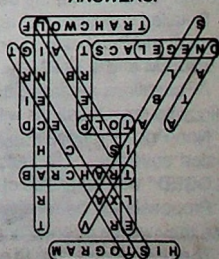
King Crossword

Answers

Solution time: 23 mins.



Magic Maze ANSWERS:



"Hunt of the mill."
making facility?
smallest worker at a steel-

CryptoQuip answer

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HOLLYWOOD

by Tony Rizzo

HOLLYWOOD — Testosterone gone wild! Don't mess with "The Rock," even if you're Vin Diesel! Dwayne Johnson's not returning for "The Fast & The Furious 10," which is supposed to end the franchise. The Rock recently explained why: "This past June when Vin and I actually connected, not over social media, I told him directly and privately I would not be returning to the franchise. I was firm yet cordial saying I'd always be supportive of the cast and root for the franchise to be successful, but there was no chance I'd return. Vin's public post was an example of his manipulation. I didn't like that he used his children (in reference to me), in the post as well as Paul Walker's death. We'd spoken months ago about this and I thought we came to a clear understanding. It's unfortunate this public dialogue has muddied the waters." Diesel revealed, over the summer, the bad blood between them was due to his using "tough love" while producing Johnson in "The Fast & The Furious 8." He told Men's Health magazine he used the approach "to assist in getting that performance where it needed to be." Dwayne Johnson's one of the busiest and highest paid actors in the world. Small wonder he objected to anyone, even Diesel, assuming he couldn't cut it. With or without "The Rock" this is not the end for the F&F universe — there are plans for additional spin-offs and TV shows.

Another successful franchise is "Spider-Man." "Spider-Man: No Way Home" grossed \$1.5 billion worldwide (while "West Side Story," which opened three days earlier grossed only \$45 million), but "Spider-Man" Tom Holland isn't resting on his laurels. He's already started another franchise, "Uncharted," in which he'll be treasure hunter Nathan Drake, based on the popular video game series which sold more than 40 million copies. The role of Drake, an Indiana Jones wannabe, was originally intended for Mark Wahlberg when the franchise was first proposed in 2008. Wahlberg will instead play his accomplice, Victor "Sully" Sullivan, a cranky cigar-smoking 60-year-old (Wahlberg's only 50). Ruben Fleischer who directed "Zombieland" and "Venom" is at the helm.

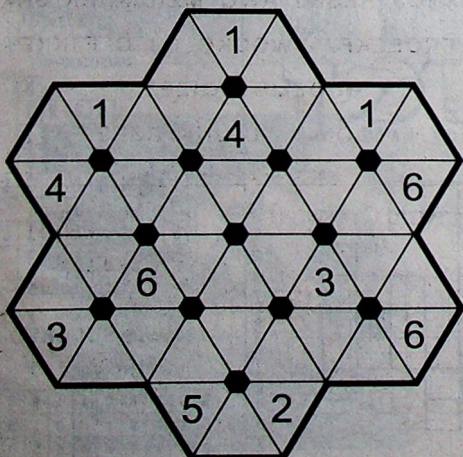
The still beautiful Jane Fonda, one of the last four living stars from the Golden Age of Hollywood, has completed the last 12 episodes of "Grace & Frankie." The show was shut down due to the pandemic after four episodes, which aired already, with the remaining episodes to air via Netflix soon. While waiting for "Grace & Frankie," she completed "Luck The Dragon," a computer animated comedy co-starring Whoopi Goldberg dropping on Apple TV Feb. 18. At 84 Jane shows no signs of slowing down — happily, because we're all still "Fonda" Jane.

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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆◆◆◆
◆ Easy ◆◆ Medium ◆◆◆ Difficult

GO FIGURE!

by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

	x		-		13
+		÷		+	
	-		x		15
x		+		+	
	x		+		12
11		9		11	

1 2 3 3 4 5 7 8 9

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KOVELS' Antiques & Collecting

By Terry and Kim Kovel

Company Logos Hold Clues to Product's History — Company logos are a quick message to customers that identify a product on a store shelf or in an ad on TV explaining quality or improvements. Very few have been changed but many have been updated for a more modern look.

The clothing, hairdos and changes in the style of the letters have made the Morton's Salt girl or the Quaker Oats man look like contemporary customers, not an old-fashioned product. The logo showing the Morton's girl holding an umbrella has been used since 1914 with at least seven changes, so that by her 100th birthday, she had a knee-length yellow dress and short hair instead of braids. Look carefully at old advertising collectibles and examine the changes to help determine age.

Recently a Sherwin-Williams cabinet used to store paintbrushes was sold at a Conestoga auction for \$425. The salamander logo, first used in the 1870s, was carved on the door dating the cabinet as an antique. The famous world globe logo replaced the amphibian in 1905. It was used until 1974, dropped, then brought back in 1984. It is now sharing space with the company name in fancy letters. Online ads and new ways of selling have led to many vintage logos being updated or removed. Fakes often are made with the new logo, so collectors should check to see when the design was changed.

Q: My grandfather gave

me a bowl he found at a rummage sale many years ago. It's marked "Brentleigh Ware Made in England" on the bottom. It's 11 1/2 inches long by 5 3/4 inches wide and 4 3/4 inches high. Can you tell me how old it is?

A: Brentleigh Ware is a trade name used by Howard Pottery Co. Ltd. in Stoke-on-Trent, Staffordshire, England. The pottery was in business from 1925 to the mid-1970s. Your large bowl may have been made to hold fresh whole fruit. Brentleigh Ware is not well known, and a large bowl might sell for \$20 to \$40.

CURRENT PRICES

Silver bowl, flared shape, rolled rim, cylindrical foot, figural bird sits on rim, bird with mother-of-pearl inlaid trim, marked Mexico, 2 3/4 x 7 1/4 inches, \$55.

Jewelry, earrings, oval rutulated quartz drop, sterling silver stem and stud, Georg Jensen, 2 3/8 inches, \$300. Toy, vehicle, Martian Flying Saucer, Red Man In Space, bubble top, rotating space man inside, tin lithograph, friction, marked TN Japan, 6 1/4 x 6 1/4 inches, \$740.

Bottle, McKeever's Army Bitters, red amber, raised cannonballs and Civil War drum on shoulder, 10 3/8 inches, \$3,570.

TIP: If you keep wicker furniture inside, be sure to have a humidifier or lots of plants nearby. The wicker will crack if too dry.

For more collecting news, tips and resources, visit www.Kovels.com

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STICKELERS

by Terry Stickels

$$2^{2^2} = ?$$

- A. -8.314
B. 8
C. -16
D. 1.189
E. π

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Strange BUT TRUE

• In 2016, KFC released edible nail polishes in Hong Kong. They came in Hot & Spicy and Original flavor.

• The main reason why Mickey Mouse, Donald Duck, Pinocchio and other early Disney characters wore gloves is because it was easier to animate them and helped the characters appear to be more humanlike.

• It is illegal to name your pig Napoleon in France.

• Eighty-year-old Tatsuo Horiuchi has created paintings in Microsoft Excel for over 15 years, using vector drawing tools developed primarily for graphs and simple shapes to make panoramic scenes of life in rural Japan.

• More salt is used to remove ice from roads than for eating.

• A Tennessee judge ordered a name change for a baby named "Messiah." She was later fired after the decision was found unconstitutional

on appeal.

• Hexakosioihexekontaheptaphobia is the fear of the number 666.

• There was a tree in Glastonbury, England, that was known to flower on Christmas Day. Locals were disappointed that it did not obey the switch to the Gregorian calendar in 1752.

• George H.W. Bush's hatred of broccoli was so intense that he mentioned it 70 times during his presidency, banned it from the White House, and blamed the extinction of the dinosaurs on it.

• Speaking of those famous reptiles, in 1992 after paying for entry to the "Dinosaurs Live!" exhibition at the Memphis Zoo, six visitors demanded a refund. Their grounds? It didn't contain live dinosaurs.

Thought for the Day: "For pilgrims walking...every footfall is doubled, landing at once on the actual road and also on the path of faith." — Robert Macfarlane

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Now here's a tip!

by Jo Ann Derson

• To soften food that is stuck on a pan, try soaking it overnight with fabric softener. Just fill the pan with enough water to cover the burned-on food, then lay a dryer sheet of fabric softener in the pan (poke it down so it will stay under the water). The next morning, you should be able to wipe the food right off. — A.S. in Maryland

• I installed rivet rings in the corner of my bathroom towels. Now, when I hang a towel up, it stays hung up. — I.S. via e-mail

• Ways to avoid spam, that nuisance e-mail that comes to fill your e-mail box in droves: Use a name that has both words and numbers. Keep a separate "free" e-mail address for bill-paying and one for shopping. Be sure to report spam to your e-mail provider. Up your filter and add everyone you know to your address book or "safe" list. — via e-mail

• To keep thread straight when threading needles, I run the end across a cheap glue stick. It works very well, and the glue washes right out of the thread. Or, if you are afraid it will be sticky, you can just clip the end off before you start sewing. — T.E. in Kentucky

• To make butter easier to spread on bread or toast, we keep a stick in a plastic sandwich baggie. We just handle the butter a bit through the bag. It softens, but doesn't overmelt, like when you put it in the microwave. You can just reseal the baggie and put it back in the fridge. — N.U. in Florida

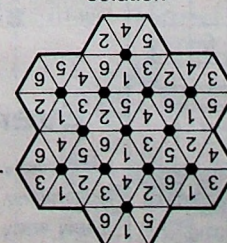
• To make your carpets look clean in a hurry, like if you are having company over, just sweep them with your broom. — C.C. in Pennsylvania

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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SNOWFLAKES

solution



Go Figure! answers

11	6	11
12	5	7
+	+	x
15	3	4
+	÷	+
13	8	2

Sticklers Answer

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Super Crossword

GO WITH THE FLOW

ACROSS

- 1 Tax doc. whiz
- 4 Vietnam Veterans Memorial architect
- 11 Facility with a Jacuzzi
- 14 "Deathtrap" star Michael
- 19 Skirt edge
- 20 Worship
- 21 "Can do!"
- 23 "Deathtrap" dramatist Levin
- 24 Gotten out of dreamland
- 25 Tons
- 26 Inca conqueror Francisco
- 28 Natural skill
- 30 Radio shock jock Don
- 31 Hog food
- 32 Ltr. insert
- 34 Nobelst Wiesel
- 35 Obama's party: Abbr.
- 36 Deg. for a Wall Streeter
- 39 Con's vote
- 41 Light blows
- 43 Some small batteries
- 45 Conan of TBS

- 47 Dumas' "Le — de Monte-Cristo"
- 49 Suffix with polyethyl-
- 50 "Explorer" of kids' TV
- 51 Daytime nap
- 52 "— and the Night Visitors" (Menotti opera)
- 53 Sonata segment
- 55 "Well well well!"
- 57 Church recesses
- 58 Cinematic
- 59 Give fresh life
- 60 Final: Abbr.
- 61 Final Greek consonant
- 62 Moose's kin
- 63 Singer Redding
- 65 See 69-Across
- 67 Mai —
- 69 With 65-Across, attended as a spectator
- 72 Casual top
- 73 Adroit humor
- 74 U.S.-Canada air-watch org.
- 75 Bit of an oval

- 76 Title for Ringo Starr (elixirs)
- 77 Baseball great Mel
- 78 "Selena" star, familiarly
- 79 "What's — for me?"
- 80 Loretta of "M*A*S*H"
- 81 Deep anger
- 82 Virtuoso
- 84 Minister's study: Abbr.
- 86 Big name in motor scooters
- 88 Detach, as a badge
- 90 Pacific Ocean nation
- 92 "— haw!"
- 93 Actor Rob
- 94 Snared with a lasso
- 95 Like a clear night sky
- 97 Angry mutt's sound
- 99 Poetic tribute
- 100 Arab chiefs
- 101 Mysterious
- 102 Great Lakes' — Canals
- 103 Whirled
- 104 Actor Neill
- 105 — kwon do
- 106 Foe of Liston
- 108 Have the gall
- 110 Touch gently

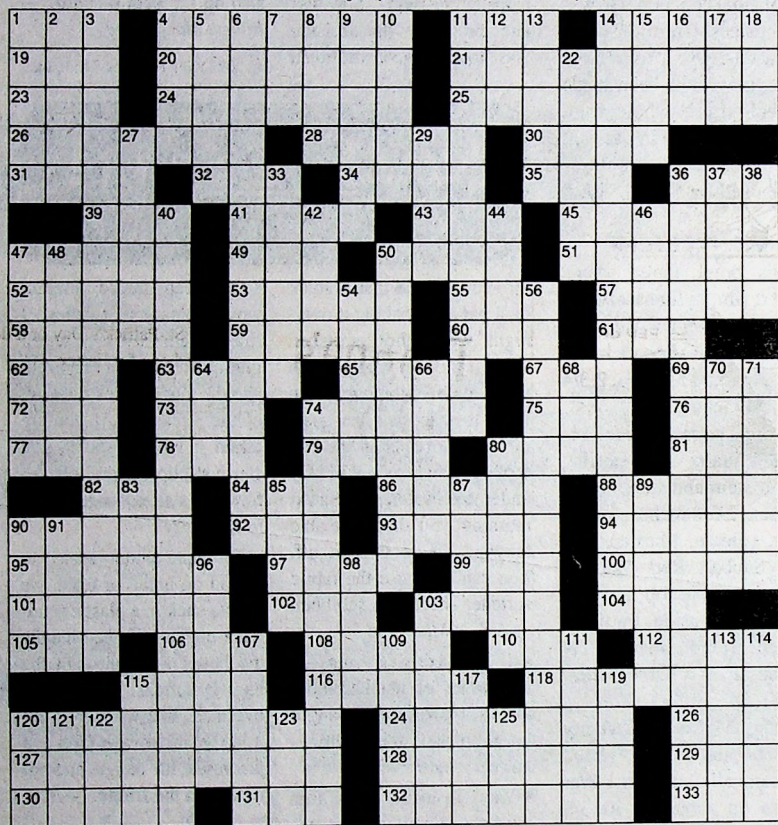
- 112 A bit wet
- 115 Cure — (elixirs)
- 116 Lawn growth
- 118 Ties tightly
- 120 Casual affair
- 124 Rescue financially
- 126 Even one
- 127 Former Honda SUV
- 128 Put under water
- 129 TV's Jean- — Picard
- 130 Serpent stuff
- 131 Super Bowl stats
- 132 Ceases
- 133 Volcanic stuff

- 12 "Wham!"
- 13 Garden pest
- 14 Major film studio
- 15 \$5 bills, slangly
- 16 Not well
- 17 Prefix with orthodox
- 18 First-aid ace
- 22 Ladies' men
- 27 Unconcern
- 29 "So long!"
- 33 Kayaks' kin
- 36 1991 film
- 37 — noire
- 38 Santa — (hot winds)
- 40 Much tabloid reportage
- 42 Actor Sean
- 44 Comic Mort
- 46 Gym units
- 47 Attended
- 48 Brunch order
- 50 With the current ... or what appears at the starts of eight long answers in this puzzle?
- 54 Dual-sport Sanders
- 56 2007 Stanley Cup losers

- 64 Up to, in ads
- 66 Hall & —
- 68 Jackie's #2
- 70 Less stuffy
- 71 Fads, e.g.
- 74 Co-founder of the band Chic
- 80 Accelerated
- 83 — avis
- 85 Brain wave tests, in brief
- 87 Cease
- 89 Roving types
- 90 Jrs.' exam
- 91 Razor name
- 96 Scold loudly
- 98 Act like a lion
- 103 Bagel seed
- 107 Ain't right?
- 109 Overzealous
- 111 Have faith
- 113 Dish lists
- 114 Pump (up)
- 115 As well
- 117 Family of PC games
- 119 Plains natives
- 120 Nero's 605
- 121 "How — ya?"
- 122 Chaney of chillers
- 123 A cow
- 125 Oahu wreath

DOWN

- 1 Casino disks
- 2 Hazard
- 3 Alternative to eBay or Etsy
- 4 Bryn — College
- 5 Worship
- 6 Canadian
- 7 Brighten beer
- 8 Tall and thin
- 9 Apple media player
- 10 Kathmandu's country
- 11 Coil about



celebrity extra

by Dana Jackson

Q: Is "Grey's Anatomy" returning for another season, or will the current one be the last? How many years has it been on? I haven't watched it in a long while, but I definitely want to catch the finale. — J.K.

A: According to TVLine.com, the long-running medical drama "Grey's Anatomy" has been renewed for a whopping 19th season. It was rumored recently that star Ellen Pompeo was ready to hang up her scrubs, telling "Insider": "I've been trying to focus on convincing everybody that it should end...what's the story going to be, what story are we going to tell?...And everyone's like, 'Who cares, Ellen? It makes a gazillion dollars.'" Pompeo somehow found her inspiration, because shortly after that story, she inked a one-year deal for another season of "Grey's." She's also earned a co-executive producer title along with showrunner Krista Vernoff, which should allow her to influence the outcome of the show's stories during its expected final year, an issue that has long been important to Pompeo. Shonda Rhimes, who created the series, says she has the final say of when and how

"Grey's" will end. She told "Variety" this past November that she has unofficially written the ending — whether just in her mind or on her laptop — a "good eight times," but that she is the person who will decide when it's over.

"Grey's Anatomy" will return Feb. 24 with new episodes on ABC at 9 p.m. ET.



Mayim Bialik is co-host of the hit game show "Jeopardy!"

Photo Credit: Deposit Photos

Q: I have a bet with my husband. Who plays the sheriff in the new Dr Pepper commercials? I think he used to be on "Justified," but he says no, but he also can't figure out where we've seen him before. Can you help? — G.B.

A: The sheriff in the current Dr Pepper ad campaign was never on "Justified," which starred Timothy Olyphant as a U.S. Marshal, but you've definitely seen him before. He's former NFL linebacker Brian "The Boz" Bosworth, and he had a brief career as an action movie star after his pro sports retirement. Picture him with bleached blonde hair and you might recognize him. After his football career ended in the late '80s, he starred in action flicks like "Stone Cold," "One Man's Justice," and "Midnight Heat." The new episodic Dr Pepper campaign titled "Fansville" stars Bosworth and former NFL running back Eddie George as "Sheriff" and "Doctor," respectively.

Q: Is Mayim Bialik still do-

ing her sitcom, or will she become the full-time host of "Jeopardy?" I think she does the best job since Alex Trebek. — R.V.

A: Yes, I believe that as long as Bialik enjoys acting in comedies, "Jeopardy" will just have to be a part-time gig for her. Season two of her sitcom "Call Me Kat" just kicked off on Fox. She juggles her busy schedule by also hosting the syndicated game show "Jeopardy!" with Ken Jennings. Both are committed to sharing these duties through the current season, which concludes July 29 of this year.

Send me your questions at NewCelebrityExtra@gmail.com, or write me at KFWS, 628 Virginia Drive, Orlando, FL 32803.

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Even Exchange by Donna Pettman

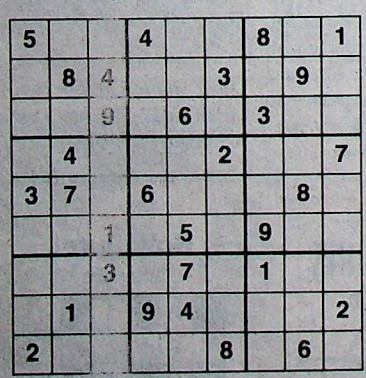
Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- | | | | |
|---------------------|-------|--------------------|-------|
| 1. Agile | — I — | Carpenter's boards | — U — |
| 2. West Pointer | — D — | Proofreader's mark | — R — |
| 3. Gretel to Hansel | — S — | Nanny | — T — |
| 4. Officer Fife | — N — | Brewer's grain | — L — |
| 5. Pocket decanter | — K — | Burst of light | — H — |
| 6. Blouse | — H — | Kilt | — K — |
| 7. Bunny's treat | C — | Polly the bird | P — |
| 8. Corn | — Z — | Pine Tree State | — N — |
| 9. Sorcerer | W — | Iguana, e.g. | L — |
| 10. Oak seed | — C — | Beautify | — D — |

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Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

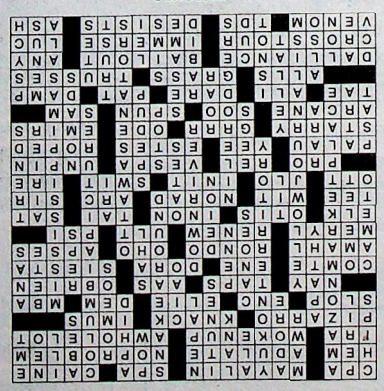
DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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Super Crossword

Answers



Even Exchange answers

- | | |
|-------------------|-------------------|
| 1. Limber, Lumber | 5. Flask, Flash |
| 2. Cadet, Caret | 4. Barney, Barley |
| 3. Sister, Sitter | 3. Sister, Sitter |
| 7. Carrot, Parrot | 8. Maize, Maine |
| 9. Wizard, Lizard | 10. Acorn, Adorn |

FEAR & KNOT

By: rj Johnson

DOUBT? ...OR DARE!

UKA
UMPEST
ATREE
♥ EDUS
YETPOE
TME
EDKE
♥ KESID
♥ PMA
PEDISE
♥ PALEM
TYSA

Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥ RATHC becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

FEAR & KNOT

answer

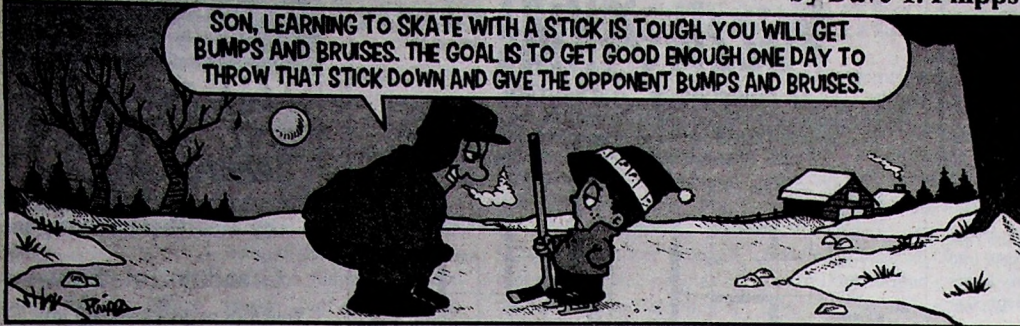
Weekly SUDOKU

Answer

6	9	4	8	1	7	3	2	5
2	3	7	5	9	4	6	8	1
8	5	1	9	7	2	3	6	4
3	2	6	5	4	1	7	8	9
5	8	4	1	6	9	3	7	2
7	1	9	2	8	3	5	4	6
4	5	3	7	9	6	8	2	1
9	6	2	3	1	5	4	7	8
1	7	8	6	2	9	4	5	3

Amber Waves

by Dave T. Phipps

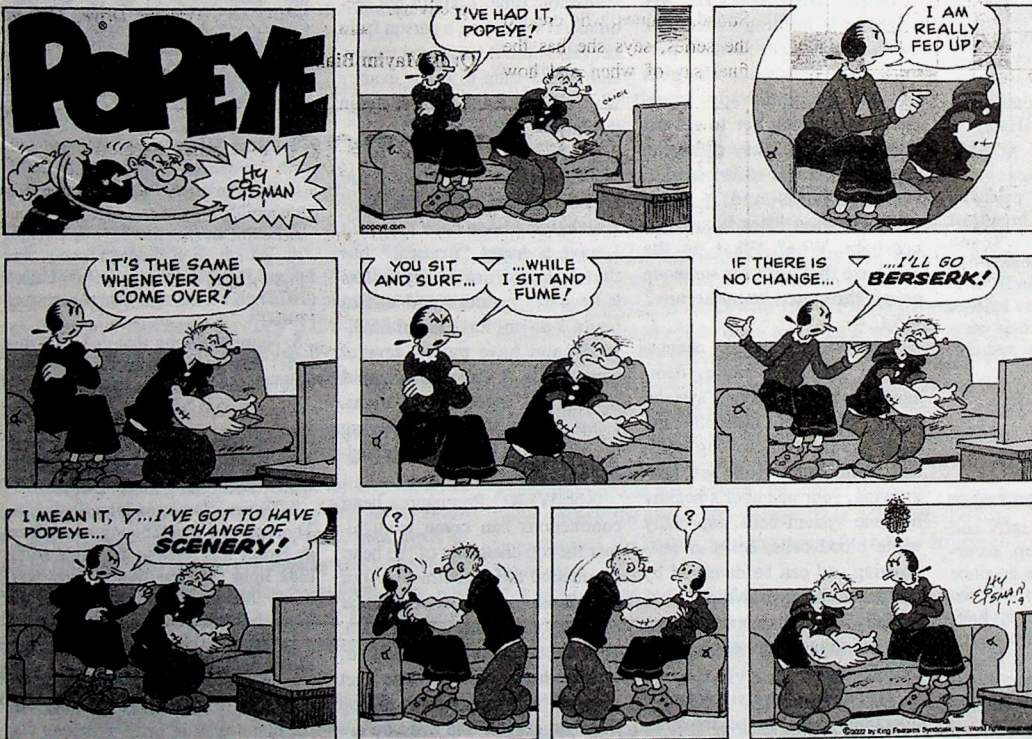


Out on a Limb

by Gary Kopervas



R.F.D.



SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Gasp
BATHER

Course
UTERO

Compositor
RIPTERN

Resound
ABLER

TODAY'S WORD

"Willie, are you in some kind of _____?"

Conceptis Hitori

Each puzzle consists of a square grid with numbers appearing in all squares. The object is to shade squares so:

1	5	3	1	2
5	4	1	3	4
3	4	3	1	5
4	4	2	3	3
2	1	5	4	4

- No number appears in a row or column more than once.
- Shaded (black) squares do not touch each other vertically or horizontally.
- When completed, all un-shaded (white) squares create a single continuous area.

4	6	2	5	1	7	3
3	4	4	4	6	5	7
4	4	4	6	7	4	2
2	5	6	4	1	1	1
7	3	3	1	5	2	4
1	3	7	2	2	2	5
5	3	1	2	1	6	3



Keep Pets Prepared for Emergencies in Winter, Too

Dear Paws: Please remind your readers to include their pets in winter emergency preparedness planning. Last year, when the Texas power grid failed in extreme cold weather conditions, shelters saw many pets with cold-related injuries. When the power goes out on a cold night – or for several days – dogs and cats can't just "tough it out." – Tyler in South-east Texas

Dear Tyler: You're absolutely right. Readers, emergency preparedness should always include your pets. I warn my East Coast readers each summer at the start of hurricane season to put together a grab-and-go emergency kit for their pet. But every region experiences natural disasters, and sometimes they occur in the depths of winter. A winter-ready pet emergency kit should include:

- A warm blanket for each pet.
 - A soft pad for pets to sleep on if you're in an evacuation center.
 - Booties and sweaters to wear when pets go outside in freezing conditions.
 - Pee pads and pet waste bags.
 - Three days of canned or dry pet food, and bottled water.
 - A copy of each pet's vaccination and medical records.
 - A three-day supply of each pet's medication.
 - A list of important phone numbers, including their veterinarian.
 - Extra leash and collar for each pet, and extra ID tags.
- If your pet isn't microchipped, I strongly recommend it. Pets have escaped from even the most responsible, organized owners. Keep them up to date on vaccinations as well – it's hard to predict whether your pet will be exposed to a disease by another cat or dog during an evacuation. You can find more tips and recommendations for emergency preparedness at <https://www.ready.gov/pets>.

Send your tips, comments or questions to ask@pawscorner.com.

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Donna's Day Creative family fun

Make a Colorful Sun Catcher of Your Kid's Favorite Things

This month, make these colorful window decorations to brighten your child's bedroom during gloomy winter days. When the glue has dried, these sun catchers will have the look of stained glass. Help your kids create a design of a character or object from their favorite books and stories.

You'll need:

- Plastic wrap
- Plastic or paper cups
- All-purpose, white household glue
- Food coloring
- Several thick, black pipe cleaners in 12-inch lengths
- Ribbon, string or cording

Think about what kind of sun catcher you would like to make, such as a star, heart or daisy. For your first project, make it as simple as possible. Use basic drawings from coloring books to get yours started, if you wish. As you get more proficient, make a shamrock

for St. Patrick's Day or a decorated egg for Easter. Bend and attach pipe cleaners together to get your desired shape, and glue the shape completely flat onto a sheet of plastic wrap. Add details by gluing smaller lengths of pipe cleaner on the inside of the design, like a small circle for the center of a flower. (It is very important that pipe cleaners adhere to the plastic wrap.) Your design should look similar to the outlines on a coloring-book page. Let dry. Now it's time to add the color.

Pour 3-4 tablespoons of glue into a paper cup. Add 5-10 drops of food coloring, and stir. Mix glue and food coloring in additional cups if you wish to have a rainbow of colors. Pour the colored glue inside the pipe-cleaner shape. If you added details, pour different colors in the various sections. Let dry completely. (It usually takes about a day.)

When dry, the colored glue will appear translucent. Carefully peel off the plastic wrap from the sun catcher and discard. Hang your beautiful design in a window using cording or ribbon.

Find more family fun at www.donnaerickson.com. Write to Donna at Info@donnaerickson.com

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Distributed by King Features Synd.

Hitori

8	9	1	2	1	8	9
5	2	2	2	7	8	1
4	2	5	1	8	8	7
1	1	4	1	9	5	2
4	4	4	6	7	4	2
5	4	4	6	5	7	3
3	6	2	5	1	7	3

SCRAMBLERS

solution

TROUBLE

Today's Word

3. Printer, 4. Blare

1. Breath 2. Route;

MORE FUN

COUCH THEATER

BY RACHEL ROSE

Ozark Season 4 (TV-MA) — The fourth and final season of this extremely dark Netflix original dramatic series arrives to close the story of Marty Byrde (Jason Bateman) and family. A financial adviser, Byrde is trapped in a five-year indentured servitude to launder \$500 million for the leader of a drug cartel. Season 3 ended with a literal bang, with Marty and wife Wendy (Laura Linney) seemingly poised to rise on the cartel's leadership ladder. Meanwhile, hillbilly helper Ruth Langmore continued to demand a bigger piece of the pie for doing much of Marty's dirty work. Season 4 will be split into two parts of seven episodes each, the second part to be released later in 2022. (Netflix)

As We See It (NR) — A dramedy that attempts to blend the humor of our differences with some realistic enlightenment about our differences, this Amazon original series follows the life of three young adults on the autism spectrum attempting to lead independent lives. While living in a transitional group home, they gain support from counselor Mandy (Sosie Bacon) while striving to maintain jobs and form relationships. All three main actors personally identify as being on the spectrum, lending credibility to the show. (Prime Video)

The Murder of Fred Hampton (NR) — First released in 1971, this documentary began in 1969 as a project to profile the young leader of the Illinois Black Panther Party. When the film's subject and a fellow Panther were killed as they slept during a pre-dawn raid in his apartment by Chicago Police, the focus shifted. The producer and director instead worked to challenge both police and news reports of the tragedy by showing extensive footage they took in Hampton's apartment immediately following his death, as well as personal interviews and re-enactments. Both filmmakers

have since passed away, but the film was finally accepted just last year into the United States Film Registry for its cultural, historical and aesthetic significance. (HBO Max)

Single Drunk Female — Admittedly, when I saw the title of this series and Ally Sheedy's name, I assumed it was a followup on the life of Allison, her character from "The Breakfast Club." But alas, I was wrong. In actuality, Sheedy plays the mother of Samantha (Sofia Black D'Elia), a



Jason Bateman is Marty Byrde in Netflix's "Ozark."

young woman struggling with addiction and all the bad choices and fallout that result from it. As Samantha works to get her life back on track and accept all those things she cannot control, she also moves back in with her mom. Despite the heavy issues, the show maintains a humorous edge, and Sheedy is wonderfully cast as the overbearing mother, Carol. (Hulu)

Ghosted: Love Gone Missing — Because nothing makes being deserted by a lover more palatable and less sad than having it broadcast on national TV for all to see. If you enjoy "Catfish," you'll probably like "Ghosted." Hosts Rachel and Travis help confused, jilted partners who've been suddenly cut out of their companions' lives find answers and closure. (Paramount+)

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Contract Bridge

I THINK, THEREFORE I AM

South dealer.

East-West vulnerable.

NORTH

♦ 10 7 4 2

♥ —

♦ 7 6 5 4

♠ A K Q 10 3

WEST

♦ A

♥ Q 7 4

♦ A K J 8 3

♠ 9 8 5 2

EAST

♦ K 9 8 6 3

♥ J 6 2

♦ 10 9 2

♠ J 6

SOUTH

♦ Q J 5

♥ A K 10 9 8 5 3

♦ Q

♠ 7 4

The bidding:

South West North East
4♥ Pass Pass Pass
Opening lead — king of diamonds.

Here is a hand that demonstrates the type of thought process that is necessary to become a successful player. West's opening lead against four hearts is the king of diamonds, on which East plays the deuce and South the queen. West's first problem is what to play next.

If West thoughtlessly continues

by Steve Becker

with a diamond, declarer ruffs and plays three rounds of trump, securing the contract as the cards lie since the defense cannot cash their two spade tricks. But if West is fully alert, he realizes that South's queen of diamonds is sure to be a singleton because East would not play the deuce of diamonds with any holding other than the 10-9-2.

Accordingly, West shifts to the ace of spades, on which East plays the nine to ask for a continuation. But West can't oblige and reverts to diamonds.

Declarer ruffs and plays the A-K of trump. If West is asleep at the switch, he follows low to both trumps, and South easily makes the contract by leading another trump.

But if West is thinking along the proper lines, he does not follow low twice to the A-K. West realizes that declarer will surely make the contract if left to his own devices, so on the second trump, West plays the queen, hoping East started with the J-x-x.

Once West rids himself of the queen, it doesn't matter whether declarer next plays another trump or tries to run dummy's clubs; in either case he goes down one, losing two spades, a heart and a diamond.

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Puzzles4Kids

by Helene Hovanec

CRISSCROSS — IT'S WINTER!

Each word will fit into one spot in the grid. Use the starting letters as a guide and fit each word into its spot. All words will be used, so cross off each one after you put it into the grid.

4 Letters

GALE

GUST

LOGS

LUGE

SKIS

VEST

5 Letters

CHILL

COCOA

FROST

PARKA

6 Letters

ARCTIC

EGGNOG

FLAKES

FREEZE

ICE CAP

JACKET

STORMS

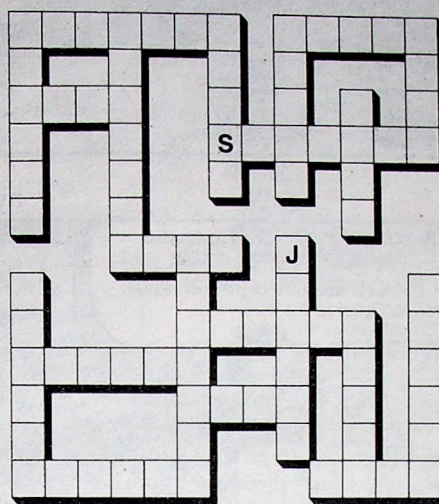
7 Letters

EARMUFF

ICICLES

MITTENS

SHOWERS



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Risk to Chemotherapy Patient From Healthy Cat is Small

DEAR DR. ROACH: My neighbor is battling cancer for the third time. The medical personnel she sees when she goes for her chemotherapy treatments are urging her to get rid of her two cats. They claim the cats are a danger to her health. Wearing gloves and a mask while cleaning litter boxes will not help. Why? What do the cats have that can hurt someone going through chemotherapy? -- S.C.

ANSWER: Cancer chemotherapy frequently causes damage to the body's immune system. Many types of chemotherapy work against fast-growing cells, and while cancer cells are fast-growing, your neighbor's healthy immune system cells, especially white blood cells, are also fast-growing and can be damaged by the chemotherapy. Avoiding potentially infectious agents is therefore wise advice for people going through chemo.

There are several potential infections that can be transmitted from cats to humans. The one we worry about most is probably toxoplasmosis, a protozoan infection. Toxoplasmosis is a big concern in people with HIV, but also can be an issue in people who have recurrent chemotherapy or have a more prolonged reduction in immune system function. However, toxoplasmosis can be effectively avoided by wearing gloves while changing the litter box, keeping the cats indoors and feeding them only high-quality cat food and never raw meat.

Cat bites or scratches can be very serious, especially to someone with an immune system that is less than perfect. If her cats occasionally bite or scratch, that would be a problem.

mon zoonotic diseases (ones that can be transmitted from animals to humans) that might be of concern. Her cats' veterinarian would be a useful resource to find out more. The cats should, of course, be thoroughly evaluated.

Allergies, not infection, might be the issue, but allergies are usually less of a problem during chemotherapy.

The risks from a healthy indoor cat are very small. Risks must always be balanced against the very strong feelings people have for their pets, especially at a vulnerable time. I would not recommend separating a person from her cats without very good reason, and would want to know exactly why, since it's not clear to me in this case.

DEAR DR. ROACH: I am an 80-year-old man with Type 2 diabetes. I have been told that I have a heart "prebeat" but that I should not worry unless it becomes random and misses beats. I do not have atrial fibrillation and have passed several stress tests. I can feel a rapid heart rate, especially at night. I can usually stop it by heaving my chest. Am I at risk for a serious event? -- R.G.B.

ANSWER: Premature heart contractions can come from either the top chambers of the heart (premature atrial contractions) or the bottom (premature ventricular contractions). Both are common, but neither is usually the sign of serious heart disease. The fact that you have found a way to stop them suggests to me that you are more likely having premature atrial contractions, which can come in runs of multiple beats (runs of premature ventricular contractions is called ventricular tachycardia and is very serious).

Evaluation of this common concern often includes a long-term electrical study of the heart, such as wearing a Holter monitor, a 24-hour recording of every heartbeat. If that has not been done, and you remain concerned, it might be reasonable to ask your doctor about obtaining one. If you have had one, and it showed nothing serious, then you are at no increased risk above the not-increased risk of an 80-year-old man with diabetes.

There are a few other uncommon conditions that can cause a rapid heart rate. (c) 2021 North America Synd., Inc. All Rights Reserved

Comfort foods

Made fast and healthy



by Healthy Exchanges

Grandma Jo's Stew

Your kids or grandkids will love all the vegetables and meat chopped into tiny pieces.

- 16 ounces lean round steak, cut into 36 pieces
- 2 cups sliced carrots
- 1 cup chopped onion
- 1 1/2 cups chopped celery
- 2 cups diced raw potatoes
- 1 cup frozen peas
- 1 (10 3/4-ounce) can reduced-fat tomato soup
- 1 (8-ounce) can cream-style corn
- 2 teaspoons dried parsley flakes
- 1/8 teaspoon black pepper

1. Spray a slow cooker container with butter-flavored cooking spray. In prepared container, combine meat, carrots, onion, celery, potatoes and peas.

2. In a small bowl, combine tomato soup, corn, parsley flakes and black pepper. Stir soup mixture into meat mixture.

3. Cover and cook on LOW for 8 hours. Mix well just before serving. Makes 6 (1 1/2 cup) servings.

• Each serving equals: 237 calories, 5g fat, 20g protein, 28g carb., 336mg sodium, 4g fiber; Diabetic Exchanges: 2 Meat, 1 1/2 Starch, 1 Vegetable.

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1. Name the first group that had a hit with "Dedicated to the One I Love."
2. Who released "Crystal Blue Persuasion"?
3. Name the two hits by The Cyrkle.
4. Which Neil Sedaka song was released twice, once as a slow ballad (1976) and once as a faster pop song (1962)?
5. Name the song that contains this lyric: "My love must be a kind of blind love, I can't see anyone but you."

Answers

1. The Shirelles in 1959. They were followed by the Mamas & the Papas who took the song to No. 2 in 1967.
2. Tommy James and the Shondells. The story was that the song was written as James was reading the Bible and a blue light was mentioned. However, many thought he was referring to the blue LSD tablets that were in vogue.
3. "Red Rubber Ball" and "Turn-Down Day," both in 1966.
4. "Breaking Up Is Hard to Do."
5. "I Only Have Eyes For You," by the Flamingos, in 1959. The song was written for a 1934 film ("Dames"), but it was the Flamingos' doo-wop version that brought the song attention. Rolling Stone ranked it No. 158 on their list of "500 Greatest Songs of All Time."

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Puzzles4Kids

Answer



Managing Gnats On Houseplants

By MELINDA MYERS

They flit across your face, hover near your houseplants, or gather by the window. Fortunately, these fungus gnat insects are more annoying to us than harmful to our plants.

This pest finds its way into our homes on plants added to our indoor houseplant collection or those moved inside after a summer outdoors. Some may enter on organically rich, non-pasteurized soil.

The small, 1/8-inch adult resembles a fruit fly or mosquito but does not feed on overripe fruit and vegetables and it does not bite. Adults live for only seven to ten days, but the female can lay up to 200 eggs in the cracks and crevices of moist soil in that short time.

Eggs hatch releasing worm-like larvae with black heads and elongated white or clear legless bodies. The

larvae begin feeding in the top two to three inches of soil, dining on fungi, algae and organic matter and occasionally plant roots and leaves on the soil surface.

Plant damage is usually insignificant. If conditions are right, fungus gnat populations can reach damaging levels, resulting in root damage that leads to wilting and stunted growth. Over and under watering, over fertilization and other environmental factors are more likely the causes of these symptoms. Provide proper care to reduce the risk of this type of damage.

Fungus gnat populations on houseplants seldom reach levels that require control for the plant's health and longevity. The adults can be annoying, especially to the non-gardeners in the family, and are often the motivation for managing this pest.

Start control by adjust-

ing your watering practices. Since fungus gnats thrive in moist soil, avoid overwatering. Allow the top few inches of soil to dry between thorough waterings. Pour off excess water that collects in the saucer to avoid root rot. Or place pebbles in the saucer to elevate the pot above any excess water that collects in the tray.

Adjust your watering schedule with the change of the season. As day length and light intensity change throughout the year and heat and air conditioning is employed, a plant's water needs change as well.

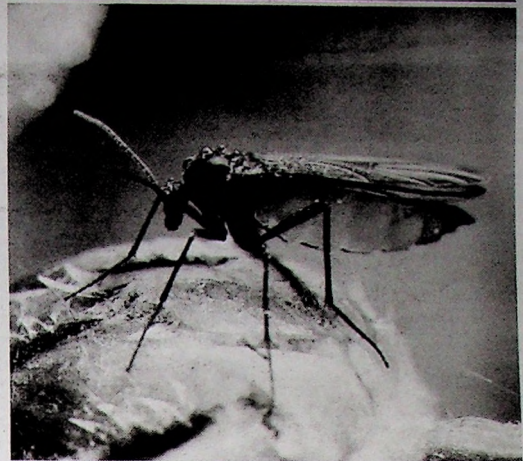
Use containers with drainage holes or self-watering pots with overflow outlets, also known as weep holes, to avoid waterlogged soils. Refresh potting mix as needed. Older planting mixes degrade over time, retaining moisture longer and creating an inviting environ-

ment for fungus gnats.

Manage unwanted fungus gnats with an organic *Bacillus thuringiensis israelensis* (BTI) product such as Summit Mosquito Bits® (www.summitresponsiblesolutions.com) labeled for controlling fungus gnat larvae. Just sprinkle it on the soil surface and this naturally occurring soil bacterium kills the fungus gnat larvae in the soil. It's safe for people, pets, and plants. Read and follow label directions as needed.

Use yellow sticky traps to monitor adult populations. Place homemade or purchased traps on sticks in houseplant containers.

Use 1/4-inch slices or wedges of potatoes to attract and monitor fungus gnat larvae. Stick a portion of the potato into the soil. Check for fungus gnats after a few days and replace the potato wedge to help manage this



ADULT FUNGUS GNATS live for just seven to ten days, but the female can lay up to 200 eggs in the cracks and crevices of moist soil, so populations grow quickly.

Photo Courtesy of Summit Responsible Solutions

pest.

Understanding the fungus gnat and its preferred environment will help you safely and effectively manage this pest.

Melinda Myers has written more than 20 gardening books, including *The Midwest Gardener's Handbook* and *Small Space Gardening*. She hosts *The Great Course*

es "How to Grow Anything" DVD series and the nationally-syndicated *Melinda's Garden Moment TV* & radio program. Myers is a columnist and contributing editor for *Birds & Blooms* magazine and was commissioned by Summit for her expertise to write this article. Her web site is www.MelindaMyers.com.

Ask John Paul: AAA New England's Car Doctor

Cont'd From Page 12

the car's performance will not change when the "check engine" light is illuminated, your car is causing air pollution. The system typically performs self-tests when the fuel tank is between one quarter and three quarters full. When the fuel level dropped below three quarters of a tank of fuel, the system ran a test and detected a leak. The most common cause of an evaporative failure is a loose or faulty gas cap.

I heard somewhere that if many people share a car, the quicker it wears out. We have three cars in the family. I think each person should drive their own car. The other two drivers feel they can jump into whatever is last in the driveway. Who is right?

This comes from the old adage that the more people who drive a car the quicker it wears out. This may be true – but to a point. What I see are the more people who drive a car, no one takes responsibility for the preventive maintenance and minor repairs. Everyone thinks the other person took care of the oil changes, checking the tires and other important issues. There is no reason a car driven by several drivers should have a shorter life as long as someone takes responsibility for maintenance and repairs.

I have two vehicles I garage for several months during the winter. One is a 1997 Thunderbird and the other a 1975 Pontiac convertible. I don't use a battery charger as it is an unattached two-car garage a few miles from where I live. It appears to be solid in structure but I'm not sure of its electrical stability. I usually disconnect the negative terminal on both vehicles to ensure they will start in the spring when I retrieve them. Do you have any suggestions, or does it seem I'm doing what I can with what I have available to me?

Temperature effects battery life and if you took the batteries out of the cars and stored them where it would be warm (not directly on a concrete floor) that would be beneficial. Short of that, charge the batteries fully before you disconnect them and then recharge them again before you put them back in service. The more you can avoid cycling the level of charge in the batteries the more you will extend the battery life.

Reader comment on a recent battery column: People should be sure that the Battery Tender is not on the same circuit as the lights in the garage. More than once has a person told me the Battery Tender didn't keep the battery charged because when they turned off the lights they also turned off the Battery Tender.

My daughter is the owner of a 2014 Volkswagen Tiguan. It has started going through oil like crazy. It is not smoking, and we cannot find a leak. She needs to put oil in the truck at least every two weeks. I have researched the vehicle and found this to be an issue. I wrote a letter to VW and they brushed the issue off. She has two payments left on the truck and this is not a good time to be car shopping and was hoping she would not need to buy a new car right now. Any thoughts?

If there are no leaks, then the engine is burning oil. It is not unusual to see this engine use a quart of oil in 800-1,000 miles and Volkswagen considers this "normal." One area that I would look at is the PCV system. Some engines use a simple PCV valve Volkswagen uses a more complicated PCV system. If the PCV system is not working properly, this can lead to excessive oil consumption. If the PCV system is okay, then the issue is internal to the engine and will be quite costly to repair. If that is the case, then the more economical measure would be to add oil as needed. Adding a couple of quarts of oil each month is far cheaper than a replacement engine.

We have a Toyota Corolla 2007, which has 48,000 miles on it. We purchased the car about three years ago, and don't drive it often. If I drive, it's usually short distances locally. Occasionally, maybe twice per year I do a long drive on the highway. During the height of COVID, I just drove it for about 5-7 minutes every week to keep the battery going. Is it okay for the car to be driven short distances on local roads once or twice a week or should I take it for longer drives on the highway at least once a week or more frequently? I want to keep this car as long as possible and cannot afford a new car.

Driving short distances is hard on the car, because it doesn't get up to full operating temperature. You would be better served, and the car will last longer if you can drive it once a week for about 30 minutes. This will keep the battery charged, the brakes working properly and the drivetrain lubricated.

I have an old but very dependable Honda Accord. We have a problem with our horn that I have been trying to diagnose for some time. The horn will work for a while, then will work sporadically and sometimes will not work at all. I have replaced the clock-spring and checked out the relay by switching it with another. I have checked all the wiring and grounds, and everything seems OK. Could I have a defective clock spring? If not, I'm looking for any suggestions.

It is not likely that you got a defective airbag clock spring. I have seen some Honda vehicles that lose the ground circuit due to a faulty steering column bearing. Check the bearing and I think you will find your problem.

I drive a 2007 Honda Civic. Yesterday, after a 40-mile drive with no issues, I stopped then tried starting the car, it would not start. After many times trying, it finally did, but I started seeing steam coming out of the hood. The guy at the car wash place where I stopped suggested that I add antifreeze to the radiator. On the way to the auto parts store, the engine temperature went all the way to red. I made it back to the car wash, stopped the car, added the antifreeze, started it again and all the antifreeze leaked out and the car would not start. I had the car towed home and it did restart. What is your opinion or advice on the possible repair?

At this point have the car towed to a repair shop and explain the overheating issue. The first check the shop will do

is look for a coolant leak. The leak may be obvious, or they may need to pressure test the cooling system. My concern is that the car overheated and wouldn't start; this could be an indication of a cylinder head gasket failure. Considering the car is almost 15 years old and depending on the damage and the cost of repairs, the car may not be worth fixing. If you don't have a trusted repair shop, go to aaa.com/repair to find a AAA Approved repair shop near you.

My car only starts with a jump-start if I let the car sit for more than a couple of days. If I drive it every day, it seems fine. Before jump starting the car, the lights are dim. After the jump-start the lights are very bright. Is this a battery problem or alternator issue?

It seems as if something is draining the battery but at this point it is best to charge the battery using a battery charger. Once the battery is fully charged then test the battery, charging and starting system as well as look for parasitic drain. The other issue is the battery is most likely at the end of its life due to being discharged so often. When a battery becomes discharged repeatedly it can easily lose 50-70 percent of its capacity.

My car alarm is malfunctioning and will not shut off and I can't control it. The most annoying part is the automatic door locks will not work remotely or even with the lock door button. I did get it to quiet down and went on errands. I'm getting some neighborly advice to just have it disconnected since it is an older car, and no one is likely to steal it. Any thoughts?

At this point your best bet would be to return to the alarm installer (or any reputable automotive electronics store) and have them look at the alarm connections. The best method to install any add on device such as an alarm or remote start system is using specially made wiring harnesses. When factory harnesses are cut and spliced together over time the connections can fail. Since the locks don't work with the power lock switch, I suspect there is a poor connection when the locks solenoids were wired to the remote start module.

I want to try "Van-Life", boondocking and traveling the country and living in a van. I would just be me and Spike, my Pitbull rescue. I heard your podcast and you had someone on that lived this lifestyle. What is the best van for this, and do you have other suggestions to make this work?

That was Josh Theberge who was on my program; he used a RAM Promaster van that he constructed to fit his work and lifestyle. The last I heard he sold that van and was building a new one. The other van I would look at is the Ford Transit, it is also a very capable vehicle. Comparing the two I think if it were me, I would go with the RAM; it has a tighter turning radius making it easier to maneuver. The Ford is also a solid choice and depending on where you are headed the Transit is available in all-wheel drive, making it a better performer in poor weather. My best advice would be to join van and even camping forums and learn from others. Best of luck with the adventure and send pictures.

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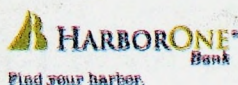
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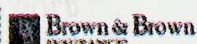
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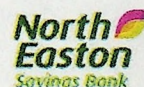
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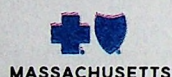
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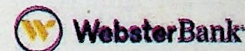
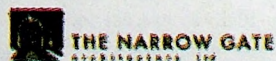
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